Volume 37/Issue 3 - March 2023

Board Election 2023

If you have not already done so, please read the instructions contained with your Annual Meeting materials, familiarize yourself with the candidates, and then mark your ballot/proxy appropriately. Please sign and return it to the POA office by Thursday, March 23, 2023. If you did not receive (or you misplaced) your ballot/proxy, you can pick one up at the POA Service Center, 7 Surrey Lane, or give us a call at 843-681-8800 and we will mail you a new one.

This year's ballot/proxy establishes a quorum for our Annual Meeting, and as a ballot, it will determine which of the three candidates are elected to serve on the POA Board. Be aware if you vote for more than three Board candidates, your ballot will be declared invalid. Cumulative voting is prohibited. (You can only vote for a candidate once).

Easter Sunrise Service

The Activities Department would like to invite Plantation residents, their families, and guests to our Annual Easter Sunrise Service. Reverend Jim Murphy will conduct the service, and the music will be led by the Mills brothers. As in the past, several volunteers assist in making the event so enjoyable by providing the flowers, refreshments (after service), and ushers. We couldn't do it without them!

Come join us as we celebrate Easter! It's a wonderful way to start the day! Due to the major renovations that are ongoing at the Dolphin Head Recreation Area this year, the service will be held at the Plantation House – rain or shine.

Date: Sunday, April 9

Time: **7:00 AM**

Place: Plantation House



Vote Online Now!

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Property Owner's Association

7 Surrey Lane - PO Box 21940 Hilton Head Island, SC 29925 Tel. 843-681-8800 Fax 843-681-8801 Hours: Mon.-Fri. 8:00 AM - 4:30 PM www.hiltonheadplantation.com

Board of Directors Board of Directors Hotline Ext. 9

President Lori Schmidt
Vice President Ed Schottland
Secretary Carlton Dallas
Treasurer Jon Heron

Members

Jordan Berliner Ann Schwab Rex Garniewicz Betsy Weppner

David Pollock

POA Staff

General Manager

Peter Kristian Ext. 233

Asst. Gen. Mgr./Administration

Todd Lindstrom Ext. 239

Director of Activities/Recreation

Chrissy Kristian Ext. 226

ARB/Covenants

Michele Chisolm Ext. 231

Communications

Leah Davis Ext. 244

Maintenance

David Mills Ext. 227

Security Director

Major Warren Gaither 843-681-3843

Tennis Pro

Trevor Scott 843-681-3626

Important Phone Numbers

POA Service Center	843-681-8800
Accounting	Ext. 236
Communications	Ext. 244
Covenant Enforcement	Ext. 242
Maintenance Shop	Ext. 241
Tennis Hotline	Ext. 290
Vehicle Decals	Ext. 223
Dolphin Head Building	843-681-8019
Plantation House	843-681-8090
Scheduling Office	843-681-8090
Spring Lake Pavilion	843-681-3707
Spring Lake Pool Information	843-689-6473
Spring Lake Tennis	843-681-3626

Security & Emergencies

Dispatch (24 hours)	843-681-2459
Pass Line (24 hours)	843-342-9980
Security Office	843-681-3053
Fire & Ambulance	Dial 911

From the President's Desk

As I mentioned in my last article, it is POA Board Election season. Although my term as president will end on March 29, when the new board votes for its 2023-2024 officers, I will remain on the Board as I have two years remaining in my term. I want to thank the residents and staff who have helped me navigate this past year. It has been INTERESTING!

Hopefully, you have voted and done so online. In addition to the obvious benefit of participating in a chance to win a \$400 gift certificate, voting online simplifies the tabulation process. The new Board Members will be announced at our March 26 Annual Meeting at the Plantation House at 10 AM. Hope to see you there.

The February edition of *Plantation Living* included a copy of the Committee Interest Form. As mentioned in previous *Plantation Living* editions, each Board Member chairs a standing committee. Those standing committees are ARB, Communications, Covenants, Maintenance, Recreation, and Security & Safety, which are comprised of volunteers from the HHP community. The Board and staff utilize committee suggestions/feedback in their decision-making, which is an essential factor in our community's success. Please submit a completed Committee Interest form to the POA office to be considered.

This year is unusual; we have two of the three Board Members whose terms are expiring.

Ann Schwab is completing her sixth year on the Board, serving two full terms. She chaired the Communications Committee for nearly all those years and served one term as Board Secretary.

Betsey Weppner is also retiring after serving one term. She chaired the Security & Safety Committee. She was a welcome asset as a retired HHPPOA employee responsible for ARB/Covenant issues. Betsey has already told me she has plans that will continue to keep her busy. Dave Pollock is seeking a second term, having successfully chaired the Maintenance Committee for three years.

In closing, through my monthly articles, I have tried to provide transparency into the activities of the staff and Board. I have described how the new Board officers are elected, Standing Committees operate, and where to locate their minutes on our website. (Note: there is a lag between when meetings are held and minutes taken and when they are approved by the Board, the following month. Once approved by the Board, staff forwards them to Communications to be scheduled for upload to our website.)

The following resources are also great ways to stay reliably informed about HHP issues/events/activities:

- Read *Plantation Living*, online or hard copy delivered to your mailbox
- Attend Coffees with Peter, an opportunity to hear first-hand what is happening and ask your own questions
- Enroll for e-mail blasts
- Communicate with the Board:
 - E-mail- board@hhppoa.org
 - · Letter to the POA Service Center
 - By phone 843-681-8800 Ext 9
- Visit our website (www.hiltonheadplantation.com) for board meeting meetings and available forms and documents.

-- Lori Schmidt Board President



Board Election 2023

If you have not already done so, please read the instructions contained with your Annual Meeting materials, familiarize yourself with the candidates, and then mark your Ballot/Proxy, appropriately sign it, and return it to the POA office by **Thursday**, **March 23**, **2023**. If you did not receive or misplaced your Ballot/Proxy, you can pick one up at the POA Service Center, 7 Surrey Lane, or give us a call at 843-681-8800, and we will mail you a new one.

This year's ballot/proxy serves two functions; as a proxy it establishes a quorum for our Annual Meeting, and as a ballot, it will determine which of the three candidates are elected to serve on the POA Board.

Be aware if you vote for more than three Board candidates, your ballot will be declared invalid. Cumulative voting is prohibited. (You can only vote for a candidate once).

Quorum Requirement

We must have 51% participation for the election and the annual meeting to be valid. If we do not reach a quorum, another mailing will need to be sent at the cost of several thousand dollars. Some of you may remember in years past, during our election process, we made a quorum for the election but failed to make a quorum for the annual meeting prompting us to send out a second mailing to obtain a quorum for our annual meeting. A second mailing today would cost the association over \$6,000 in hard costs, such as postage, stationery, and printing, plus numerous hours of staff time to facilitate. I am sure you will agree this would be a frivolous and unnecessary expense to all of you. We need to make a quorum on the first mailing. It is far more efficient and cost-effective to do this once.

As an additional inducement to make our Quorum Requirement, we have an incentive program. Provided we make our quorum requirement by March 20, 2023, every electronic ballot/Proxy from a member in good standing that is received by that date will be placed in a drawing for a \$400 gift certificate that can be redeemed at the POA office for merchandise, classes, ARB fees or used as a credit against next year's assessments. Five electronic ballots will be drawn at random, and each will be issued a \$400 gift certificate. Again, your ballot must be cast electronically by March 20 to be eligible.

I hope to see all of you at our Annual Meeting on Saturday, March 25, 10:00 AM at the Plantation House.

Dolphin Head Renovation

This project is moving along. Work has begun on the deck surrounding the new Dolphin Head Pavilion and the covered porch that is part of the new structure. The picnic shelter footings are poured, and the playground equipment has been delivered to the site for assembly. As noted previously, the

facility will not be opened until the occupancy certificates for all the elements have been obtained through the appropriate agencies. Judging from the foundation work and what has already been constructed, this project will have several WOW factors.

Murder Mystery in the Low County

I was contacted by author Linda Lovely late last year for some background information on Large Planned Community Associations on Hilton Head Island. Linda's latest project is a three-book murder mystery series that all take place in the Low Country. The first in this three-book series was "Neighbors to Die For." Linda's second book in her series is titled "With Neighbor Like These," which also takes place in the Low Country within a gated community. I spoke with Linda in person in February when she was doing a book signing at Barnes and Noble across the street from HHP in the Festival Center. Linda gave me an oral sneak preview of her next book, which I was told has the backdrop of Hilton Head Island. I am almost finished with "With Neighbors like These". I must say Linda's yarns are an easy read, and her familiarity with Low County staples like no-see-ums, deer issues, Security Officers, and POA management was spot on. Linda's website is www.lindalovely.com. Just to check all the boxes, I am not receiving any remuneration for furnishing background information or giving the books a plug. I just thought it was neat to have our little slice of the Low County serve as the backdrop for a fictional Murder Mystery.

Spring Lake Pool

The Spring Lake Pool will open for the season on April 1. See page 6 for more details on entry requirements.

Conservancy Foundation Donations

As of February 28, 2023, almost \$24,700 has been donated by property owners to the Hilton Head Plantation Conservancy Foundation. This compares with the \$21,921 that was collected in 2022. If you wish to contribute to the Foundation, please make your checks payable to the Hilton Head Plantation Conservancy Foundation or (HHPCF). All donations are totally tax deductible and are earmarked specifically for improvement to and the upkeep of the Whooping Crane and Cypress Conservancies.

Alligators

With Spring just around the corner, it is a good idea to talk about our friend Mr.Gator. Mr. Gator has survived from prehistoric times and is considered a "keystone species," which is a species that helps fashion its environment and influence the types of species that live there. Alligators perform necessary services like providing fresh water for other wildlife to drink during droughts by digging "gator holes" that bring groundwater to the surface. They help to control the numbers of the species they eat, which in turn can influence all the species that each of their prey feeds on. If a keystone species becomes extinct, the entire ecosystem changes, and many species that have come to depend on the keystone species may also face extinction.

Alligators are protected by both State and Federal law, but still require our assistance. You can help protect our alligators

General Manager's Report

(cont'd. from page 3)

by avoiding close interaction with them. Do not harass an alligator or swim in water (or let your pets swim in water) known to be alligator habitat. All our lagoons should be treated as alligator habitat. Above all NEVER feed an alligator. Alligators fed by humans come to expect food with each human encounter, and if they do not get it, they may act aggressively. Since alligators are experts at finding their way home when relocated, any alligators deemed to be aggressive are destroyed rather than relocated. A fed Alligator is a Dead Alligator. If you see anyone feeding or harassing an alligator, please call Security immediately at 843-681-2459

Committee Volunteer Forms

There is still time if you have an interest in sharing your time and talent! Please consider filling out the interest form and returning it to Sharon White at the POA Service Center by March 16. The board generally makes committee appointments at its April Board meeting.

New Property Owners

Due to another banner year of real estate sales in HHP, we have welcomed over two hundred and fifty new property owners. Just a few items for our newcomers. Please take a few minutes to read the Rules and Regulations for HHP. New property owners should have received a copy of our Rules and Regs at their orientation at the POA Office if you missed that opportunity, please go to our website www. hiltonheadplantation.com, and under the documents, forms, and minutes tab, you will find a downloadable version of the Rules and Regulations.

You live in an extraordinary place where we all earnestly try to keep our homes looking good, respect the environment as a priority and have safety as a primary objective. Please be mindful of all the critters that have been here long before we arrived. Alligators, snakes, deer, coyotes, raccoons, all manner of avian life, etc., all make their homes in HHP. Please do not feed the alligators or other mammals like our raccoons, possums, deer, coyotes, etc.

When walking on our roadways, walk against the flow of vehicle traffic. When riding a bike ride with the flow of traffic. HHP has over ten miles of leisure paths; please take advantage of this amenity. We strongly discourage pedestrians and cyclists from using Whooping Crane Way and Seabrook Drive between the Cypress Gate and Dolphin Head Drive. There are parallel paths for both these routes that are safe and keep you off the roadway where vehicles are traveling well over 30 mph. We have a Map of the Plantation that outlines all our leisure paths and roadway connections.

Keep pets on a leash, and please pick up after your pets. I noted in my February column that residential properties that back to a golf course have an easement that permits golfers to retrieve their ball from your property. That ball retrieval, in our eyes, is by the golfer walking onto private property to retrieve their ball, not driving onto private property in a golf cart. Also, a vacant lot is defined as a lot that has not been

improved with a dwelling unit.

New Developments

The Charles and Waterway Place developments, located along Skull Creek Drive, continue progressing toward completion. Also, the new construction just outside our Cypress Gate, Bayshore's phase two, on the parking lot side of Squire Pope Road is moving along. A decorative fence and appropriate landscaping will provide a buffer between Squire Pope road and this new development. This will be some twenty-two cottages providing assisted living. This project is not part of HHP, but as construction will impact traffic just outside our Cypress Gate, we wanted to keep you apprised of this construction activity.

How To Stay in Touch

The POA provides several ways for residents to communicate with the Board and POA staff they include. Email- you can go to the POA's website at www.hiltonheadplantation.com, and under the "contact us" section, you can email any of the Department Heads, including myself and the Board of Directors. You can attend one of our bi-monthly Coffees. A question-and-answer period is always held. Attend the POA's Annual Meeting in March. You can do it the old fashioned way by writing a letter to the appropriate staff member. All letters to the General Manager from a Property Owner are placed in the Board's Monthly Packet for the Board's information. You can leave a message on the Board of Directors Hot Line. Dial 843-681-8800 and press 8 when the automated attendant picks up follow the instructions. All voice messages on the Hot Line are transcribed and distributed to the board at their next monthly meeting. Give me a call at the POA office 843-681-8800 extension 232. If you don't get me on the first, leave a message and your call will be returned.

If you have not already done so, please sign up for one or all the email services available on the POA's website hiltonheadplantation.com. These communications services, which include Urgent Information, Safety Alerts, Plantation Activities and having a color copy of *Plantation Living*, emailed directly to you each month can be found under the Email Services button. These email alerts have been instrumental in identifying and capturing criminals, returning lost and stolen property, and keeping residents informed about emergency conditions. Sign up this system works!

Speeding

Please drive the posted Speed Limit in the community. State of South Carolina Traffic Citations start at \$76. These citations also carry points that may affect your insurance. For your safety and that of your fellow motorists, use your turn signals, do not tailgate, and please drive gently.

Pets

Pets when off your property must be on a tethered leash, and you are required to pick up after your pet. Pet owners are responsible for the conduct of their pets and must exercise appropriate control over their pet.

Stay Safe, Peter Kristian, GM

"Harry G. Heron" Master Covenants Bird



This month's compendium includes: "Friendly Lighting Just Like You"

During one of my sorties in late February, I took note of a few homes that still had their **Christmas Decorations** on display. Santa would not want to take center stage away from my friend, the **Easter Bunny!** If the Easter Bunny popped out of his hutch and saw one of these houses decorated for Christmas, my poor friend would be totally confused!

Exterior Lighting

I cherish parsimonious lighting as it is a modest guide for me on my evening reconnaissance flights over HHP. However, before adding lights to the exterior of your home, you must contact the ARB. Exterior lighting may be utilized to illuminate driveways, walks, entries, and landscape features. All landscape lighting should be included as part of the landscape plan and located within the property lines. Landscape fixtures must be mounted close to the ground, be low intensity, and should provide just enough illumination for safety. General illumination of the house is prohibited. Low-intensity post-mounted lamps are permitted but are limited to a maximum of two (2) per house and must be located within the property lines. House-mounted floodlights are permitted for temporary illumination only. They are to be used for limited periods of time for emergency and exterior access and must only be left on some nights or for extended periods. For example, if you need a plumber to work outside or there is a medical call at your home. Wall-mounted lamps are permitted but must be low intensity, mounted near doorways or garage entrances only, and limited in number. All lighting shall be shielded, directed, controlled, and fit within the general character of the adjacent properties. One home's lighting scheme should not unreasonably or adversely impact a neighboring property.

Decals

To ensure the quotidian security of the Plantation, Security Officers may request individuals desiring entry to produce such identification as may be deemed necessary. The use of decals or passes serves only to identify the vehicle itself. The driver and any occupant may be identified by other means (personal recognition and/or Plantation Photo ID Card, Driver's License). All vehicles within the confines of the Hilton Head Plantation must have a valid State registration, proof of insurance, a permanent valid Plantation decal, and a Guest, Restricted, or Business pass in plain view. Vehicles not displaying current State registration and proper authority to be on the Plantation may be removed from the Plantation at the owner's expense. All Residents of Hilton Head Plantation must register their vehicles with the POA and display a valid Property Owners or Resident decal. All decals will be permanently affixed to the center or driver-side top/bottom of the outer portion of the windshield. The decal must have the month of expiration on the left side and the year of expiration on the right side. When the vehicle is disposed of or the windshield replaced, the decal must be removed and returned, whatever pieces are left for a replacement.

A Courtesy Decal allows unregulated non-resident (flock member) access to the Property Owner/Residents home. The Houseguest Card Policy was established to provide Residents' guests' access to our facilities via Houseguest Cards. Property Owners/Residents

and their dependents are responsible for any guests/visitors they authorize to enter the Plantation. They will ensure that their guests/visitors visit only the authorized areas and conduct themselves in an orderly and lawful manner. The Owner/Resident also understands that they will be responsible for their guests' conduct and for any property damage caused by their guests. Guests must be accompanied by an Owner, Tenant, and Resident when using POA Common Property and restricted Common Property, unless they have the appropriate House Guest Card. Courtesy decals may be issued to immediate family members of Property Owners who reside within fifty (50) miles of Hilton Head Plantation.

Commercial decals must be returned to the POA Service Center before a decal can be reissued for a fee, or full price must be paid. Lost or stolen decals will be reported to the POA Service Center immediately. A new commercial decal may be purchased for the full price. All decals must be renewed at the POA Service Center upon expiration. Hilton Head Plantation decals and passes are the property of Hilton Head Plantation Property Owners' Association. The Association reserves the right to deny the issuance of a decal, pass, or to remove a decal or pass if it is not used in accordance with the Rules and Regulations of Hilton Head Plantation. All decals and passes are issued to one specific vehicle. Transferring decals or passes to another vehicle without prior approval is strictly PROHIBITED and could result in the revocation of authorization to register vehicles on Hilton Head Plantation. Decals that do not comply with the above may be confiscated. Commercial decals "cannot" be taped to the inside of your vehicle windshield. Applications for decals are available at the POA Service Center between the hours of 8:30 a.m. and 4:30 p.m., Monday through Friday. "Commercial Vehicles" are defined as those that have lettering and other exterior evidence of commercial use such as pipe racks, ladders, tools, materials, etc., as well as the obvious commercial vehicles, such as flatbed trucks.

Exterior Equipment Enclosures

All exterior equipment not contained within a service yard, including, but not limited to, additional heat pump compressors, pool equipment, water treatment equipment, propane tanks, etc., shall be totally enclosed with visually solid walls to a height of a minimum of six inches (6") above the highest part of any equipment and piping enclosed therein. The equipment enclosure must start at the height of 4" above the slab material, must blend with the house, and have a latched access gate.

Banners, Flags, and Freestanding Poles

Harry tries not to be picayune in this matter; however, at times, this has been a point of contention between neighbors. An application for a freestanding flagpole must be submitted to the ARB for review and approval prior to installation. The location of the flagpole must be within property lines. Poles shall be no higher than twenty feet (20') from the finished grade to the top of the pole. Large flags and banners must be displayed on a freestanding flagpole or a flagpole mounted on the house, garage, or tree. Flags shall be no larger than four feet by six feet (4' x 6'). Flags of a political nature are not permitted except for a timeframe of thirty (30) days prior to an election until seven (7) days following an election. All political flags must be removed within seven (7) days after an election.

-- Harry Giovanni Heron

843-681-8800, ext. 242 wlee@hhppoa.org

2023 Spring Lake Pool Rules

Swimmers assume responsibility for their own safety and that of their families. Lifeguards will not be on duty during all hours that the pool is open. The pool is equipped with a self-locking gate, an emergency telephone, and a first aid kit at the Guard Office. Report problems to Security – 843-681-2459. Also, DHEC will inspect for fecal contamination and other violations. If DHEC finds any contamination, they will close the pool immediately. Please be courteous and if you have a child that is NOT pottytrained, he/she MUST wear a secure-fitting, waterproof swim diaper at all times. For questions, please contact the Director of Activities at 843-681-8800, ext. 226. Thank you for your cooperation.

Spring Lake Pool Regulations

- 1. HHP Property Owners, their family members, guests, and tenants with leases of at least nine months may use SL Pool.
- 2. Spring Lake Pool users must present their validated HHP Photo ID Card to the pool staff when using the facility.
- Property Owners, residents, and children 17 years and older, with validated HHP Photo ID Cards, may bring four (4) guests to the pool. Children 16 years old, with a validated HHP Photo ID Card, may enter the Spring Lake Pool; however, they are prohibited from bringing guests.
- 4. Guests, 17 years or older, with a validated House Guest Card may bring two (2) guests.
- Spring Lake Pool users and their guests must adhere to a proper code of conduct and follow instructions from the lifeguards and pool attendants

Appropriate conduct and rules include, but are not limited to, the following:

- Lifeguard approval of all floatation devices. (Floatation devices must be Coast Guard approved.)
- Using earphones with audio equipment.
- Placing trash in receptacles.
- Smoking is not permitted within the Spring Lake Pool compound at any time. (This includes e-cigarettes.)
- · Wearing swimwear at all times.
- Showering prior to entering the pool.
- 6. Children age 15 years or younger MUST be accompanied by a parent/guardian (17 or older).
- 7. It is the parent's/guardian's responsibility to ensure that children not potty-trained must wear secure-fitting, waterproof swim diapers at all times. NOTE: Anyone found responsible for a fecal contamination at the Spring Lake Pool will be held accountable for the cost of treatment and be subject to additional sanctions. If the person responsible is not a property owner, the cost of treatment and other sanctions will be levied against the host Property Owner/resident.
- 8. The following is prohibited in the Spring Lake Pool enclosure:
 - No solo swimming
 - · No animals or pets of any kind
 - · No glass containers
 - No spitting, blowing nose, or individuals with skin, eye, ear, or respiratory infections, diarrhea illness, or nausea
 - No diaper changing on deck
 - · No bikes, skateboards, skates, or rollerblades
 - · No diving
 - · No one with communicable diseases
 - No one with open lesions or wounds
 - No running, boisterous, rough play
 - No alcohol or drugs and no one under the influence of alcohol or drugs
 - No rings, body floats, rafts, and other such devices
- 9. In the zero-depth area of the pool, infants will be permitted to use a baby ring as space dictates but they

- MUST be under direct supervision of a parent/guardian at all times.
- Safety breaks will be called at the discretion of the lifequards.
- 11. Pool noodles are permitted but they are to be used for floatation only.
- 12. Coolers are permitted but they are subject to inspection. All food/drinks must be kept at least ten (10) feet from the edge of the pool. Alcohol is NOT permitted.
- 13. No climbing is allowed on the island in the middle of the lazy river.
- 14. Children wearing Coast Guard approved floatation devices in the lazy river or the deep-end area of the pool MUST be accompanied by a parent/guardian at all times.
- 15. Spring Lake Pool may not be used for personal profit or commercial purposes.
- 16. Lounge chairs, cabanas, tables and other pool equipment may not be reserved. They may be used on a first come, first served basis. Property Owners and guests should not leave personal items unattended. The HHPPOA accepts NO responsibility for any item left unattended.
- 17. Lifeguards and pool attendants have the authority to expel violators. They may also create and enforce other safety rules, as necessary.





Plantation Golfing

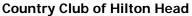
by Jerry Cutrer

Dolphin Head Golf Club

The Dolphin Head Women's Golf Association started the new year with an Opening Day Scramble followed by an Italian lunch at the Club.

Top Right: (L-R) Dolphin Head WGA Opening Day Scramble winners Laura Noonan, Marty Eidemiller, Diane Homan, & Kay Vance

Bottom Right: (L-R) Dolphin Head WGA Opening Day Scramble runners-up Ruth Larson, Lynn Lenning, Pat Rapp, & Karen Hochesing.



The Country Club Women's Nine Hole Association kicked off its 2023 season with installation of WNHA officers and an afternoon of golf followed by a Rules and Golf Etiquette seminar presented by Head Golf Professional Kristopher Kodys.



by Head Golf Professional
Kristopher Kodys.

Right: (L-R) 2023 WNHA Officers Dee Gerstle - Secretary, Shelley Sant -

Party for One Club

Vice President.

The Party for One Club invites Hilton Head Plantation's single ladies to join us at one of our upcoming events! Events are held at a member's home or nearby in our community. There's no fee to attend gatherings at members' homes; bring your beverage of choice and an appetizer for eight!

Save the dates for our upcoming gatherings:

President, Christie Beam - Treasurer, and Patrice McDevitt -

Tuesday, March 14, 5 p.m. - 7 p.m. Thursday, April 20, 5 p.m. - 7 p.m. Thursday, May 18, 5 p.m. - 7 p.m.

Advance registration is required. For details and additional information on the Club, contact Lesley Kyle (914-671-9524 (m)/lesley.kyle@gmail.com).

HHP Softball Club

Spring is right around the corner, and the Softball Club continues to hold its Monday practices at 1:00 PM. As the weather gets warmer, we will switch to 9:00 AM. So if you are interested in getting into shape and want to recapture some of your youth while making new friends, grab your glove and come on down to the POA field to shag some fly balls and hit a few "out of the park."

Bob (Bonzo) Huisman, President, HHP Softball Club 843-715-2516 modybloo@hotmail.com

Tuesday Ladies Bridge

Openings are available in the Tuesday Ladies Bridge Group. Our group meets every Tuesday from 12:30 to 2:30 PM at the Plantation House to play intermediate bridge. If you are interested in joining us or would like more information, please contact

Gerry Jagen at gjagen@msn.com or Barbara Mainenti at mainentihhi@gmail.com

Wednesday Ladies Bridge

The Wednesday Ladies Bridge Group meets every Wednesday from 1:30 - 4:00 PM at the Plantation House.

843-341-9383

Lois Womelsdorf

Porsche Club of HHP

The Porsche Club of HHP invites all Porsche car owners in the Plantation to join our club. We enjoy viewing each other's vehicles and talking "Car Talk."



Often, a speaker talks about subjects such as detailing your car, car shows, repairs, etc. We often meet at the Plantation House, but sometimes we meet at another venue. Unfortunately, our recent meeting was rained out but we will meet again this month. If you are interested in joining our group, contact George at porscheclubhhp@gmail.com.

Happy Spirited Driving, George Haley

Pickleball Anyone?

Looking for other interested HHP residents who would like to join a Pickleball Club so we could plan games, activities, and tournaments together? And, no, we currently do not have Pickleball courts within HHP but we can work on our future planning while using the city courts. If interested in joining, please contact Bob Lamb via email at bobesi@gmail. com. If you have any questions, text or call 423-920-8809.

We are scheduling an organizational meeting at the Plantation House for Monday, March 27 at 7:00 PM. Please make an effort to join us at this meeting.



The March meeting of the Fishing Club will be held on Wednesday the 22nd, (the FOURTH Wednesday). The dinner theme is "your favorite"

casserole." The speaker will be J. Michael Williamson, Principal Investigator for WhaleNet and Vice President of The Mingan Island Cetacean Study USA.

Fishing has been slow this past winter, but March is the turning point! (At least it has always been in the past). Saltwater catches have been non-existent, with some trips reporting not a single bite, let alone a catch. What happened to those pinfish that used to steal our bait?

The same applies to fishing in our lagoons. Spawning season has arrived, and the bass population is waking up and is looking for the food they haven't had for several months. It's been said that the majority of fish in any given pond or lake will be found in 10% of the water. Not necessarily the same 10% at any given time but the 10% with the right combination of characteristics that attract fish. That combination can be things like water temperature, depth, clarity, light, or weed cover. The trick is to find those spots.

Larger bass are usually deeper. They need more oxygen and stay deeper to find it. We really don't know what the contours of our ponds look like or where the deep spots are if any. Early morning or late evening drive the bass to shallower water based on the absence of the brighter light found during the day. That makes it a bit easier to reach them from the shore. During the mid-day non-feeding hours, bass strike lures that provide action, movement, and vibration to generate a reaction.

If you are new to the sport of fishing, the Club has plenty of members who are willing and able to get you started. We invite nonmembers to attend one of our meetings to meet one of our "experts" and set up a pond fishing date.

Kids Kamp is not very far away. We will need quite a few volunteers to help Kids Kampers in their favorite Kids Kamp activity. Volunteers get as much pleasure from a child's first fish as the child does. Sign up and see for yourself! Check us out at HHPfishingclub.com.

- Earle Nirmaier

Women's Java: Coffee, Conversations with Common Grounds

Just like the men, HHP women now have their own coffee time. Here's a way of getting together with HHP women for a casual morning of conversation and a cup of coffee or tea.

We will meet every Tuesday morning at Spring Lake Pavilion from 8:00 AM to 9:00 AM for coffee or tea and a snack to share with inspiring talk. If you have any questions or would like to get on the mailing list, please contact Beverly Silber Rogers at bevsilber@bellsouth.net

This should be a great adventure for the women of HHP to bond and get to know each other!

HHP Yacht Club



Guess who's coming to visit our Island? J. Michael Williamson will present the Hilton Head Plantation Yacht Club

with information about the Right Whale as it visits the waters surrounding our Island. Mike has been active in education and research for over 40 years. He founded WhaleNet in 1993 to excite students about math, science, the environment, and technology (STEM). He is vice president of the Mingan Island Cetacean Study, which has conducted the longest continuous research on blue whales worldwide.

The North Atlantic Right Whale is the rarest of the large whale species. With a current population of about 300 individuals, the Right Whales spend their summer months in New England feeding. In October, pregnant females begin migrating south into the Southeastern United States waters. The winter months in South Carolina offer a chance to view these animals during their migration. Although a rare sight, when spotted, these animals are unmistakable.

Consider joining HHPYC! Begin your Lowcountry experience by exploring our website at HHPYC.org. All Residents of HHP may join the Club. Boating and Social memberships are available. Contact Membership@ hhpyc.org for information.

Upcoming Events

March 16th, St. Patrick's Day - An Irish-themed dinner meeting with speaker J. Michael Williamson, "Right Whales - Our Coastal Visitors."

March 29th – April 4th Possible multi-day boating event to a destination to be determined [it was to have been Charleston, but limitations interfered]

April 20th "What Floats Your Boat?" A Nautical Night featuring fun and educational events and a catered meal.

HHP Low Vision Club

"GETTING ALONG BETTER WITH LOW VISION" Featuring Carole Drabik, OD Thursday, March 9, 2023 at 2:00 PM

The HHP Low Vision Club is honored to have Dr. Drabik share from her vast experience and training which includes not only ophthalmology but geriatric vision rehabilitation. She became part of the Bishop Eye team in 2007. The meeting will be in Cypress Clubhouse (Cypress Hall-right at back gate) and informal in nature, so bring any devices that might serve better and questions as well. No signup needed. Spouses and significant others are welcome and encouraged.

Dr. Chuck Duvall

843.422.2840 cduvall636@gmail.com

Garage Band

BIG NEWS FOR EVERYONE!!! WE'RE **HAVING A CONCERT IN** MAY!! COME AND HEAR US.





(beginner to experienced) who want to play 'classics' that are rock, country, blues (and even pop). We have a good time playing music that people like to hear. Members are encouraged to bring songs for the band to play. Everyone is encouraged to help the band get a set of songs together. So everyone, come 'rock out' with us. The Garage Band wants YOU to come and listen, play, and/or sing!! Don't be embarrassed – it's like singing in the shower, only with clothes on. WE REALLY NEED MORE HORNS. We meet every Wednesday of the month at the Plantation House from 7:00 until 10:00 pm. For more information, you may contact Ric Blaine at 706-373-8204 (rcb3771@gmail.com). We'll play loud enough so you can hear us - maybe even in the parking lot! Please come on down and rock out. EVERYONE COME AND LISTEN!! COME INSIDE OR SIT ON THE DECK. BRING YOUR OWN BEVERAGE.

We now have an acoustic spinoff group that meets on various days at the Plantation House for those who enjoy playing soft rock, blues, folk, country, bluegrass, and standards. Anyone who plays an acoustic instrument is welcome, so bring your guitar, mandolin, flute, maracas, spoons, washboard, fiddle, or anything else you feel like playing, as well as your voice and your song ideas. Contact Carol at carolkajano@gmail. com for more information and to gain access to our current acoustic song list and schedule.

Motorcycle Riders!

We are looking for HHP residents who currently ride or are interested in learning more about how to enjoy riding in the Lowcountry. Even though we cannot ride in HHP, we



can meet to plan small or larger groups, day trips, and maybe even overnight trips to other areas to explore new roads, etc. If interested in joining, please contact Dave Pirkey via email at 98flstc@comcast.net or text at 843-415-5344. If we have enough interest, we will schedule a meeting to discuss forming an HHP club.

Train Club

This club is for anyone who has an interest in trains. Some of our members have extensive layouts, some have only a holiday display, and some have no trains, just like railroading in general. Members are modelers, history buffs, railfans, etc. Model train members have O, HO, and G gauges, to name a few. The club has a permanent layout in the Plantation House, both O-gauge and HO-gauge.

We provide running trains for some of the plantation functions, for example, July 4th, the Holiday Hayride, and the Children's Holiday Party. We provide assistance to anyone who needs help or just wants information about the hobby. Our club members or guests do presentations on various train topics. Occasionally, we may



visit another train club in the area, attend area train shows, or visit a train museum or a member's home.

Regular meetings are normally held at the Plantation House, at 2:00 PM, on the second Wednesday of the month from October to June.

Guests and new members are always welcome. Please consider attending.

For additional information, contact Bob Gluszik at 843-415-5825 or email: rgluszik@yahoo.com.



THE HHP CRAFTERS SPRING SALE WHEN: Saturday, April 29 TIME: 9:00 am to 2:00 am CRAFTERS WHERE: Plantation House

Be sure to mark your calendar for the HHP Crafters' 2023 Craft and Bake Sale to be held at the Plantation House! This year's sale will have hundreds of items: housewares, baby items, toys, handmade cards, pet supplies, coastal décor, knitted and decoupaged items, to name a few.

Don't forget to take a look at our always-popular jewelry selection! The Spring sale comes just in time to assist you with all your Mother's and Father's Day, graduation, and teacher gifts. We will also have our delicious bake sale with cookies, cakes, pies, and candies. Our raffle this year is Cucina Italiana - a basket filled with items for a wonderful Italian dinner.

As always, proceeds from the sale benefit the Hospice Care of the Lowcountry. Through the years, HHP Crafters have donated over \$296,000 to HCL through their semiannual sales.

HHP Crafters meet every 2nd and 4th Thursday of the month at Spring Lake Pavilion from 9:30 to 11:00. We are always looking to welcome new members, either full or part-time. For more information, or if you have donations of crafts or craft materials, or to get email updates on craft sales, please contact either Margot Gilbert at 843-342-9996 or Deanna Collins at 843-689-3979.

Laurie Arnold arnold3909@yahoo.com





Looking for an opportunity to get together with some of the men from HHP for some good old fashioned male conversation and a cup of

coffee? Well, join us every Thursday morning at Spring Lake Pavilion from 8:00-9:00 AM. We'll have the coffee, a bite to eat and lots of things to talk about!

If you have any questions or would like to get on our mailing list, please contact Ray Makalous at rmakalous@gmail.com or John Prange at j2prange@gmail.com.



Look forward to seeing you there!

Board Games are Back!

Come join the fun and play exciting and fun board games! We meet the first Thursday of every month at 7:00 pm Downstairs in the Spring Lake Pavilion. Bring any games that you like (if you

want.) If you bring a game, it's better if you already know how to play! The group decided what games to play and everyone is included. Bring a friend!

For more info and/or to be added to the mailing list: Contact Bill Leahy 404-232-5011 bleahy48@gmail.com.

MURRAY WONDESS WHETHER THE THROUGH OF HIS NEXT MODE WILL BE WORTH THE INEXTRACE END OF HOASEHOLD HARMONY

Hilton Head Plantation Corvette Club

Car season is speeding up on us, and the HHP Corvette Club is gearing up with lots of events. We have cruises to restaurants, museums, and more planned. There are also some car meets and other events we plan on attending as a club.



If you see a corvette caravan going through the plantation, you can rest assured the Hilton Head Plantation Corvette Club is on another cruise to a fun event!

If you have been reading our monthly articles, you know we have no dues, meetings, bylaws, or officers, just get-togethers.

To get on the emailing list, contact Dale Pena at dpena1@yahoo. com or call 585-704-2386.

HHP Dog Club

Greetings to all dog lovers — The HHP Dog Club Steering committee met recently to plan events for 2023. Thus far, we have three activities on the calendar. On Friday, April 21, at 6:00 PM, at



Spring Lake Pavilion, we will meet for our annual Cocktails and Dogtails (rain date 4/28). Interested dog owners should bring a plate of appetizers to share, their favorite beverage (not to share), and their pooch for human and canine socialization. The club will provide paper products, flatware, and cups as well as ice and water. If you already belong to the club, we look forward to seeing you again. If you don't belong, you will have the opportunity to join. The fee is just \$20 for a lifetime family membership.

Our second event of the year is scheduled for June 3, 10:00 AM, Plantation House back porch (rain date 6/10), a canine massage demonstration by Sandy Koepke and her poodle Rugby. Your dogs are welcome! Our third event will be another Donation for Dogs Day on November 4 (rain date 11/11). Watch this space for details on these events and more.

I want to address two more canine behavior problems — extreme aggression and inappropriate elimination. Unfortunately, some breeds are labeled "dangerous" and banned in certain areas. However, it's not usually about the breed so much as about the individual canine's history. If your dog has aggressive tendencies, consult your vet first, as the problem may stem from a health issue. Then, seek the help of an experienced dog trainer or behaviorist. Serious measures should be taken to keep others safe from aggressive dogs.

Inappropriate urination and defecation are among the most frustrating dog behaviors. They can damage areas of your home and make your dog unwelcome in public places. Discuss this behavior with your veterinarian first to rule out health problems. If no medical cause is found, try to determine the reason for the behavior: excited or submissive urination, territorial marking, anxiety, or lack of proper housebreaking. Look for behavior modification resources online and be consistent and persistent in implementing the suggestions.

Meanwhile, Happy Dog Walking, Helen Collins

843-689-9303 | helen.marie.collins@icloud.com

Ladies Bridge Group

We meet at the Plantation House every Friday at 1:30 PM. We currently have a full roster; however, if you are interested please let me know and I will get in touch with you if we have an opening or need someone to sub. Please email me at

lakwb@hargray.com.

Level of play is Intermediate.

--Lois Womelsdorf



If you've thought about joining Women's Club, you can try it March-May for just \$8. Go to www.HHPWC.org and register

Upcoming Speaker:

Amanda Russ Cifaldi, chef/owner of **Pomodori Italian Eatery**



After a music career. Amanda cashed in her 401K and moved to Calabria, Italy to train as a chef. She shares her story, including winning Food Network's

show "Bite Club" 1:30-4:00 Plantation House

Upcoming events:

March 28 New member welcome, 5-7 at Spring Lake Pavilion April 11 Monthly meeting with speaker Amanda Russ Cifaldi, owner of Pomodori Italian Eatery May 9 Spring Luncheon

President's Message:

Our three new clubs got off to a great start, and you can still join by contacting the activity leaders listed on the website. Invite your friends and neighbors to try Women's Club March-May for just \$8. They can experience all that we offer and then decide about joining for the coming club year (and who wouldn't want to join this amazing group!) Our membership has now broken a record, with 511 women, with 15 new members in January alone. Friendship, fun, learning, and community involvement is what we're all about!

Susan Crow, President

The activity groups:

Recent Activities

Knit wits



Ahmad Ward spoke on Mitchelville



Out to lunch bunch



Afternoon Beach Walkers



Mangia con noi cook club



Sip at the Pit



Beach and Bluff Walkers | Biking Buddies | Bible Studies | Book Clubs | Flick Chicks | Green Thumbers | Happy Hour Girls | Vino Formaggio | Out to Lunch Bunch | Road Show Adventures | Knit Wits | Card Sharks | | Euchre | Marathon and Party Bridge | Advanced and Beginner Bridge Lessons | Mangia con noi | Sip at the Pit | Afternoon Beach Walkers

> Follow us on Facebook Visit our website: www.HHPWC.org and Join today!

H Artists P Association

Our HHP artists are very busy this spring. We have a new collection of artwork hanging in the Plantation House. Stop by anytime to enjoy.

We are also pleased to announce several of our artists are collaborating with the Sea

Pines Artists and have been invited to do a joint gallery showing with them. The show will run from Feb. 23 through April.

The location is the Sea Pines Conference Center (first building on the left facing the parking lot) at "The Shops at Sea Pines", 71 Lighthouse Rd.



Mark your calendar for our Spring Art Market on Saturday, May 6 from 10-2pm.

Join us for an afternoon of art as we celebrate 41 years of rich diverse artistic expression. HHP

residents and guests are invited to stroll the Plantation House, meet the HHP artists and be inspired as they showcase their paintings, photographs, sculptures, jewelry, art glass and fiber art. Spring Art Market is a free event.

Our Hilton Head Plantation Artists are comprised of painters, photographers, sculptors, jewelry and glass designers, as well as fiber and basket artisans. A sampling of our works are always hanging in the Plantation House and the POA office for you to enjoy.

A small group of enthusiastic painters gather every Wednesday morning from 10:00 am - 1pm to laugh, lunch, and paint with friends at the Plantation House. You are always welcome to come check us out or join in anytime. It's more fun painting with friends!

If you are a professional artist, an aspiring one, or even just an art lover and are interested in learning more about us, or to join our group, please email us at hhpartistnews@gmail.com to receive our quarterly email newsletter, which has a wealth of information about art activities and opportunities all around Hilton Head.

Top Photo: "Prismatic Palm" by LeAnn Kalita Bottom Photo: "Asea" by Mike Nicastre

-- Mary Elizabeth Sullivan

TAG - The Avid Gardeners

February gave us an opportunity to share the love with our newest members from the past two years. The Board provided a luncheon for the new

members and their mentors at the home of our long-time member and mentor chair, Dorothy (Dede) Bethke. The event, cheerily decorated with a Valentine's Day theme, gave us all a chance to get to know one another on a more personal level and to encourage participation in all our various activities.

Later that same week, we were treated to a talk by a container gardening specialist from the Green Thumb Garden Center and Nursery at our monthly meeting. There, we were able to pick up some tricks of the trade to create spectacular container gardens for our own yards.

In March, we look forward to hearing from another community expert, this time from Taylors Quality Landscape Supply and Nursery, on proper watering, fertilizing, and soil amendments, just in time for the area's official "frost date."

HHP residents are always welcome to our meetings at the Spring Lake Pavilion on the third Friday of each month. Those interested in membership should contact Christine Thumm, VP in charge of membership, at thumms@aol.com or 843-415-6809.



-- Carol Sevelowitz, TAG President

Karaoke Club

Looking for an opportunity to get together with other HHP residents for some karaoke fun? Your favorite songs of the 70s, 80s, 90s, 2000's (maybe even the 60s)! This will be a social group who just enjoy doing karaoke or coming to watch others who karaoke.



No reservations needed. BYOB and/or own refreshments! 8' X 8' projection screen, multi-speaker overhead sound system, any YouTube song that you want with lyrics! Great fun!

Age: All Ages (Must be an HHP resident)

When: Monthly or Bi-Monthly Where: Spring Lake Pavilion

Cost: FREE or Minimal Charge for Each Karaoke Event

For more information, contact Jim Peresta – email: jamesmichaelperesta@ amail.com- or call Jim at 443-558-6126.

Advertisements in the Plantation Living newsletter should not be viewed as an endorsement from the Hilton Head Plantation Property Owners' Association, Inc. The Association claims no liability for the content of any ads. Ads are accepted on a space-available basis.

Kayak Club

Start of the new Kayak season with endless possibilities

Welcome to the 2023 paddle season. The First scheduled paddle will be on March 14th, led by Nate Skager, the Outdoor Recreation



Director of Hilton Head Recreation Association. The guided tour will begin at Skull Creek from the Rowing and Sailing Center to explore the wildlife and

waterways. Afterward, let's celebrate the first kayak trip of the season with a low country boil catered by Hudson's. Spaces are limited, so if you missed this one, get on the email list to learn more about this season's Kayak trips and adventures. Anyone can plan a trip, and the Kayak group welcomes all ideas.

If you want to find out more or have a kayak adventure you want to try, then contact the Kayak club at www.kayakclubhhp.weebly.com.

If you are not a member of our club and would like to be or if you have any questions about the club or our activities, please contact Janis Agnew at Kayakclubofhhp@gmail.com. Please note you must be 21 or over. A parent or guardian must accompany those under 21.



CAJUN delicacies, Beads, Spicy Foods, Craft Beer, and fresh Beignets a la David & Joni Boehm (See Picture)... and Craft Beer, Gumbo, Jambalaya, and a King Cake! HHPCBC did Mardi Gras AGAIN this February! No floats were permitted (except foam in your tasting glass!!), but a Cajun GREAT time was had by all!! King Cake's raffle income



was split with a donation to Deep Well. (I thought that was better than leftover beer??!!)

New BEERventures are planned for this year, so don't miss the fun! Members get an advance notice at the beginning of the month for the planned event that month so don't just wait for the mid-month HHP Newsletter.

The club typically meets on the fourth Monday of each month at the Spring Lake Pavilion at 6:30 PM unless there is an offsite event. Members are always encouraged to bring craft beer from the area or from their travels to discuss and share with the group. Dues are \$10/ year per person and you may join at any time of the year.

Our sharing provides craft beer aficionados the opportunity to try other styles and flavors of beer to expand their beer palates.

Please contact Steve Yingling via Email at SteveHHI@kw.com with questions or to indicate your interest in becoming a member or to send contact info for those that wish to be members or guests.

-- Steve Yingling

Newcomers Club

Greetings! Hope all enjoyed our Mardi Gras night in February, and a big thank you to Roy's Place for their catering and Hilton Head Distillery for being a part of our event.

We are looking forward to celebrating with you on Tuesday, March 21st, starting at 6:00 PM at the Plantation House. The theme for the night will be a 'Low Country Evening.' Fire and Rice will be catering and preparing freshly cooked paella onsite. The evening will include a presentation from Gullah Tours. You should have received your email invite on the first of the month.

April, we will bring you a night of musical trivia, 'Name that Tune.' Let's test our music knowledge in a fun and friendly competition. The date is Tuesday, April 18th, at 6:00 PM at the Plantation House. There will be a catered dinner. Look for your email invite on the first of the month for further details and sign-up.

Please remember you need to RSVP and pay using our website HHPNC.com for each month's event. In May, we will have our last event of the 2022-23 season, and we are planning a special evening for all our members. Stay tuned!

If you are not yet a member of the Newcomers Club, we are a fun social group and offer a great way to make new friends. Our season runs from September through May, with one planned event for each month. Please check out our website at HHPNC.com for details on how to join.

Please keep in mind that you do not need to be new to the Hilton Head Plantation to join the Newcomers. Health and Happiness to all, and we look forward to seeing everyone at our next event!

-- Ginny Freeland



Friendly Foodies/Sips & Bites Cooking Club

Do you delight in cooking, trying new recipes, entertaining in a more formal style, and regularly sharing wonderfully prepared food with three other couples? Then the Friendly Foodies Gourmet Cooking Club may be just the group you are looking

for. We offer formal, full course, home-cooked dinners for dinner parties of 8 during the first half of the month and more casual and relaxed gatherings of four couples, sharing delicious Appetizers/Hors d'oeuvres paired with wine during the second half of the month. You can choose to participate in either or both types of events monthly. (The club does not meet during July, August, and December).

At the present time we have a full membership but are compiling a waitlist of people interested in joining. Please contact Marianne Blaine marianne@marianneblaine.com if you are interested.

Men's Cooking Club

Men's 2nd Wednesday Cooking Club We have had several meetings this year with member chef's providing memorable lunches. We are a "laid back" group of guys who enjoy refining our culinary skills, enjoying others expertise and appreciating the camaraderie. Our meetings feature a "Chef of the Month" who prepares a lunch for the group guided by whatever you enjoy preparing. We do everything from tailgate menus, Italian, German, Irish, Mexican and so on. We have everyone from men who have been cooking for a long time to novices. We currently have ten members and are actively seeking two more. Please join us as our guest for our next lunch and decide for yourself if our group is for you. Please call Rick Dean at 770-354-3340 or rjdean@roadrunner.com with your interest.

Men's 4th Tuesday Cooking Club

Our Cooking Club consists of men who enjoy cooking new and interesting full course meals for lunch once a month. The meal is prepared at the Spring Lake Pavilion or frequently at the member's home. We enjoy each other's company and the opportunity to improve our skills. For further information please contact: Steve Strom 843-342-2838.



Social Memberships at the Farm Club

Are you an HHP resident who retired from the Farm Club and missed it? Are you

interested in gardening/ farming and would like to be involved in the Farm but not interested in having a plot? Are you on our "wait list" to get a plot?

We'd love to have you join us as a Social Member for just \$20 per year. As a Social Member, you are invited to participate in our dinners, help us harvest fruits and vegetables, help at our summer and winter markets, make new friends or renew former relationships, help plant and care for the Community Garden, and attend our informative and fun monthly Sips and Tips gatherings.

What are Sips and Tips?

During the past year, the Farmers Club has added new socialeducational activities called "Sips and Tips".

At these events, we enjoy getting to know fellow farmers, relaxing together, and "talking shop" to learn and practice productive and ecologically sound agricultural skills. We've had useful discussions and hands-on demonstrations, including:

- How to build up nutrients in the soil through several composting strategies
- Sharing cooking recipes for our harvested food
- Increasing our arsenal of techniques for growing tomatoes in the Lowcountry.

At future programs, we welcome our beekeeper to describe how we can mutually cultivate our bees and gardens and how to use more parts of our harvests for cooking and health purposes.

Sips and Tips has a focus on making farm activities accessible to members to enable people waiting for plots to gain access to farm resources, people who want to farm without committing to a plot, people with diverse abilities, and people who just enjoy engaging in activities as a group. Interested in learning more? Please contact Tom Cook at plotcoordinator@hhpfarmers.com or Barbara Holmes at secretary@hhp.com 615-917-1986.

Spring/Summer Market starts Saturday, May 6, 2023.

--Nancy Renner nnrenner@outlook.com 505-269-6498

Woodcarvers

Are you looking for a hobby that allows you to create beautiful keepsakes or practical items without spending hundreds of dollars just on getting started? Wood carving checks all of those boxes. It is a type of woodworking in which people use knives, chisels, and other hand-held wood carving tools to create figures or designs in pieces of wood. A wood carver's most basic tools are carving knives, such as whittling knives, chip carving knives, and hook knives. Whittling knives are all-purpose tools, while chip carving knives feature a thin, short blade that allows carvers to chip away small bits of wood. A hook knife, or spoon knife, has a bent blade shaped like a hook and is ideal for carving spoons and other pieces with hollowed-out areas. Most woodcarvers start by whittling. They find a small piece of softwood and use a pocket knife to create a toy or a trinket. Whittling is the most basic type of wood carving since the only essential tools are a wood carving knife and a honing strop. Chip carving starts with a flat piece of wood. Carvers "chip away" bits of wood to form a design on the wood's surface. Chip carvers use gouges as well as carving knives. Most woodcarvers do not build or repair furniture. They work on a much smaller scale. Come and visit with us at the Plantation House on Thursdays from 12:30 to 2:30. See if you might be "cut out" to be a woodcarver. Your grandkids will benefit from your newfound skill.

Contact Jan Gantzhorn 302-528-3475



We are excited to announce we will be adding an extended day tennis portion to this summer's Kids Kamp! Times will be Monday-Friday 1:00 PM-3:00 PM and more information can be found on the Spring Lake Racquet Club website or at the Tennis front desk!

Don't forget to mark on your calendars that our next First Friday tennis social will be on April 7 at 2:30 PM. You do not have to be a Spring Lake member to participate but do remember to sign up early at the tennis front desk as space does fill fast!



Bocce 🧖 🤊

Balls are rollin', and pizzas are being flung (yea!) as our Spring Bocce Club season, with 88 teams and 12 divisions, is underway. Both the February Information clinic and Champion's clinic (a quick start way to learn rules

court-based skills) brought many new faces.

Spring matches offer a way to see up close how Bocce works. Until May 7, matches are held every Monday-Saturday, primarily between 10:00 am – 5:00 pm. Bring a chair or park on one of our



benches, and come on out! Courts are located behind the Spring Lake Pavilion, and parking is readily available near the tennis courts. Or, stop by for happy hour every Thursday at 4 pm at the Spring Lake Pavilion!

And it is not too late to sign up as a Spring season sub; no experience is needed and subs do not have to be Bocce Club members. Who knows but once you experience the fun and see how easy it is to learn, you might find yourself signing up for our Fall season! For more, visit our website on the Spring Lake Racquet Club's Court Reserve platform, or enter the URL: https://app.courtreserve.com/Online/Portal/Index?7345.

Alternatively, please reach out Bocce Club president John Hupchick, at hhpbocce.president@gmail.com.

SOLO DINING GROUP FOR MEN AND WOMEN IN HHP OVER 60

A social group for widowed and unattached single men and women over 60 years old who do not wish to dine alone but would like to socialize and dine at local restaurants once or twice a month.

For more information, contact Pat Lucas - email patvhhi@aol.com or call 843-301-6600

Men's Cards

Per the schedule listed on the POA Monthly Activities Calendar (insert can be found inside *Plantation Living*), Men's Card Groups play at the Spring Lake Pavilion at 6:00 PM on the following days:

Every Tuesday
Every Wednesday
Second & Fourth Thursdays

We encourage you to stop by and watch the games played to determine if you are interested in joining one of the groups.

Backgammon Club

We are looking for other Plantation residents that may be interested in forming a new club of Backgammon enthusiasts. If you would be interested in joining, please get in touch with Mary Montour at 651-247-7445. If there is any interest, we will schedule an informal meeting to discuss details. All levels are welcome. Would love to hear from you.

The Happy Times Party

Happy Times moved to the Spring Lake Pavillion, due to the construction that will start at Dolphin Head. It is still the fourth Sunday of every month. Again no reservation, no RSVP, no agenda, no dues. Just a good time. Bring your own beverage and a contribution to the food table. Ice will be provided.

Date: Fourth Sunday of every month (except December)

Time: **5:00 - 7:00 PM**Place: **Spring Lake Pavillion**

For more information call Schatzi Khalifa at 315-382-1727 or email Ezz Khalifa at hekhalifa@gmail.com.

Euchre Club

The Euchre Club meets on the third Friday of each month. They will play at the Spring Lake Pavilion at 6:15 PM.



For more information, please contact Chuck Stewart at chuck.stewart@e3partners.org or 330-283-2827. No reservations necessary if you know how to play! The club also offers FREE one-hour lessons by appointment only.

April Art Classes with LouAnne Barrett

Spring Flowers!

Join our group of artists at Spring Lake Pavilion as you create an "Ode to Spring"! The instructor will provide materials for watercolor, acrylic or soft pastel but you may choose to work in any medium so bring your own supplies if you do. You can choose your own subject from your own photos or select from many provided by instructor. Join us as we practice and improve our skills together! Any questions? Email LouAnne at 1ladesignsonhhi@gmail.com.





When: Mondays, April 3, 17, & 24

Time: 1:00 – 4:00 PM
Place: Spring Lake Pavilion

Cost: \$130 for entire 3-class package OR \$48/class

If interested, sign-up at the Scheduling Office with Jen. Your check or cash payment IS your reservation. These classes require a minimum of 4 participants with a maximum of 10.

Artist/Instructor Education: AA from Mesa College, San Diego, Ca. BFA from Ohio University, Athens, Ohio. M.Ed from Lesley University, Cambridge, MA Artist Experience: 6 years at HHP Adult classes. Designer/owner of Interior Design Firm - 17 years Middle & High school Art Teacher - 20 years Adjunct Professor of Interior Design - 10 years. Visit website labarrettartist.com

Yoga for Osteoporosis – New 6-Week Session

The Activities Department is excited to offer another6-week session of Yoga for Osteoporosis with Gayle Caporale starting in April. This new session will be offered on Tuesdays from 4:00-5:00 PM starting April 4 and continuing through May 9. Yoga benefits people with Osteoporosis in many ways, such as improved balance and posture, coordination, strength and range-of-motion, and lower anxiety, all elements that reduce the risk of fracture. Whether you have Osteopenia, Osteoporosis or just want to build your bone strength and improve your balance, the 12 yoga poses participants will practice specifically counter bone and muscle loss and improve coordination and balance. It's accessible to those new to yoga, as well as long time practitioners. Gayle is certified to teach this method and has personally committed to this program of 12 poses 5-7 days per week. It has significantly improved her own bone mineral density in her spine and femur.

Dates: Tuesdays,

April 4 – May 9
Time: 4:00 – 5:00 PM
Place: Spring Lake Pavilion
Cost: \$40/person

Instructor: Gayle Caporale

If interested, please bring your \$40 payment to the Scheduling Office to reserve your spot today. Class size will be limited to 8 participants. For questions, call Jen at 843-681-8090.

"Stroke Awareness" Seminar with



Please join the Activities Department and the Stroke Team from Encompass Health Rehabilitation Hospital of Bluffton for an enlightening seminar on Thursday, May 11, at 10:00 AM at the Plantation House. The key to stroke prevention and recovery is acting fast. Learn more from the Stroke Team about detecting the early warning signs of a stroke and what important lifestyle changes can be made to prevent a stroke. Also, learn about the important differences in the levels of stroke rehabilitation and how choosing the right setting can be the real difference to everyday functioning and long-term superior outcomes.

Date: Thursday, May 11

Time: **10:00 AM**

Place: Plantation House

Cost: FREE!

Presenter: The Stroke Team from Encompass Health

Rehabilitation Hospital of Bluffton

If interested in attending, please call Jen at the Scheduling Office – 843-681-8090 or email: Scheduling@hhppoa.org to reserve your spot today. Light refreshments will be served.

"An Afternoon of Plein Air Painting with Pastels" with Carol Iglesias

The Activities Department is excited to be offering a new type of art class with Plein Air Impressionist Carol Iglesias. This workshop will meet at the Spring Lake Pavilion on Friday, March 31, from 12:00 PM to 3:00 PM, and it will focus on the use of pastels. Paint outside with Carol where she will share how to work in Plein Air. You will learn how to focus in on a strong composition, define your values, identify your light source, create a point of focus, and how to see and use color effectively to capture atmosphere in your plein air paintings. You will learn the importance of painting light, shadows, and colors from real life and how to create brilliant color vibration in your paintings. There will be demonstration, personalized teaching and individualized feedback. All skill levels welcome. You may work in Oils if you prefer.

When: Friday, March 31 Time: 12:00 PM – 3:00 PM Place: Spring Lake Pavilion Cost: \$49/participant

You can visit Carol's website at www.caroliglesias.com to sign up for her newsletter and view her paintings.

"Wills vs. Trusts" Workshop By Attorneys Brian Treacy and Jada Gaines

Please join the Activities Department and Elder Law Attorneys, Brian Treacy & Jada Gaines, on Wednesday, May 3, at 10:00 AM at the Plantation House for a FREE 2-hour workshop on "Wills vs. Trusts." Mr. Treacy and Ms. Gaines will discuss the pros and cons of Wills vs. Trusts and the common misconceptions of estate planning. Other important topics being presented:

- · Probate in South Carolina
- Powers of Attorney vs. Alternatives
- Joint Accounts
- · Protecting Assets from Nursing Homes/Medicaid
- Life Estate

Date: Wednesday, May 3

Time: 10:00 AM

Place: Plantation House

Cost: FREE!

Presenters: Mr. Brian Treacy, Esq. & Ms. Jada Gaines, Assoc. Attorney

Elder Law & Estate Planning Center

RSVP: **Jen at 843-681-8090**

OR email: scheduling@hhppoa.org

If interested in attending, please contact Jen at the Scheduling Office at 843-681-8090 or email scheduling@hhppoa.org. Space is limited so sign up today! Light refreshments will be served.

Presenters' Background:

Brian T. Treacy is a seasoned elder law and estate planning attorney with offices in Bluffton, South Carolina. He is a licensed attorney in South Carolina and practiced law in New Jersey and is affiliated with the National Association of Elder Law Attorneys and Elder Counsel.

Jada Gaines is an associate attorney with the Elder Law & Estate Planning Center. She is a licensed attorney in both South Carolina and North Carolina. Her legal experience includes Contract Law, Corporate Law, Insurance, Litigation and Dispute Resolution and was associate counsel for a Nationwide Finance Company before joining Elder Law. Jada is a member of the South Carolina Bar Association, North Carolina Bar Association, Young Lawyers, and South Carolina Black Lawyers Association.

Hilton Head Big Band Spring Fling sponsored by



The Hilton Head Big Band, the Activities Department, and Encompass Health would like to invite everyone to enjoy a special "Spring Fling" on Saturday, April 22, from 2:00 – 4:00 PM at the Plantation House Parking Lot. Bring your friends and family and enjoy this free outdoor concert as the HHP Big Band plays some very dance-able tunes including hits from Earth, Wind and Fire, Stevie Wonder, Jimmy Buffett, and Aretha Franklin. You will hear tunes such as "Maybe This Time," "Time After Time," "Send in the Clowns," "Jump, Jive and Wail," and "Proud Mary" and many more tunes. In case of inclement weather, this concert will be moved to Sunday, April 23, from 2:00 – 4:00 PM. For questions, call the Scheduling Office at 843-681-8090.

Date: Saturday, April 22
Rain Date: Sunday, April 23
Time: 2:00 – 4:00 PM

Place: Plantation House Parking Lot

Cost: FREE

The Activities Department will NOT be selling concessions at this concert, but feel free to bring your own picnic snacks or drinks! Just don't forget to bring a lawn chair, bug spray, and your dancing shoes!! We hope to see you there!

"Foot & Ankle Injuries and the Active Senior" Seminar

Exercise and staying active are an essential part of our overall health. While we always encourage an active lifestyle, sometimes injuries can occur. Please join the Activities Department and Foot & Ankle Surgeon, Dr. Benjamin Overley, on Tuesday, May 9, at 10:00 AM at the Plantation House as he discusses the most common types of foot and ankle injuries as well as the best and innovative treatment options to get you back on your feet.

Date: Tuesday, May 9

Time: 10:00 AM

Place: Plantation House

Cost: FREE!

Presenter: Dr. Benjamin Overley

Foot & Ankle Surgeon Jen at 843-681-8090

RSVP: Jen at 84: or Email:

scheduling@hhppoa.org

If interested in attending, please call or email Jen at the Scheduling Office. Space is limited so sign up today! Light

refreshments will be served.

Presenter Background: Dr. Benjamin

Overley is a board-certified foot & ankle surgeon who attended Temple University. Upon



graduation, Dr. Overley completed a 2-year foot & ankle surgical residency with a strong focus in orthopedics and general foot & ankle surgery at Germantown Hospital in Philadelphia, PA. Dr. Overley began practicing in Philadelphia, PA in 1999 before moving his practice to Pottstown, PA in 2006. In search of a better environment, Dr. Overley relocated to the Lowcountry and opened Island Foot & Ankle Surgery on Hilton Head in November 2021. Island Foot & Ankle Surgery provides surgical and non-surgical treatment of a range of conditions including sports injuries, congenital and acquired deformity reconstruction, trauma repair, and pediatric disorders. They offer the latest techniques with treatment plans tailored to each individual patient.

Community Blood Drive

The Activities Department is teaming up with OneBlood for another community blood drive on Monday, May 1, between 10:00 AM and 4:00 PM. OneBlood is a not-for-profit community asset serving hospitals in the South Carolina Lowcountry and Coastal Empire region. Blood donated with OneBlood stays in our community to help the needs of our local patients. Did you know – about 38% of the population can donate blood but less than 10% actually do? Share your power!

When: Monday, May 1
Time: 10:00 AM - 4:00 PM
Where: Plantation House

Parking Lot (inside the OneBlood

Big Red Bus)

RSVP: Jen at 843-681-8090

To schedule an appointment, call Jen at the Scheduling Office at 843-681-8090 today! Not sure if your travel or medications will impact your eligibility, visit www.oneblood.org/donate or call 1-888-9DONATE (936-6283). Please remember to eat, hydrate, and bring an ID. Wearing masks are optional on the bus. Also, all donors will receive a OneBlood gift and a \$20 eGift Card PLUS a wellness check-up including blood pressure, temperature, iron count, pulse, and cholesterol screening. If you are not feeling well and healthy the day of the blood drive, please do NOT come to the blood drive. Thank you!

HHP Garage Band Club Concert & Food Truck Festival

The Activities Department is excited to host another outdoor concert this spring at the Plantation House Parking Lot on Tuesday, May 2. The HHP Garage Band Club will be playing an assortment of classic rock, R&B, and even a little country. It will include music by The Temptations, Allman Brothers, Bob Dylan, Fleetwood Mac, Neil Young and more. And don't forget to come hungry too! We'll have several food trucks parked in the right-side parking lot of the Plantation House for you to enjoy before and throughout the concert. Come and join us for a fun and entertaining evening with friends and family. In case of inclement weather, the concert will be moved to the following Tuesday, May 9.

Date: Tuesday, May 2
Rain Date: Tuesday, May 9
Concert Time: 5:30 PM - 7:30 PM

(Food trucks will be set up by 4:30 PM)

Place: Plantation House Parking Lot

Cost: FREE

Don't forget to bring a lawn chair and bug spray too!! We hope to see you there!

Food Trucks that will be participating:

Mother Smokin' Good Jahmerican Jerk Food Truck

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Easter Egg Hunt and Brunch

The Activities Department and The Country Club of Hilton Head would like to invite all Plantation children ages 12 and under to participate in an Easter Egg Hunt and Brunch on Saturday, April 8, at 9:00 a.m. The Easter Egg Hunt will take place at the Surrey Lane Ball Fields but in case of inclement weather, the event will be moved indoors to the Spring Lake Pavilion. Parents – don't forget to bring your cameras because the Easter Bunny will be there to take pictures with the little ones.

MOTHER SMOKIN' GOOD!

Date: Saturday, April 8

Time: 9:00 AM
Cost for Brunch & Egg Hunt: \$32/adult

\$22/child (12 and under)

Cost for Egg Hunt ONLY: \$10/child (12 and under) Easter Egg Hunt ONLY

Place: Easter Egg Hunt - Surrey Lane Ball Fields

(Bad weather – Spring Lake Pavilion)

Brunch - The Country Club of Hilton Head

Deadline: Friday, March 31
Questions: Jen at 843-681-8090

If interested, please sign up with Jen at the Plantation House. Payment is required at time of reservation. ALL PAYMENTS AND/OR CHANGES TO RESERVATIONS MUST BE MADE BY THE DEADLINE – FRIDAY, MARCH 31. Please note: Refunds will NOT be given for "No Shows." Anyone interested in attending the brunch please remember NO DENIM allowed.



Hatha Yoga Class - New 6-Week Session

The Activities Department is excited to introduce another 6-week session of Hatha Yoga taught by Mary Montour. Hatha yoga combines a gentle asana (posture) practice that emphasizes core strength, flexibility, balance, concentration, and breath control. Mary feels alignment is key to staying safe and getting the maximum benefit from the poses. Mindful, slow flow coupled with the breath and longer holds compliment the active alignment cues. Props will be utilized to help with alignment so students of all abilities can participate. Restorative poses and meditation close out the class. This class is suitable for students that are newer to yoga with some yoga experience, as well as experienced students interested in a lower intensity flow and refinement of alignment.

Classes will be held on Wednesdays at the Spring Lake Pavilion from 2:30 – 3:30 PM. The session will run April 5 – May 10, and the cost is only \$40/person for the entire session.

Dates: Wednesdays,

April 5 – May 10

Time: 2:30 – 3:30 PM

Place: Spring Lake Pavilion

Cost: **\$40/person**Instructor: **Mary Montour**

A maximum of 20 participants are permitted to sign up for this class. For questions, call the Scheduling Office at 843-681-8090.

Qigong Class - New 6-Week Session

Qigong (chee gong) is an ancient Chinese health care system that was developed before the written word in Chinese monasteries, hospitals and imperial courts. It integrates movements, breathing techniques, focus attention and self applied massage. Qigong means cultivating or working with energy and is practiced for health maintenance, increased vitality and inner peace. Our instructor, Bénédicte Gadron, will be teaching a six-week session beginning Monday, April 17. Classes will be held on Mondays at the Spring Lake Pavilion from 4:30 – 5:30 PM. The new class session runs April 17 – May 22, and the cost is only \$40/person for the entire session. If interested, please sign up with Jen at the Scheduling Office. Questions? Call 843-681-8090.

Dates: Mondays

Time: Place: April 17 - May 22 4:30 - 5:30 PM Spring Lake Pavilion

Cost: \$40/person

Instructor: Bénédicte Gadron

Qigong's great appeal is that anyone can benefit from practicing it, from the very young to the very old. The movements are easy to learn. They can be performed standing or sitting and can be adapted for physical limitations. No special equipment or clothing is required. A minimum is needed in order to have this class so sign up today!

Universal Fitness Classes

Program	Instructor	Date/Days	Time	Place	2023 Fees
Low-Impact Aerobics	Louise Lund	Mon. Wed. Fri.	8:30 - 9:30 AM	SLP	1 ticket - \$7.00
Total Body Conditioning	Louise Lund	Mon. Wed. Fri.	9:30 - 10:30 AM	SLP	10 tickets - \$65.00 20 tickets - \$120.00
Chair Yoga	Gayle Caporale	Mondays	3:00 - 4:00 PM	SLP	30 tickets - \$165.00 40 tickets - \$210.00
Country Line Dancing	Jackie Spindel	Mon. & Wed.	5:30 - 6:30 PM	SLP	
Pilates	Holly Wright	Tues. & Thurs.	8:30 - 9:30 AM	SLP	*Please wear athletic shoes to the Country Line Dancing Class.
Core, Strength, & Balance	Louise Lund	Tues. & Thurs.	9:45 - 10:45 AM	SLP	Line Banoing Glass.
Gentle Yoga	Gayle Caporale	Tues. & Thurs.	5:30 - 6:30 PM	SLP	

You must use a 2023 Universal Fitness Ticket in order to attend the above classes. Tickets are available for purchase at the POA Service Center and the Plantation House.

Cooking Live Program

Just a reminder for those signed up for our Cooking Live classes – the schedule is as follows:

March 15	Chef Adam Marshall w/
	Nectar HHI (SOLD OUT)
March 22	Chef Sean Carroll w/ Links
	(The Sea Pines Resort)
	(SOLD OUT)
March 29	Chef Alan Ford w/ Poseidon
	(SOLD OUT)
April 5	Owner/Operator Mary Kay Gill
	w/ Chefs for Seniors/Hilton
	Head (SOLD OUT)
April 19	TBD (SOLD OUT)
April 26	Chef Michael Garcia /
	Lucky Beach Bar & Kitchen
	(SOLD OUT)

All classes will be held at the Spring Lake Pavilion on Wednesdays at 11:00 AM. Every class is currently SOLD OUT. If you would like to add your name to the waiting list for a particular date, please contact Jen at the Scheduling Office at 843-681-8090.



Knife-Sharpening Events

Tired of having dull kitchen knives to work with? Well, here's your opportunity to get your knives and scissors sharpened as the Activities Department will be teaming up with Tom Stevens of Sharper Edges on **Monday**, **March 20** and again on **Monday**, **April 3**, to offer two separate Knife Sharpening Events. There will be limited appointments available (ONLY 25 spots per day) so reserve your spot today by calling Jen at the Scheduling Office at 843-681-8090. Those who have made an appointment will be asked to drop off their knives at the Plantation House from 8:30 AM to 11:00 AM on the day of their appointment.

Please bring items wrapped in a towel or market bag so Tom can easily keep things organized. Also be sure to leave a good contact number with Tom as he will text or call you when your items are complete and ready for pick up later that same day. There is a maximum of 5 items per RSVP, with a minimum of 3 items, but scissors can be additional to the 5 items. Dull edges are dangerous! So, we want you to have happy, sharper edges.

Items sharpened:

Knives, scissors/shears (both household/fabric/industrial and stylist/groomers), and garden implements (clippers, loppers, etc.).

Tom will take scissors with him to sharpen, and then he will deliver/return them the next day.

Pricing:

Pricing is variable as Tom will need to view the items. You will pay him directly. Kitchen knives average about \$15 each, though it varies with length, condition of edge, broken points, etc. Garden clippers and loppers range from \$5-\$20+, again dependent upon condition of edge, length, etc. Household scissors approximately \$15+, stylist/grooming shears \$35+. Bring your items and Tom will assess them. Cash, Checks and Credit Cards are accepted - Cash is king.

Tom's background information: Tom has been hand sharpening his own and family/friends' knives since he was 13 years old. He has advanced to a nifty belt sharpening system, and he is at a whole new level! He has been doing Sharpening Events and Farmers Markets on Hilton Head Island, Bluffton, and Port Royal since last summer and getting great results and many repeat customers.

April Art Classes with LeAnn

Painting All Things Hilton Head

In honor of our Island's RBC Heritage, the focus of April's art sessions will be **PAINTING ALL THINGS HILTON HEAD**. That means YOU choose what YOU would like to paint as long as it has even a smidgeon of a connection to HHI – an abstract work inspired by a colorful sunset, the egret on the banks of the lagoon, sandpipers (or Grandkids!) on the beach, your resident feline or canine, finishing work from a previous class...the options are endless. It's YOUR choice! This is the



opportunity while under the guidance of LeAnn Kalita to put into practice lessons learned, try a new technique, or finally bring to life that incredibly special idea. During these sessions, questions and concerns will be addressed so there will be plenty of discussion and lots of individual instruction. Acrylic and watercolor painters of all levels welcome.

When: Thursdays, April 6 & 13
Time: 1:00 PM - 4:00 PM
Place: Spring Lake Pavilion

Cost: RBC Heritage Special Offer – 2-Class Package is \$75/person

OR \$49 for the half-day class

If interested in signing up for any of LeAnn's classes, please stop by the Scheduling Office. Your check or cash payment IS your reservation. For questions, call 843-681-8090 or contact LeAnn Kalita via email: kalitart@gmail.com.

To see some examples of LeAnn's work, check out her website at www.leannkalita.com.

"Taxes and Retirement Income" Seminar

The Activities Department will be teaming up with SOLE Financial Group on Tuesday, April 4, at 10:00 AM at the Plantation House to offer a FREE seminar on "Taxes and Retirement Income."

Topics that will be covered include:

- · How to determine "your number" to provide you with a reasonable retirement income.
- A basic overview of the tax rules as they apply today.
- · Why many people are unsuccessful in providing enough income for their retirement.
- · Preparing for a retirement where: "Every year, everything you need to buy will cost more."
- · Why some past investment strategies for retirement in come have not worked well.
- · Possible tools and strategies available to retirees to help develop a retirement tax strategy.

Tuesday, April 4 Date: Time: 10:00 AM

Place: **Plantation House**

Cost:

Presenter: **SOLE Financial Group** Jen at 843-681-8090 OR RSVP:

By email: scheduling@hhppoa.org

The seminar will conclude with a Q & A period at the end. Light refreshments will be provided. To register, please call Jen at the Scheduling Office at 843-681-8090 or email: scheduling@hhppoa.org. Seats are limited so sign up today!

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Attendees of this workshop and other workshops should always take the time to research the firm and its financial advisers as wells as the products being offered before opening an account or making a purchase. The Securities and Exchange Commission (SEC), FINRA, the products being unered userine opening air accounts in manage participate. The Sections are already commission (see a manage commission to a manage commission to a manage commission and investigating a broker or other financial professional before investing. The presenter of this information is a registered representative of GWN Securities, inc. and/or independent insurance agent. The presenter of this information is a registered representative of GWN Securities, inc. and/or independent insurance agent. The presenter of this information is a high information presented at the semiliar is not related to, endosated by not connected with and not approved by any Government Agency or organization. Although the seminar is providing information of value to consumers, the seminar is a solicitation for investment products.

Brain Boosters Class

The Activities Department is excited to be partnering with Memory Matters to offer Brain Boosters, a three-week brain-wellness course for active adults that promotes positive lifestyle strategies for improved brain health.



The three-week course will be held on Mondays in May -May 8, 15, and 22 – and will take place from 9:00 – 11:00 AM at the Plantation House. Cost is \$105/person, which includes a manual and other resources. Class will be limited to 24 participants. The facilitator for this course will be Melissa Dalton, Certified Dementia Dialogues instructor and volunteer with Memory Matters.

Mondays, May 8, 15, & 22 Dates:

9:00 - 11:00 AM Time: Place: **Plantation House** Cost: \$105.00 per person Instructor: Ms. Melissa Dalton

Questions? Call Jen at 843-681-8090

If interested, please register with Jen at the Scheduling Office. You MUST pay by check or cash at the time of registration.

KIDS KAMP

Established in 1987, Kids Kamp has grown to accommodate more than 300 of our Plantation's children each summer. Based at the Spring Lake Recreation Area, our expansive Kamp grounds provide a safe and comfortable environment where Kampers can play, learn, and grow together. Children are grouped according to age and grade. Each group's Counselor Team plans the daily activities according to a weekly theme and the group's ability. Previous Kids Kamp weekly themes include "Color Me Crazy Week," "Blockbuster Blowout Week," "Retro Revival Week," and "Beat the Heat Week." On Wacky Wednesdays, all Kids Kampers and staff show off their creativity by dressing according to the theme. On Fridays, the entire Kids Kamp comes together for a special event to wrap up the week with an exciting themed activity. Regularly scheduled activities include swimming, arts & crafts, field games, and fishing. Cooking and music/puppets are also incorporated into some group schedules. Counselor to Kamper ratio = 1:10. You may register your child at the discounted PRE-REGISTRATION rate, beginning Wednesday, March 1, at the POA Service Center for the entire Kamp (8 weeks) or for one or more weeks. Last year we closed registration at the end of March because of our high enrollment numbers. We will be doing the same this year if we reach our maximum numbers for each week. Please sign up early!

9:00 AM - 1:00 PM; Monday - Friday Time/Days:

Pre-Registration: March 1 - March 31 at the POA Service Center Begins April 3 at the POA Service Center Registration:

(ONLY if spots are available) Full Session - \$100.00 per child; Non-Refundable Deposit:

Weekly - \$50.00 per child

Will be available on Wednesday, March 1, at Applications: the POA Service Center or Plantation House.

Children who will enter Kindergarten in the fall Age/Grade Requirement: of 2023 or who are five years old by November 1,

2023, to children who will enter 8th grade in the fall 2023.

Must be a child, grandchild or relative of a HHP Eligibility:

property owner or resident.

Week 1: June 12 - June 16 Week 5: July 10 - July 14 Week 2: June 19 - 23 Week 6: July 17 - July 21 Week 3: June 26 - June 30 Week 7: July 24 - July 28 Week 4: July 3 - July 7 Week 8: July 31 - August 4 (No Kamp July 4)

(No really day ly						
Fees	FULL Session		weekly		week #4	
	1 Child:	\$560	1 Child:	\$120	\$95	
Pre-	2 Children:	\$925	2 Children:	\$225	\$180	
Registration	3 Children:	\$1,135	3 Children:	\$330	\$270	
March 1 - 31	4 Children:	\$1,340	4 Children:	\$440	\$355	
	5+ Children:	\$1,545	5+ Children:	\$545	\$445	
	1 Child:	\$620	1 Child:	\$130	\$110	
Registration	2 Children:	\$985	2 Children:	\$245	\$205	
Beginning	3 Children:	\$1,195	3 Children:	\$365	\$300	
April 3	4 Children:	\$1,395	4 Children:	\$480	\$395	
	5+ Children:	\$1,605	5+ Children:	\$600	\$500	

If you take advantage of the Pre-Registration enrollment period by paying the Non-Refundable Deposit, the balance will be due by Monday, May 1. If you do NOT pay your balance by May 1, you will lose the discounted price rates and you must pay the HIGHER regular registration rates.

Rock, Roll & Release with Foam Rolling – New 6-Week Session

The Activities Department is excited to be offering another 6-week session of a new Foam Rolling Class with Gayle Caporale on Thursdays starting in April. Foam rolling is a form of self-massage that uses body weight in conjunction with a foam roller to apply pressure to tight tissues. We can use the foam roller to help improve mobility of the muscles and connective tissues to allow the nervous system to activate our muscles more efficiently. Essentially, you roll your muscles, and it helps them function better in the same way that a massage would. Using a roller just allows you to get to all the hard-to-reach areas of your body without requiring the assistance of another person.

The benefits of Foam Rolling include:

- · Increased range of motion
- Increased blood flow to a specific area
- Reduced pain and stiffness
- Increased hydration through compression and release
- Elimination of toxins
- Improved nerve signal flow
- · Break up of trigger points

Areas of tissue in your body can become thickened or inflamed due to injury, a sedentary lifestyle, and repetitive movement, such as from cycling or running, or lack of appropriate stretching. The deepest layers of tissue often can be reached with a combination of yoga and foam rolling.

Dates: Thursdays, April 6 – May 11

Time: 4:00 – 5:00 PM
Place: Spring Lake Pavilion

Cost: **\$40/person**Instructor: **Gayle Caporale**

If interested, please bring your \$40 payment to the Scheduling Office to reserve your spot today. For questions, call Jen at 843-681-8090.

WHAT YOU NEED: A YOGA MAT AND A FOAM ROLLER. (THE FOAM ROLLER MUST BE AT LEAST 36" LONG AND 6" IN DIAMETER.) The instructor has a Rehabilitation Advantage high density round white foam roller, 36", from Amazon, and it cost \$18.75. Gayle is not aware of any retailers locally that have foam rollers that are 36" long. A medium density foam roller is better to begin with. Again, on Amazon the Yes4ALLPremium Medium Density Round PE Foam Roller for physical therapy, 36", is \$19.95. It is not recommended to use a roller that has a bumpy or textured finish.

WILDLIFE SAFETY REMINDER

Please be mindful of our alligator and wildlife population on Hilton Head Plantation. HHP is home to alligators, six venomous snakes, coyotes, spiders, etc. Most alligators have a healthy fear of humans. If you suspect and can identify an alligator demonstrating aggression towards humans, please report it to Security so they can investigate and determine if the alligator is indeed aggressive.



Notice

Your interactions with members of the Security Department and the POA Staff may be recorded.

Fusion Fitness – New 6-Week Class with Mary Grogan

The Activities Department is excited to be teaming up with fitness instructor, Mary Grogan, to offer a NEW fitness class this spring. Fusion Fitness is a fusion of Pilates and light weights for all levels. The goal is to empower you to tone, strengthen and move your body with confidence, strength, and



awareness. All sports will be enhanced as you improve your posture, balance, increase energy, and decrease stress. Participants should bring a mat, water, and a set of light weights (2-3 lbs.).

This new 6-week session will be offered on Wednesdays in the evenings from 6:45-7:45 PM at the Spring Lake Pavilion (upstairs) starting March 22 and continuing through April 26. Not sure if this class is for you? Come and join us for a FREE TRIAL CLASS on Wednesday, March 15, at 6:45 PM

Interested participants need to sign up with Jen at the Scheduling Office for the free class because waivers must also be signed beforehand.

Dates: Wednesdays

March 22 – April 26
Time: 6:45 – 7:45 PM
Place: Spring Lake Pavilion

Cost: **\$40/person**Instructor: **Mary Grogan**

A maximum of 20 participants are permitted to sign up for this class. For questions, call the Scheduling Office at 843-681-8090.

REMINDER

Looking to use the outside space at the Spring Lake Pavilion (i.e. picnic tables, grill, fire pit)? Give Jen in the Scheduling Office a call. It's a first come, first serve space, ONLY if the building isn't rented or being used by a club.