



“Hilton Head Plantation Pickleball Club is hooked on promoting the fastest growing sport in the country.”

*H2P2 Club President, Bob Lamb*

### H2P2 In Action:

- Our 2<sup>nd</sup> club meeting in May had over 40 participants and focused on forming action committees to drive the club’s future.
- In April/May, the club held a series of beginner clinics in partnership with HH Recreation Center. Although over 40 registered, participation was limited to 18 residents due to a lack of court availability.
- Our immediate future is focused on growing and connecting HHP Pickleball members (currently at 217). Sign up today – details below.

### Today’s Lesson:

- What is Pickleball? It’s a combination of tennis, badminton and ping pong.
- In the last 7 years participation has grown 650% and today there are nearly 37 million people playing across the country (12 million more than tennis).
- Like tennis, matches are played as singles or doubles, mostly doubles.

### Get Playing:

- Why is Pickleball growing so fast? It’s the combination of benefits including being low impact, highly social and accessible to all ages.
- The sport is also easy to learn, the rules are simple, and the pace of play fits everyone, including older players.
- Finally, there are low barriers to entry as facilities are affordable to build relative to many other activities (in fact have you read about abandoned stores and malls converting space to pickleball?).

### Player Profile: Deb Hess

Long time HHP resident Deb Hess and her partner Bob Bard recently won Gold at the HHIPBC Tournament held at Island Rec. This tournament raised over \$5,000 for Pockets Full of Sunshine. Deb has been playing Pickleball since 2019 and her advice “Pickleball is easy to start, but hard to stop”.

### Did You Know?

Occasionally you might hear Pickleball is new and thus ‘just a fad’. Pickleball is not new, in fact it dates to 1965. (Sidenote: I played for the first time in 2003 while visiting my in-laws in New Jersey.) Today, there are two U.S. Professional Tours and several tournaments have negotiated lucrative television contracts. Many experts state the growth and appeal of Pickleball has only just begun.

### Upcoming Events: WE NEED YOU!

- **Become a member (it’s free).** Email Millie Marks at [mjmarks54@gmail.com](mailto:mjmarks54@gmail.com)
- **Follow us on Facebook at HHP Pickleball Players**
- **H2P2 is partnering with Island Rec. to offer social and senior non-competitive clinics.** These weekly events will begin June 19. Please become a member to receive our emails with more details on these clinics.
- **Next Meeting: Social Event - July 24 at 7:00pm in the Plantation House**

EVERYONE IS INVITED TO JOIN US AT OUR JULY SOCIAL, LEARN MORE ABOUT PICKLEBALL AND CONNECT WITH OTHER RESIDENTS (WHO MIGHT HAVE SIMILAR INTERESTS AND ABILITIES AS YOU). SINCE HHP DOESN’T HAVE ITS OWN FACILITIES, WE WILL HOST OCCASIONAL SOCIAL EVENTS TO MEET ONE ANOTHER SO WE CAN CONNECT AND PLAY ELSEWHERE.



H2P2 Club Clinic – May ‘23 at Island Rec.



HHP Resident Deb Hess and her partner Bob Bard win gold at HHIPBC tournament at Island Rec.



H2P2 Club fun at South Beach Racquet Club