

Volume 37/Issue 7 - July 2023

# HHP Security Department Keeping Your Community Safe









We would like to highlight and appreciate the HHP Security Department for helping to maintain a safe community for our property owners. Our officers greet you and your visitors at the gates, patrol our streets, and complete medical assists. They respond to thousands of calls regarding animal complaints, including removing alligators from pools and front porches. They will help you if you run out of gas on property, jump start your car, put air in a low tire, or check your home while you are away.

We are incredibly blessed to have such a fine group of officers assisting our community and providing such an expansive list of services to all of you as residents of HHP.

Thank you to our incredible Security Team:

Director & Deputy Director: W. Gaither, V. Green, First Shift: Lt. T. Busby, Sgt. J. McClay, Sgt. T. Weeks, Cpl. A. Pinckney, P. Heyward, Off. L. Kornstadt Jr., Off. P. Sanchez, S. Smith, Off. Brooks Second Shift: Lt. S. Blackshear, Sgt. M. Passamano, Cpl. M. Howard, Off. S. Knowles, Off. J. Arzu, Off. E. Wright, Off. D. Marshall, Off. S. Zahn, Off. J. Marchioni, V. Ford Third Shift: Lt. T. Harrell, Sgt. W. Bruce, Off. C. Spears, Cpl. C. Olson, Off. D. Mortensen, Off. K. Rahmlow, Off., Cpl. Part Time: PFC. A. Williamson, Cpl. P. Story, Off. J. Anderson, and Pfc. G. Hall III

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Property Owner's Association 7 Surrey Lane - PO Box 21940 Hilton Head Island, SC 29925 Tel. 843-681-8800 Fax 843-681-8801 Hours: Mon.-Fri. 8:00 AM - 4:30 PM www.hiltonheadplantation.com

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Vice President				
Secretary	Lori Schmic	dt		
Treasurer	Jon Heron			
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Security Directo	r			
Major Warren	Gaither	843-681-3843		
Tennis Pro	Scott	843-681-3626		
Trevor S	scott	043-081-3026		

#### Important Phone Numbers

POA Service Center	843-681-8800
Accounting	Ext. 236
Communications	Ext. 244
Covenant Enforcement	Ext. 242
Maintenance Shop	Ext. 241
Tennis Hotline	Ext. 290
Vehicle Decals	Ext. 223
Dolphin Head Building	843-681-8019
Plantation House	843-681-8090
Scheduling Office	843-681-8090
Spring Lake Pavilion	843-681-3707
Spring Lake Pool Information	843-689-6473
Spring Lake Tennis	843-681-3626

#### Security & Emergencies

Dispatch (24 hours)	843-681-2459
Pass Line (24 hours)	843-342-9980
Security Office	843-681-3053
Fire & Ambulance	Dial 911

# From the President's Desk /

Summer has officially arrived, and with it, the increase in traffic, challenges to making a restaurant reservation, and the overall annual surge in tourists to the island, family and friends to our homes, all anxious to enjoy our great beaches, golf courses, tennis courts, fishing, and the Island vibe. We should not forget that while the two to three million visitors change our daily lives during this season, they also significantly help fund our overall daily lives by providing a revenue stream of Accommodation Taxes (ATX) and Beach Preservation fees (BPR) to the town as well as other taxes that contribute to maintaining our lower taxes. So let's do our best to treat them respectfully and courteously- some may even become neighbors one day.

While our June concert was unfortunately canceled twice due to the weather, our July 4th celebration – HHP Day was well attended, with something for everyone in the way of fun. And to the many who volunteered to staff the games, judge the parade, take a "dunk," etc.- Thank You!!

In 2022 the Town expanded its managed beaches to include Pine Island and the associated barrier beach, which extends from Dolphin Head to the island, and continues to be threatened by chronic erosion. During the past month, we had the opportunity to meet with the Town consultants and staff to review the consultant's Pine Island Beach and Dune Management Preliminary Feasibility Study and recommended a plan for additional restoration and implementation of a stability plan for the future. The plan assumes/includes implementing our recently submitted request to scrape the sand at the southwest end of Pine Island and use that sand to renourish the beach. The Board has reviewed the consultant's report and supports the recommended plan, which would ultimately include implementing shore stabilizing structures to provide more reliable stability to the barrier beach and reduce the amount of sand needed to maintain the entire beach system in the future.

The Dolphin Head project continues to move forward; the playground is complete (but not ready to be used), the picnic area and basketball/pickle ball court is in place, and the building, as well as walkways, are all on schedule for a mid-September opening. The Board and management continue to meet with our contractor to monitor progress and address day-to-day decisions. Please be patient and as it has been communicated previously, for your safety and to avoid unintentional damage to in-process work, do not enter the construction site.

On behalf of the Board, we wish you a relaxing summer filled with unhurried time and wonderful memories.

The following resources are the best way to stay reliably informed about the HHP issues/event/activities:

- Read Plantation Living, online or hard copy delivered to your mailbox
- Attend Coffees with Peter, an opportunity to hear first-hand what is happening and ask your own questions
- Enroll for e-mail blasts
- Communicate with the Board:
  - E-mail- board@hhppoa.org
  - Letter to the POA Service Center
  - By phone 843-681-8800 Ext 9
- Visit our website (<u>www.hiltonheadplantation.com</u>) for board meeting meetings and available forms and documents.

-- Ed Schottland Board President

# A letter from our General Manager

#### August 3rd Coffee with Peter

Our Summer Coffee will be held on **Thursday, August 3, at 2:00 PM at the Plantation House**. This meeting is a little out of sync as our usual July Coffee is traditionally scheduled for the last week in July. The deviation is to accommodate our Guest Speaker's schedule. State Senator Tom Davis will be our Special Guest and will update all attending on various events in Columbia, including pending legislation and funding for the Bridge and 278 Corridor project.

#### Alligators

Please be mindful of our alligator population. Most alligators have a healthy fear of humans. If you suspect and can **identify an alligator that is demonstrating aggression towards humans, please report it to Security so they can investigate and decide if the alligator is indeed aggressive**. If it is found to be aggressive, the alligator will be removed and euthanized. The Department of Natural Resources does not permit aggressive alligators to be relocated. Parents, please do not allow your children to fish or venture near a lagoon without proper adult supervision. We have hundreds of alligators within HHP, and they were here long before humans arrived on the scene. Please exercise caution and common sense.

Do not harass or feed the alligators. If you feed an alligator, you are sentencing that alligator to death. We do not want alligators to associate humans with a food supply. Please pass this information on to your visitors and guests.

If you have an Alligator situation, for example: you find Mr. or Ms. Gator in your open garage, your pool taking a dip, at your front door trying to solicit your attention, or basking in the sun on your driveway or front lawn, don't panic! Call HHP Security at 843 681-2459. Our Security Officers are trained to move Mr. or Ms. Gator to a lagoon or other natural area.

#### 278 Bridge and Corridor Project

As you may be aware, representatives of the HHPPOA Board spoke at a Town Council meeting in May to emphasize the need for this project from the standpoint of getting folks to work, attracting workers at a reasonable wage, and the productively lost every time traffic backs up on the bridge. The HHPPOA Board continues to emphasize to our elected officials that this project needs to move with a greater sense of urgency by the Town. The Town is in the process of commissioning another independent consultant to study the traffic from the Moss Creek Light to the Sea Pines Traffic Circle. Once the consultant has been identified, it will take until the end of 2023 to get the consultant's recommendations.

#### Pine Island Beach Renourishment Permitting

This topic was addressed at the May 25 Coffee with Peter in detail with pictures to demonstrate exactly what the project entails. It is a Sand Scraping Project. For whatever reason, DHEC likes the moniker "Navigation Project," as the sand we are applying to scrape is next to the Park Creek Channel at the

mouth of the Creek. Contrary to some assertions, the POA is not seeking a permit to dredge the length of Park Creek.

The PowerPoint for the May 25 Coffee is still posted on the HHPPOA Website and includes a graphic as to exactly where the sand will be removed and placed. It notes sand will only be scraped on Pine Island at the southwest corner adjacent to the mouth of Park Creek.

We have successfully performed this same project on three different occasions with a positive impact on the Pine Island Isthmus and the protection to the marsh.

A property owner whose property backs to the marsh was able to obtain a permit for a dock. That permit was beyond the Board's authority to stop, and although we object in principle, we have no legal standing to prohibit such installations. That occurrence provided a nexus for some concerned property owners to think, due to the name of the project, that we were dredging the length of Park Creek, which would have potentially encouraged more docks to be built. We are not seeking a permit to dredge the length of Park Creek. Park Creek is tidal, as you may be aware and is also a vital stormwater management outfall for much of HHP including all of the homes that border the marsh. Our project is designed to restore the Pine Island Isthmus so it does not breach and bring the waters of the Port Royal Sound into the Marsh in a far more influential and destructive manner. The POA's project first and foremost protects the pristine nature of the marsh, second maintains a land bridge to Pine Island, and third maintains the Pine Island Isthmus in a cost-effective manner. All property owners cherish this area and the POA is attempting to not only preserve a land bridge to Pine Island, which is one of the most popular HHP amenities, it is designed to protect this valued ecosystem.

#### **Dolphin Head Renovation Project**

The Dolphin Head Project continues to move along. A progress meeting was held with Nix's Construction, a representative of Wood+Partners, POA Staff, and Board members Ed Schottland and Jon Heron on Thursday, July 6. Work on the playground's pour and play resilient surface has been completed. As you may be aware, three boys trespassed into the locked work area and damaged the uncured resilient playground surface. Surveillance cameras monitor this area; consequently, the three boys responsible for the damage came forward with their parents. They will be held accountable for the damage and appropriate restitution. The damage has been repaired.

Work on the interior of the new Dolphin Head Rec building continues. The interior of the building has been drywalled and after the final adjustments by crews with HVAC, electrical, fire suppression, and IT are completed, the drywall will be taped and plastered in preparation for sanding and paint. The trellis for the event lawn has been built, and much of the new pathway system has been roughed in. Crews are also working on the new Pine Island Boardwalk and Beach parking area. The Picnic Shelter has been framed and is just waiting for the metal roof to be installed. We continued to be advised that a completion date in late September is being calculated. Staff is not taking any reservations for this facility until after the project is completed. Once we have obtained all the required

# **General Manager's Report**

#### (cont'd. from page 3)

certificates of completion, the POA has scheduling priority, then the clubs and then any open dates can be applied for by property owners for private rentals.

The Dolphin Head Memorial & Honorarium Program is in full swing. We have already received commitments from various families who are interested in donating the following: five (5) benches, three (3) picnic tables, four (4) Adirondack chairs, and one (1) grill.

We still have three (3) more picnic tables available, as well as two (2) more Adirondack chairs. Other outdoor items include one more grill, four (4) bike racks, the foot/dog washing station, the firepit, and swing trellises, among other items. The total amount of donations that have been submitted so far (this includes the purchase of outdoor items PLUS general contributions) is over \$30,000.

# **Do you know where your children and grandchildren** are?

We ran this same information in the June edition of Plantation Living, and it bears repeating as we have young people venturing into areas that are off-limits. With the warmer weather here and school out for the summer, some young people can get into mischief. Seemingly harmless pranks and others that are downright destructive and dangerous can quickly escalate. Such activities include but are not limited to ringing doorbells and running away, egging or toilet papering homes or vehicles, damaging mailboxes, trespassing into the Dolphin Head Rec work zone, etc. On occasion, young people have donned camouflage gear and carried realist-looking pellets and BB Guns, removing or painting the orange plastic tip that may be the only thing that distinguishes the weapon from the real deal at a distance.

All these situations are destructive, dangerous, and potentially lethal as individuals encountering such behavior and/or situations may overreact. Many property owners have legal firearms in their homes. Please talk with your children and grandchildren about such behavior and potentially placing themselves in harm's way. Back in the day, an old New York City TV Station asked during evening commercial breaks, "Do you know where your children are?" If you encounter such activity, please call Security at 843-681-2459.

#### **Hurricane Season**

Hurricane season is here; please check out the Hurricane Preparedness information on our website hiltonheadplantation. com. You can find this valuable information under the Security button on the site's main page. Hard copies of the Hilton Head Plantation Hurricane Preparedness Guide are also available at the POA Office. Several updates have been made to the guide based on our experience with Matthew, so please secure an updated copy of this important document. We learned several valuable lessons from past Hurricanes Dorian, Irma, and Matthew.

The most critical lesson is: Do not expect or depend on the State or the Federal government to do everything for you immediately following a hurricane. These government agencies should be focused on the most needy and vulnerable in our community. As we all know all too well if we are (God Forbid) hit with a hurricane again, those who are able need to be as self-sufficient as possible for as long as possible. Our three-fold communication approach worked well (HHP website, email blasts, and 800 number Hurricane Hot Line. Flooding, which has always been depicted on our hurricane category maps, is a reality, and every storm is different. That means proper preparation, adequate food, clothing, medical supplies for you and your family members. Please read over the guide and prepare accordingly.

Please jot down this special 800 number that has been set up for HHP residents and keep it with your hurricane evacuation kit **1-877-264-5267**. We have set up this number to dispense hurricane evacuation information as well as reentry information. Being prepared is key; please take a few moments to review the information available on our website and prepare your household.

#### Weapons

Many property owners lawfully keep weapons in their homes. If you own a weapon, you have a special responsibility to handle your firearm in a safe manner so as not to endanger yourself or those in your household. Weapons not in use should be stored in a safe or trigger locks should be employed to prevent an accidental discharge of such weapons. Firearms should be kept well away from children or adults that do not have the expertise and, in some cases, the capacity to handle such a weapon safely.

If you travel with a weapon in your vehicle, it should be locked in your vehicle. Leaving a weapon in plain sight in a vehicle is an invitation to those with ill intent to take your weapon and use it for criminal purposes. Again, owners of firearms have a duty of care to secure their weapons and keep them from falling into the wrong hands.

The discharge of a firearm is prohibited on common property within Hilton Head Plantation. The Town of Hilton Head Island also has an Ordinance that prohibits the discharge of a firearm anywhere within the Town Limits. The exception is a Law Enforcement Officer or Security officer in the performance of their Duties.

If you own a firearm, you have a further obligation to get the necessary training to handle and care for your firearm. If you have a question about a firearm you own or may have in your home, please call HHP Security 843-681-3053; they will be happy to assist you.

#### **Irrigation Systems**

Please use your home irrigation systems responsibly. 40-50% of our potable water goes toward irrigation of landscaping. Please use irrigation for landscaping sparingly and consider turning off your irrigation system during periods of rainfall or installing a rain sensor on your irrigation system that will automatically turn off your system when there is sufficient natural rainfall.

Stay Safe, Peter Kristian, GM

# "Harry G. Heron" Your Master Covenants Bird "This month's compendium- Kids Kamp, Safety Pays for everyone and your pocketbook."

Please help me, along with my human Kamp Counselors, keep a safe community for all fledglings. Keeping our brood safe while traveling requires preparation and a lot of common sense. If you are driving, especially on roadways frequented by our flocks, always look out for pedestrians and the occasional alligator, strolling Heron, or those pesky squirrels! It is likely you or your human offspring will be a pedestrian at some point in the day. So please leave home with a little extra time to arrive at your destination and prepare for a small delay in traffic. Be on high alert, and exercise patience. When driving the roadways help contribute to a safe community by focusing on driving and refraining from distracted and aggressive driving. Put your cell phones down while driving! Travel at the posted speed limit to help maintain a safe environment for everyone. Pay attention to what is going on around you. Working together motivates everyone to be at the top of their game, eases tensions, and creates a greater sense of community.

An HHP crossing guard plays an important role in the lives of fledglings who walk and bike to Kids Kamp. Their presence reassures parents and reminds drivers to yield to pedestrians. Moreover, they serve as a role model for the fledglings they protect. Safety is everyone's responsibility! Drivers must watch the crossing guard and wait until the crosswalk clears all humans (the occasional alligator or strolling Heron). Drivers must wait to see when the crossing guard has given the allclear before proceeding. The HHP crossing guards are some of the most important people keeping us safe. One of the biggest worries for any parent is keeping their offspring safe.

I have received many complaints regarding the parking of trailers overnight in driveways. Residents are not permitted to give a contractor permission to park trailers or any heavy equipment overnight. All work material must be removed from private property at the end of the working day. Parking of a commercial vehicle owned by a resident is only permitted on the paved surface of the owner's lot between 7:00 AM - 7:00 PM and on weekends and holidays only if the commercial equipment, lettering, or business signs are not visible. Remember, I have the eyesight of my avian cousin, the eagle, and can spot commercial lettering from 200 feet above the community.

Campers or recreational vehicles may be parked temporarily in a property owner's driveway for loading, unloading, and cleaning. However, my good friends at the POA office provide temporary RV parking spaces for residents and their guests for up to seven days at the POA Service Center compound. You can acquire a parking pass at the POA Service Center front desk. It is a good idea to call ahead in such situations so you can reserve one of the POA's temporary spaces.

The rules sound great when reading them in your nest; however, applying them in your everyday lifestyle can be a real challenge. Keep in mind that slow and steady always wins the race across the lagoon or any other course, for that matter. Harry believes in the old saying - "Efficiency is doing things right; Effectiveness is doing the right thing." All must purchase decals/daily work pass, including commercial Vendors/ Contractors or homebuilders providing proposals or conducting business and requesting entry to HHP. An Owner/Resident, who also



conducts business in the community, must always display both an Owner/Resident and a commercial decal on the vehicle windshield.

If the Owner/Resident drives a separate company-owned vehicle and returns to the community on business, then only the business decal is required.

Commercial Vendors/Contractors must purchase a commercial decal or day pass to enter the property to conduct business. Requirements are a Valid Driver's License, Current Vehicle Registration, or a Bill of Sale (on new vehicles, within 45 days of purchase) and Current Proof of Insurance. Commercial vendors/contractors are defined as individuals and/or companies (including HHP Property Owners/Residents) who sell products, provide estimates, repair appliances, provide home cleaning services, professional services, etc., who work in HHP. It is not uncommon to accidentally leave the house without your license. However, updating your vehicle's insurance/registration documentation is the driver's responsibility.

Sometimes expectations and responsibilities can be complex and not relatively easy to follow. Please permit me to give you my parsimonious overview of why adhering to guest pass and commercial pass rules hits you right in your pocketbook! Commercial passes issued daily, monthly or yearly account for over \$750,000 in revenue annually; this directly offsets your annual assessment and puts the financial responsibility on the individual using the service coming through the gate.

For what it's worth, here is my colloquial Heron wisdom - I advocate for exercising polite interactions and always erring on the side of safety. I know that sometimes tempers can run short, and some humans can rush to judgment in various situations. There are at times circumstances where two sides can be argued: one at fault and the other aggrieved. Both positions of the fault and aggrieved can and will run interchangeably depending on facts and perspective. Although often counterintuitive, we all need to take a breath, employ patience and emotional restraint, and give the other the benefit of the doubt.

> -- Harry Giovanni Heron 843-681-8800, ext. 242 wlee@hhppoa.org

# **2023 Spring Lake Pool Rules**

Swimmers assume responsibility for their own safety and that of their families. Lifeguards will not be on duty during all hours that the pool is open. The pool is equipped with a self-locking gate, an emergency telephone, and a first aid kit at the Guard Office. Report problems to Security – 843-681-2459. Also, DHEC will inspect for fecal contamination and other violations. If DHEC finds any contamination, they will close the pool immediately. Please be courteous and if you have a child that is NOT pottytrained, he/she MUST wear a secure-fitting, waterproof swim diaper at all times. For questions, please contact the Director of Activities at 843-681-8800, ext. 226. Thank you for your cooperation.

#### **Spring Lake Pool Regulations**

- 1. HHP Property Owners, their family members, guests, and tenants with leases of at least nine months may use SL Pool.
- 2. Spring Lake Pool users must present their validated HHP Photo ID Card to the pool staff when using the facility.
- 3. Property Owners, residents, and children 17 years and older, with validated HHP Photo ID Cards, may bring four (4) guests to the pool. Children 16 years old, with a validated HHP Photo ID Card, may enter the Spring Lake Pool; however, they are prohibited from bringing guests.
- 4. Guests, 17 years or older, with a validated House Guest Card may bring two (2) guests.
- 5. Spring Lake Pool users and their guests must adhere to a proper code of conduct and follow instructions from the lifeguards and pool attendants

# Appropriate conduct and rules include, but are not limited to, the following:

- Lifeguard approval of all floatation devices. (Floatation devices must be Coast Guard approved.)
- Using earphones with audio equipment.
- Placing trash in receptacles.
- Smoking is not permitted within the Spring Lake Pool compound at any time. (This includes e-cigarettes.)
- Wearing swimwear at all times.
- Showering prior to entering the pool.
- 6. Children age 15 years or younger MUST be accompanied by a parent/guardian (17 or older).
- 7. It is the parent's/guardian's responsibility to ensure that children not potty-trained must wear secure-fitting, waterproof swim diapers at all times. NOTE: Anyone found responsible for a fecal contamination at the Spring Lake Pool will be held accountable for the cost of treatment and be subject to additional sanctions. If the person responsible is not a property owner, the cost of treatment and other sanctions will be levied against the host Property Owner/resident.
- 8. The following is prohibited in the Spring Lake Pool enclosure:
  - No solo swimming
  - No animals or pets of any kind
  - No glass containers
  - No spitting, blowing nose, or individuals with skin, eye, ear, or respiratory infections, diarrhea illness, or nausea
  - No diaper changing on deck
  - No bikes, skateboards, skates, or rollerblades
  - No diving
  - No one with communicable diseases
  - No one with open lesions or wounds
  - No running, boisterous, rough play
  - No alcohol or drugs and no one under the influence of alcohol or drugs
- No rings, body floats, rafts, and other such devices
- 9. In the zero-depth area of the pool, infants will be permitted to use a baby ring as space dictates but they

**POA Information/HHP Clubs** 

MUST be under direct supervision of a parent/guardian at all times.

- 10. Safety breaks will be called at the discretion of the lifeguards.
- 11. Pool noodles are permitted but they are to be used for floatation only.
- 12. Coolers are permitted but they are subject to inspection. All food/drinks must be kept at least ten (10) feet from the edge of the pool. Alcohol is NOT permitted.
- 13. No climbing is allowed on the island in the middle of the lazy river.
- 14. Children wearing Coast Guard approved floatation devices in the lazy river or the deep-end area of the pool MUST be accompanied by a parent/guardian at all times.
- 15. Spring Lake Pool may not be used for personal profit or commercial purposes.
- 16. Lounge chairs, cabanas, tables and other pool equipment may not be reserved. They may be used on a first come, first served basis. Property Owners and guests should not leave personal items unattended. The HHPPOA accepts NO responsibility for any item left unattended.
- 17. Lifeguards and pool attendants have the authority to expel violators. They may also create and enforce other safety rules, as necessary.



# **HHP Softball Club**

Summer is in full swing, and our club has been doing likewise in the Monday morning practices. There are thirteen HHP residents who are members of Beaufort County Senior Softball that



play competitively in the county on Wednesday nights in the Spring and Fall. Any person interested in playing on the team may check it out on the team's website, at www.CSIHHI. com. We are also canvassing our members for participation in a series of "Home & Home" games against a team, The Legends, from Skidaway Island, Georgia. We have done it in the past (before COVID), and the games have been very competitive. The games will be played on selected Saturdays throughout the year. So, if you want to get back to playing some really good softball, come join the club and give it a go. Remember, Softball is Fun!

Bob (Bonzo) Huisman, President, HHP Softball Club 843-715-2516

modybloo@hotmail.com

# **Plantation Golfing**

by Jerry Cutrer

#### **Dolphin Head Golf Club**

The Dolphin Head Women's Golf Association held an "Invite a Guest to Camp Dolphin Head" tournament.

The DHGC ladies also played a "Mid-Season Scramble. Reigning Dolphin Head Women's Club Champion Gayle Peacock scored an eagle on Hole #16.



First Row - First Picture: (L-R) Camp DH 1st Place Team Laurie Johnson, Carolyn Cubley, Joyce Dalton & Ruth Larson First Row - Second Picture: (L-R) Camp DH 2nd Place Team Kathy Moody, Kate Keep, Joy Sions & Carol Jackson First Row - Third Picture: (L-R) Camp DH 3rd Place Team Julie Conley, Linda Meier, Amy Ramey & Laura Noonan First Row - Fourth Picture: (L-R) Camp DH 4th Place Team Annie Mellinger, Pat Carroll, Katie Devine & Susan Zeller Second Row - First Picture: (L-R) Camp DH 5th Place Team Carol Ells, Carol Montgomery, Cindy Kosty, Peggy Hamel Second Row - Second Picture: (L-R) Mid-Season Scramble winning team Linda Meier, Bonnie Short, Ruth Larson & Jo Friebley. Second Row - Third Picture: Gayle Peacock with an eagle of DH hole #16.

#### **Country Club of Hilton Head**

Seventy-four men and women golfers played in the annual CCHH "Member-Member Tournament" organized into six Flights of twoperson teams playing six holes each of Scramble, Better Ball of Partners, and Alternate Shot.

Twenty-four Women's Nine Hole Association members participated in the WNHA's "Golf is a Beach" event, with sand bunkers serving as the teeing ground for some holes and a luncheon following golf.



First Row - First Picture: (L-R) Member-Member Men's Flight 1 Winners Pat Cauller & Larry Strucken First Row - Second Picture: (L-R) Member-Member Men's Flight 2 Winners Mike Bonvisutto & David Jensen First Row - Third Picture: (L-R) Member-Member Men's Flight 3 Winners Bill Marett & David Walsh First Row - Fourth Picture: (L-R) Member-Member Men's Flight 4 Winners Harvey Varnet & Jack Fiala Second Row - First Picture: (L-R) Member-Member Women's Flight 1 Winners Linda Marett & Loretta Cutrer Second Row - Second Picture: (L-R) Member-Member Women's Flight 1 Winners Jacquie Yoerges & Janet White & David Walsh Second Row - Third Picture: (L-R) Golf is a Beach Winners Megan Rishel, Deb Nelson, Kathleen McPartland, Leslie Kuss.

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Fishing Club

The next Fishing Club dinner meeting will not occur until September, but some members are very active in our twice-perweek assistance at Kids Kamp,

where we help the Kampers in their fishing sessions. Our help is a big part of the enjoyment that makes fishing the most popular of all the Kamp activities. We meet Mondays and Wednesdays from 9:00 - 11:00 AM.

Thanks to those members of the Club that volunteered to help out at our very successful Low Country Boil. The boil would not be possible if the folks at Benny Hudson's Seafood store didn't loan the Club the large cooking vessel in which the dinner is prepared. This monster is too large to simply call it a pot. Hemispherical in shape, the vessel will hold 25 gallons



of water, which takes several hours to bring to a boil. The vessel was originally utilized on a U.S. Navy destroyer and was used to prepare food for a crew of more than 100 personnel.

Thanks also to the folks at Southern Drawl Outfitters, who presented an on-site Fly Fishing Clinic at no cost to the Club. Unfortunately, only eight Club members were present. Attendees all had some experience in fly casting, but we all had some corrections made to our techniques and added some distance and accuracy to our casts. We also count on Southern Drawl for our supply of the bait used at Kids Kamp. That doesn't sound like much, but ensuring a supply of alive-and-kicking worms isn't always possible. Alternate sources are not reliable and worm quality is poor.

This is the time of year when family visitors show up. One good place to take family (especially grandchildren) is the Port Royal Sound Maritime Center on Route 170 in Okatie. The Center is dedicated to the history of the Port Royal Sound area's Maritime Industries and Marine Wildlife. The museum is open Tuesday to Saturday from 10:00 AM to 5:00 PM (4:00 PM on Saturday). There is no entrance fee! Well worth the 25 mile trip.

#### - Earle Nirmaier

# **Party for One Club**

The summer fun continues for HHP's single ladies' group, Party for One!

Save the dates for our upcoming gatherings: Tuesday, July 18, 5:00 - 7:00 PM August – TBD Thursday, September 21, 7:30 - 9:00 PM

Advance registration is required. Monthly events are held at a member's home or nearby in our community. There's no fee to attend gatherings at a member's home; bring your beverage of choice and an appetizer for eight! Upcoming events include an evening at Kind of Blue and a Salty Dog Happy Hour Sunset Cruise.

The group also attends Pink Magazine's Partini events as well as other ad hoc group events here on the island.

For additional information on Party for One, contact Lesley Kyle: at 914-671-9524 (m)/lesley.kyle@gmail.com.

# **HHP Yacht Club**



# Hilton Head Plantation Yacht Club Learns About and Supports Our Environment!

Hilton Head Plantation Yacht Club (HHPYC) actively engages our residents to experience what Hilton Head has to offer and to learn about the wonderful area in which we live. But our beloved coastline is under constant barrage from weather, the environment, and mankind. Our Speaker Series and some of our events have brought our attention to the needs of Lowcountry charities and ways to preserve what we enjoy.

For example, last spring, HHPYC visited the **Waddell Mariculture Center**, where we learned about our coastal ecosystems and the effort to develop sustainable and environmentally friendly food production systems. In keeping with its mission, HHPYC donated to the Center to help with its research and upcoming projects. If you would like to help the Lowcountry, please visit the Community Foundation of the Lowcountry's website at cf-lowcountry.org to learn when, where, and how to volunteer or donate to various causes. Or visit:

#### **Coastal Discovery Museum**

The mission of the Coastal Discovery Museum is to plant the seed of discovery and awe, inspiring others to care for a place of rich history and abundant natural resources -- not only to care about but to take on the responsibility of caring for the Lowcountry.

#### **Outside Foundation**

The mission of The Outside Foundation is to get kids outside and protect and preserve our local environment.

#### **Port Royal Sound Foundation**

The Port Royal Sound Foundation's mission is to preserve the Port Royal Sound for the environmental, cultural, and economic well-being of our area.

#### Waddell Mariculture Center

The Waddell Mariculture Center works to preserve fishing resources for present as well as future generations.

Do you want to explore a unique maritime location? Is there a feature of the Lowcountry you have been anxious to investigate? HHPYC is busy planning our fall boating activities. If you have any ideas or suggestions, please contact us and let us know your ideas. The more people involved the more fun we can have. Consider joining HHPYC and take an adventure with us! Explore our website at HHPYC.org. All residents of HHP may join the Club. Social memberships are available for nonboat owners. Contact Membership@hhpyc.org for more information.

# Garage Band

The 'Garage Band' is a place for musicians (beginner to experienced) who want to play 'classics' that are rock, country, blues (and even pop). We have a good time playing music that people like to hear. Members are encouraged to bring songs for the band to



play. Everyone is encouraged to help the band get a set of songs together. SO, everyone come 'rock out' with us. The Garage Band wants YOU to come and listen, play, and/or sing!! Don't be embarrassed – it's like singing in the shower only with clothes on. WE REALLY NEED MORE HORNS. We meet almost every Wednesday of the month at the Plantation House from 7:00 until 10:00 pm – check the monthly activities calendar. For more information, you may contact Ric Blaine at 706-373-8204 (rcb3771@gmail.com). We'll play loud enough so you can hear us – maybe even in the parking lot! Please come on down and rock out. EVERYONE COME AND LISTEN!! COME INSIDE OR SIT ON THE DECK. BRING YOUR OWN BEVERAGE.

We now have an acoustic spinoff group that meets on various days at the Plantation House for those who enjoy playing soft rock, blues, folk, country, bluegrass, and standards. Anyone who plays an acoustic instrument is welcome, so bring your guitar, mandolin, flute, maracas, spoons, washboard, fiddle, or anything else you feel like playing, as well as your voice and your song ideas. Contact Carol at carolkajano@gmail. com for more information and to gain access to our current acoustic song list and schedule.

#### **Tuesday Ladies Bridge**

Openings are available in the Tuesday Ladies Bridge Group. Our group meets every Tuesday from 12:30 to 2:30 PM at the Plantation House to play intermediate bridge. If you are interested in joining us or would like more information, please contact

#### Gerry Jagen at gjagen@msn.com or Barbara Mainenti at mainentihhi@gmail.com

#### Wednesday Ladies Bridge

The Wednesday Ladies Bridge Group meets every Wednesday from 1:30 - 4:00 PM at the Plantation House.

843-341-9383

Lois Womelsdorf

# **Train Club**

This club is for anyone who has an interest in trains. Some of our members have extensive layouts, some have only a holiday display, and some have no trains, just like railroading in general. Members are modelers, history buffs, railfans, etc. Model train members have O, HO, and G gauges, to name a few. The club has a permanent layout in the Plantation House, both O-gauge and HO-gauge.

We provide running trains for some of the plantation functions, for example, July 4th, the Holiday Hayride, and the Children's Holiday Party. We provide assistance to anyone who needs help or just wants information about the hobby. Our club members



or guests do presentations on various train topics. Occasionally, we may visit another train club in the area, attend area train shows, or visit a train museum or a member's home.

Regular meetings are normally held at the Plantation House, at 2:00 PM, on the second Wednesday of the month from October to June.

Guests and new members are always welcome. Please consider attending.

For additional information, contact Bob Gluszik at **rgluszik@yahoo.com**.



We are deep into summer, and what better inspiration for crafters than our own gardens overflowing with flowers!

Pictured are two pillows sewn with a

"leaded" applique technique to create a traditional stained glass look to showcase these blossoms. Applique, or the process of attaching one piece of fabric to another, gives the crafter the freedom to add beautiful elements to their projects.

#### Are you a crafter who would like to join us?

We have two sales every year benefiting the Hospice Care of the Lowcountry. Our members have many different crafting abilities, and we always welcome new members, whether full or part-time. If you would like to join Crafters, get email updates on craft sales, or have donations

of craft materials, please contact either Margot Gilbert at 843-342-9996 or Deanna Collins at 843-689-3979.

Laurie Arnold arnold3909@yahoo.com



#### **Motorcycle Riders!**

The HHP Motorcycle Club meets monthly at the Plantation House. Riders and those interested in riding are welcome to attend to explore this new club. While we are not allowed to ride inside HHP, this club is for those that want to meet, get to know each other, and plan rides in the Lowcountry and beyond. You can also reach out to Dave Pirkey at 98flstc@comcast.net or 843-415-5344 for more information.



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Looking for an opportunity to get together with some of the men from HHP for some good old fashioned male conversation and a cup of

coffee? Well, join us every Thursday morning at Spring Lake Pavilion from 8:00-9:00 AM. We'll have the coffee, a bite to eat and lots of things to talk about!

If you have any questions or would like to get on our mailing list, please contact Ray Makalous at rmakalous@ gmail.com or John Prange at j2prange@gmail. com.



Look forward to seeing you there!

### **HHP Board Game Club**

Come join the fun and play exciting and fun board games! We meet the first Thursday of every month at 7:00 pm Downstairs in the Spring Lake Pavilion. Bring any games that you like (if you want). If you bring a game, it's better if you already know how to play! The group decides what games to play and everyone is included. Bring a friend! For more info and/or to be added to the mailing of



more info and/or to be added to the mailing list:

Contact Bill Leahy 404-232-5011 bleahy48@gmail.com

#### **Hilton Head Plantation Corvette Club**

We just returned from a 17-car cruise to the marine base on Parris Island. The cars were displayed in front of Barrow Hall while we went on a tram tour of the base with lunch at Traditions, an on-base restaurant. From there some of us continued to tour the museum. It was a great ride there and an interesting tour of the base.



Join us on Facebook at Hilton Head Plantation Corvette Club.

You may have heard the rumors, they are true. Our car club has no dues, meetings, bylaws or officers, just get togethers! To get on the emailing list contact Dale Pena at dpena1@yahoo.com or call 585-704-2386.



# HHP Dog Club

Hello Dog Folks, My husband and I just returned from a getaway to Greenville, SC, a



town with a dog-friendly reputation. The shops along Main Street welcome dogs inside; many have water bowls filled with fresh water at their entrances. We enjoyed perusing the stores that specialized in petrelated products and appreciated the outside seating available at most restaurants. In short, Greenville is a great destination for dog-lovers. In fact, when an evacuation is mandated, we always head for Greenville!

Alison Armeo, owner of Leader of the Pack, Dog Training School, will be our guest on Saturday, September 16 (rain date 9/23) at 10 am, PH lawn. Alison will answer your behavior questions and demonstrate training techniques. Bring your canine companion, a lawn chair, and a bottle of water to her presentation. The club will have bowls of water available for your pups.

Continue to save your old towels, blankets, dog collars, and other gear as well as unopened cans and sacks of dog food. We will collect all of it on **Donation for Dogs Day, November 4** — details will follow in future articles.

Want to join the dog club? We meet four or five times a year with presentations and demonstrations — all about canines. Some of our events include your furry friend; others do not. To join, write a check made payable to HHP Dog Club. Send it, along with your name, address, phone, email address, name and breed of dog, to our Membership Chair, Suzi Huisman, 28 Fallen Arrow Drive, HHI, SC 29926. You will receive a complete list of our members whom you can contact for play dates, walking buddies, breed advice, etc. — Dog Club business only, please.

In the heat of the summer, please provide plenty of cool water and shade for your dog. Keep walks short and avoid hot pavements, which can burn the pads of a canine's paws. If your dog becomes overheated, cool him down with a shower from the garden hose. A dog in true distress from the heat should be taken immediately to a vet. Remember, if we are hot, our canines are twice as hot — they are wearing fur coats!

## Happy Dog Walking in the Shade,

Helen Collins

843-689-9303 | helen.marie.collins@icloud.com



Plantation Living, a Newsletter for Residents of Hilton Head Plantation



# Join the club, meet some lifelong friends and neighbors and renew your membership today!

**August 8 Join us for the Ice cream social locate**d at The Plantation House from 2:00-4:00 pm.

#### **President's Message**

Are you new to Hilton Head Plantation? Have you lived here for years, but never joined the Women's Club?

We are a community of more than 500 women joining together for fun, learning and to give back to our community. Join the Women's Club, register and pay on the website HHPWC.org or register online and pay by check at the

Ice Cream Social. Dues are \$25.

We have many activities to select from but if you have an idea for a new activity group such as Nature Explorers, Jewelry Makers, or Working Moms? Would you like to help lead an activity Contact Polly Kyle, Activities Director (email).

I can't wait to see everyone and kick off the new Women's Club year!

Patrice Sombardo

Patrice Lombardo, President

#### Adventures

#### **Road Show Adventures**

Road Show members enjoy a one-day road trip adventure once a month. Recent outings have included trips to Daufuskie Island

#### **Out to Lunch Bunch**

Enjoy luncheons at seven restaurants during the membership. If you are new to HHP, this is a great way for you to meet new friends and experience some of Hilton Head's restaurants.

#### **Happy Hour Gals**

Join this casual gathering of women once a month on the first Thursday for happy hour at different locations around the island

#### **Social events**

Holiday Cocktail Party Spring Luncheon

#### Sports

**Beach Walkers** take an invigorating 2.5 – 3 mile walk at Islander Beach on Tuesday and Thursday

mornings, from Labor Day through Memorial Day.

Newl Afternoon Beach Walk This group meets weekly from Labor Day to Memorial Day for an afternoon walk on Islanders Beach

**Bluff Walkers** Enjoy the beauty and picturesque scenery of Portal Royal Sound inside Hilton head Plantation. **Biking Buddies** 

The Buddies bicycle to explore many different areas on Hilton Head Island.. All you need is a bike, helmet, and the ability to ride at least 10 miles.

#### Reading

#### Book Clubs

our health

The Women's Club offers a variety of book clubs, each with its own meeting schedule, format, and genres. **Bible Studies** 

Small groups, each with their own teacher/leader, bring together ladies from a variety of churches for a common

goal: to live out our faith together

#### Cooking

Vino Formaggio Is a women-only wine tasting group.

New! Mangia Con Noi (Eat With Us) This monthly cooking, sharing, and learning club meets in members' home kitchens. New! Sips at the Pit

Join this group for a monthly outdoor happy hour at the Spring Lake firepit

New: Plant forward group Healthy Eating Opportunity to learn more about the benefits of plant-based eating for

#### Arts and crafts

Knit Wits is a weekly gathering of women who knit or crochet. The group also welcomes those who prefer needlepoint and other handcrafts.

Flick Chicks enjoy a monthly matinee at one of our local theatres, followed by social time.

#### Nature

**Green Thumbers** meet once a month to learn more about gardening and nature in the Lowcountry.

New ! S-Low country Hikers

Exploring/hiking the South Carolina and Georgia Low Country

#### Do you like games

#### **Card Sharks**

Card Sharks meets once a week at the Plantation House to play Hand and Foot Canasta. Instruction is available to new members in August and September.

Party Bridge

If you play bridge, join the party! **Euchre** is an easy and fun game to learn. Instruction is available to new players.

#### Well being

**Newl** Caregivers for Adult/children with special needs

Caregivers will meet monthly to support each others with unique challenges as caregivers. **New!** Happy to help club

Participate in short term charitable works on the Island.

#### New groups in need of leaders

New! Working Gals New! Beach Dog walkers New! Working Moms

Circle the clubs you want to join and bring this page to the Ice Cream Social. Follow us on Facebook or Visit our website: www.HHPWC.org and renew today!



Creativity doesn't take a summer vacation. Instead, our artists get inspiration from trying new things, exploring new venues, and taking a chance at new opportunities. The HHP Artists Association is a visual arts club that reflects our members' diverse vision. We have painters, pastel artists, photographers, sculptors, fiber artisans, jewelry designers, and stained glass artists.

If you want to learn more about us or become a member, please email us at hhpartistnews@ gmail.com.

## --Mary Elizabeth Sullivan



"Game Over" by Mike Nicastre



"Blue Headed Dames" by Judi Coleman

"Skull Creek" by Annie Coughlin

# Porsche Club of HHP

The Porsche Club of Hilton Head Plantation had a get-together on May 20 at Fat Baby's Pizza and Subs. Everyone enjoyed the camaraderie and good food.



SPORTS CAR OWNERS: Mark your calendar ALL SPORTS CAR DAY Saturday, July 15 1:00 PM

Our next event will be an **"ALL SPORTS CAR DAY."** The Porsche club is inviting **all owners** of sports cars in the community to join us at the Plantation House on July 15, at 1:00 PM, for a gettogether. There are no fees for this event. The purpose of this event is just to socialize and talk about our cars. If you would like to participate, please register by emailing me your name and type of car.

The club's email address is porscheclubhhp@gmail.com.

Safe Travels, George Haley

## **Karaoke Club**

We have had "great success, all types of singing and dancing, and a lot of fun" in our first three HHP Karaoke Club meetings! We are continuing to "build the momentum" of this new club so that we will continue to grow. Our next karaoke club night is all set for



Thursday, June 15th, 2023, at the Spring Lake Pavilion from 6:30 - 9:00 p.m. We will meet each third Thursday of the month throughout 2023. Here are the future HHP Karaoke Club dates: June 15th, July 20th, August 17th, September 22nd, October 19th, November 16th, and December 21st.

No reservations are needed. BYOB and/or own refreshments! 8' X 8' projection screen, multi-speaker overhead sound system, and any YouTube song that you want with lyrics! Great fun! For more information, contact Jim Peresta – email: jamesmichaelperesta@ gmail.com- or call Jim at 443-558-6126. Remember, you can bring whatever you like to drink and whatever you like to snack on or eat. Tables will be provided. The kitchen there will have ice! Be thinking of your favorite karaoke songs and send the names of the songs that you would like to sing or would like to hear. Please invite any and all of your HHP friends as "the more the merrier".

# **BACKGAMMON CLUB**

Interested in the ancient exciting game of backgammon? Are you experienced? Never played? Want to learn or do you want to play in friendly tournaments with other players? Well, there's a club for all that right here on Hilton Head Plantation. THE BACKGAMMON CLUB meets the first and third Monday of each month at 6:30 pm at Spring Lake Pavillion. No dues, officers or meetings. Just backgammon. We do ask that you sign up so we can keep you up to speed on any announcements that might need to be made. Bring your board if you have one but don't worry if you don't. We have extras. Contact Layne Carver at 651-247-7434 or laynercarver@hotmail.com. Hope to see you there!



Summer is here, and many want to head to the water to escape the heat or try out a new Kayak. Every year the kayak clubs review how to be safe Kayaking or boating. When kayaking in July, please pack a hat, water, sunblock sunglasses, and a waterproof case to protect your personal Items.

Most of all wear your life vest while kayaking and bring a buddy for safety. Tell a neighbor, a friend or family member you are kayaking and when you are returning. Always remember Safety in the Water!

Depending on where you decide to Kayak you may need to consider the tides. In Hilton Head there can be a difference in water level of 8 feet or more between high and low tides. Please check the tides in the area before you launch.

Future fall trips planned, and dates have not been selected yet so you must be on the email list to sign up. If you are not yet a member of the Kayak club or if you have any questions about our activities, please contact Janis Agnew at Kayakclubofhhp@ gmail.com. Please note you must be 21 or over. A parent or guardian must accompany those under 21.

# Craft Beer Club

Our June meeting was a Summer kick/taste-off to prepare for our hot weather. We focused on a variety of lighter beers for the

hot days ahead. Pilsners, Kolsch, Shandys and Radlers, OH MY! The variety of "Session Beers" available now with great taste but lower ABV are perfect for hot Summer days when you want to satisfy your taste with "more than one." Don't forget about the myriad taste selection of "Session Beers" featuring great taste and lower ABV---because when it is Summer/HOT, you don't want just one!

This is a great example of tasting beers you might otherwise pass by... and this is what the Craft Beer Club is all about. The club typically meets on the fourth Monday of each month at the Spring Lake Pavilion at 6:30 PM unless there is an offsite event. Members are always encouraged to bring craft beer from the area or from their travels to discuss and share with the group. Dues are \$10/year per person, and you may join at any time of the year.

Our sharing provides craft beer aficionados the opportunity to try other styles and flavors of beer to expand their beer palates.

Please contact Steve Yingling via Email at SteveHHI@kw.com with questions or to indicate your interest in becoming a member, or to send contact info for those that wish to be members or guests.

#### -- Steve Yingling

#### Women's Java: Coffee, Conversations with Common Grounds

Just like the men, HHP women now have their own coffee time. Here's a way of getting together with HHP women for a casual morning of conversation and a cup of coffee or tea. We will meet every Tuesday



morning at Spring Lake Pavilion from 8:00 AM to 9:00 AM for coffee or tea and a snack to share with inspiring talk. If you have any questions or would like to get on the mailing list, please contact Beverly Silber Rogers at bevsilber@bellsouth.net

Women's Java is off to a great start with wonderful women. Join us for a great way to bond and get to know each other!

# **Newcomers Club**

Summer is in full swing here on HHI and we hope everyone is enjoying it to the fullest! HHP's Newcomers Club is currently on hiatus but will be back in full swing in September with plenty of fun, shenanigans, and opportunities to meet new friends--whether you are brand new to HHP or have called HHP home for years!



The Newcomers Club offers monthly events where residents can kick back, socialize and connect. This past season our members enjoyed a festive Luau, Friendsgiving at the Country Club of Hilton Head, Mardi Gras, Music Trivia, a Low Country Picnic and so much more.

If you are not yet a member of the Newcomers Club, we are a fun social group that offers residents a great way to meet neighbors and make friends in a welcoming environment. Our season runs from September through May with one catered event a month. Be sure to check out our website at www.hhpnc.com for details on how to become a member or to renew your current membership. Members receive an email the first of the month with details on the upcoming event and a link to register and submit payment. (Advance registration is necessary for planning purposes and we are unable to accept walk-ins.) And remember—you don't have to be new to HHP to join! ALL RESIDENTS ARE WELCOME! Wishing everyone a great summer and looking forward to seeing you in September!

-- Lisa Miner Publicity Chair



# Friendly Foodies/Sips & Bites Cooking Club

Do you delight in cooking, trying new recipes, entertaining in a more formal style, and regularly sharing wonderfully prepared food with three other couples? Then the Friendly Foodies Gourmet

Cooking Club may be just the group you are looking for. We offer formal, full course, home-cooked dinners for dinner parties of 8 during the first half of the month and more casual and relaxed gatherings of four couples, sharing delicious Appetizers/Hors d'oeuvres paired with wine during the second half of the month. You can choose to participate in either or both types of events monthly. (The club does not meet during July, August, and December). At the present time we have a full membership but are compiling a waitlist of people interested in joining. Please contact Marianne Blaine marianne@marianneblaine.com if you are interested.

# Men's Cooking Club

**Men's 2nd Wednesday Cooking Club** We have had several meetings this year with member chef's providing memorable lunches. We are a "laid back" group of guys who enjoy refining our culinary skills, enjoying others expertise and appreciating the camaraderie. Our meetings feature a "Chef of the Month" who prepares a lunch for the group guided by whatever you enjoy preparing. We do everything from tailgate menus, Italian, German, Irish, Mexican and so on. We have everyone from men who have been cooking for a long time to novices. We currently have ten members and are actively seeking two more. Please join us as our guest for our next lunch and decide for yourself if our group is for you. Please call Rick Dean at 770-354-3340 or rjdean@roadrunner.com with your interest.

#### Men's 4th Tuesday Cooking Club

Our Cooking Club consists of men who enjoy cooking new and interesting full course meals for lunch once a month. The meal is prepared at the Spring Lake Pavilion or frequently at the member's home. We enjoy each other's company and the opportunity to improve our skills. **For further information please contact: Steve Strom 843-342-2838**.

#### Ladies Bridge Group

We meet at the Plantation House every Friday at 1:30 PM. We currently have a full roster; however, if you are interested please let me know and I will get in touch with you if we have an opening or need someone to sub. Please email me at **lakwb@hargray.com**. Level of play is Intermediate.

--Lois Womelsdorf

Advertisements in the Plantation Living newsletter should not be viewed as an endorsement from the Hilton Head Plantation Property Owners' Association, Inc. The Association claims no liability for the content of any ads. Ads are accepted on a -space-available basis.



Hard to believe our farming season is coming to a close- since our season starts early and our summer heat is so intense, most vegetables are finished growing

by early July. This is strange for northern transplants who are accustomed to tomatoes and corn in July and August!

Thanks to all who helped us have such a fabulous farm market this spring and summer! We broke lots of records for sales and the quantity of produce that we had to offer. Thank you to the farmers who grew and donated the gorgeous produce, thank you to our community who supported us even when it rained, thanks to all the volunteers who harvested the produce and flowers and worked at the market each week. Special thanks to everyone who grew and arranged the gorgeous flowers- they contributed significantly to our record sales. The fig trees are absolutely loaded this year, and thanks to our jam makers for their making such unique delicious creations!

Special thanks to Joan LaBoiteaux, our Farm Club President , chief cheerleader and manager of the summer market and to Randy Ricker for producing such delicious vegetables in the Common Garden. The market is not just a May to July activity. Throughout the year , we are thankful for the volunteers who manage the irrigation, equipment, and plots and maintain the blueberries, citrus, and fruit trees.

The board has tried to continue to make changes to improve the market. Our bright new yellow signs are easy to see. Hope you noticed our new surface in the market area. Since mud was an issue when we had hard rains, we wanted to provide a better surface so it was more comfortable and safe for everyone.



It takes a team effort to provide vegetables, fruits, and flowers each week and to sell them- so thanks to all who been involved!

--Nancy Renner nnrenner@outlook.com 505-269-6498

#### Woodcarvers

Are you looking for a hobby that allows you to create beautiful keepsakes or practical items without spending hundreds of dollars just on getting started? Wood carving checks all of those boxes. It is a type of woodworking in which people use knives, chisels, and other handheld wood carving tools to create figures or designs in pieces of wood. A wood carver's most basic tools are carving knives, such as whittling knives, chip carving knives, and hook knives. Whittling knives are allpurpose tools, while chip carving knives feature a thin, short blade that allows carvers to chip away small bits of wood. A hook knife, or spoon knife, has a bent blade shaped like a hook and is ideal for carving spoons and other pieces with hollowed-out areas. Most woodcarvers start by whittling. They find a small piece of softwood and use a pocket knife to create a toy or a trinket. Whittling is the most basic type of wood carving since the only essential tools are a wood carving knife and a honing strop. Chip carving starts with a flat piece of wood. Carvers "chip away" bits of wood to form a design on the wood's surface. Chip carvers use gouges as well as carving knives. Most woodcarvers do not build or repair furniture. They work on a much smaller scale. Come and visit with us at the Plantation House on Thursdays from 12:30 to 2:30. See if you might be "cut out" to be a woodcarver. Your grandkids will benefit from your newfound skill. **Contact Jan Gantzhorn** 302-528-3475

### HHP Clubs

# SOLO DINING GROUP FOR MEN AND WOMEN IN **HHP OVER 60**

A social group for widowed and unattached single men and women over 60 years old who do not wish to dine alone but would like to socialize and dine at local restaurants once or twice a month. For more information, contact Pat Lucas - email patyhhi@aol.com or call 843-301-6600

### Men's Cards

Per the schedule listed on the POA Monthly Activities Calendar (insert can be found inside Plantation Living), Men's Card Groups play at the Spring Lake Pavilion at 6:00 PM on the following days:

#### **Every Tuesday Every Wednesday** Second & Fourth Thursdays

We encourage you to stop by and watch the games played to determine if you are interested in joining one of the groups.



The Tee Timers are enjoying the courses on Hilton Head Plantation, Bear Creek, Dolphin

Head, and Oyster Reef are all playing host. Weather permitting, we play each Wednesday afternoon all summer. Members play either 9 or 18 holes and can choose to walk or ride.

Our members, who play at all experience levels, enjoy golf and the opportunity to meet and play with others in our community. So if you are a golfer and you have an interest in joining a fun women's golf group, please contact us at the teetimers@gmail.com.

# The Happy Times Party

Happy Times is meeting at the Spring Lake Pavillion, due to the construction at Dolphin **Head.** It is still the fourth Sunday of every month. Again no reservation, no RSVP, no agenda, no dues. Just a good time. Bring your own beverage and a contribution to the food table. Ice will be provided.

Date: Fourth Sunday of every month (except **December**) Time: 5:00 - 7:00 PM Place: Spring Lake Pavillion

For more information call Schatzi Khalifa at 315-382-1727 or email Ezz Khalifa at hekhalifa@gmail.com. 

### **Euchre Club**

The Euchre Club meets on the third Friday of each month. They will play at the Spring Lake Pavilion at 6:15 PM.



For more information, please contact Chuck Stewart at chuck.stewart@e3partners.org or 330-283-2827. No reservations necessary if you know how to play!

The club also offers FREE one-hour lessons by appointment only.

#### **HHP Pickleball Club HHP PICKLEBALL CLUB In Action:**

 Our 2nd club meeting in May had over 40 participants and formed action committees to drive the club's future.

 In April/May, the club held a series of beginner clinics in partnership with HH Recreation Center. Although over 40 registered, participation was limited to 18 residents due to a lack of court availability.

#### Today's Lesson:

• What is Pickleball? It's a combination of tennis, badminton, and ping pong.

• In the last 7 years participation has grown 650% and today there are nearly 37 million people playing across the country (12 million more than tennis).

• Why is Pickleball growing so fast? It's the combination of benefits including being low impact, highly social and accessible to all ages. It's also easy to learn and the pace of play fits all ages.

Finally, there are low barriers to entry as facilities are affordable to build relative to many other sports.

#### Upcoming Events: WE NEED YOU!

• Become a member (it's free) and join the 232 residents that have signed up. To join email: mjmarks54@gmail.com

- Visit our club page on the HHP website to see our complete July article
- Follow us on Facebook at HHP Pickleball Players

• H2P2 is partnering with Island Rec. to offer social and senior non-competitive clinics. These weekly events began June 19. To learn more, become a member to receive our emails.

EVERYONE IS INVITED TO JOIN US AT OUR JULY SOCIAL, LEARN MORE ABOUT PICKLEBALL AND CONNECT WITH OTHER RESIDENTS INTERESTED IN PICKLEBALL. SINCE HHP DOESN'T HAVE ITS OWN FACILITIES, WE WILL HOST OCCASIONAL SOCIAL EVENTS TO CONNECT AND PLAY ELSEWHERE. Club Contact: bobesi@gmail.com.



# NEW CLUB - HHP European Travel and Culture (ETC) Club

Do you love one or more countries in Europe? If so, please join our new club - European Travel and Culture (ETC).

After discussion with several HHP residents and neighbors, it became apparent that many of us have loved trips to Europe as well as the variety cultures which many HHP residents are from or may descend from. The initial idea for this new club is to have its members share where they have been, their love for certain European cultures, and perhaps have people like myself and my wife who have been fortunate enough to have lived abroad and traveled in Europe, share recommendations as well as interesting stories, etc. Members who have upcoming travel plans to Europe or may just have an interest in countries, people, traditions, food, etc, are welcome to join as well. If members are interested, this could evolve to having meetings and events related to particular countries like Italy, Greece, France, Spain, UK, Ireland, etc. We expect to have our first meeting in September (date TBD) and are currently seeking to know who is interested in joining our fun and exciting club. Please send me an e-mail if you would like to join.

--brian.s.bules@gmail.com. Brian Bules ETC Leader

# Women's Club: SUMMER FOOD DRIVE For Deep Well to Benefit Families with Children on July 26, 2023



The HHI kids are out of school for the summer, and some are missing their school lunches.

Did you know that at least 50% of the students in the participating Hilton Head schools receive free or reduced lunches through the National School Lunch Program (NSLP) every school year?

To compensate for the loss of these subsidized meals when the children are out of school for the summer, the **HHP Women's Club has organized a Food Drive on July 26th from 3:00-6:00 pm in the parking lot at The Plantation House.** 

The donated food items will go to support healthy, child-centric food bags for all the parents participating in Deep Well's School Readiness program.

**SOME IDEAS:** Non-perishable items (cereal, nut bars, crackers, jelly, shelf-stable milk boxes, pasta, pasta sauces, taco kits, macaroni and cheese, peanut butter, raisins, etc.

# **REMINDER:**

Roadway& Leisure Path Etiquette

When walking on our roadways, please walk against traffic and ride your bicycles with traffic. When using our leisure paths, please call out and warn fellow pedestrians if you are approaching someone from behind.

### **HHP Low Vision Club**

The Low Vision Club is honored to have Carl W. Baker, MD FASRS, as our Speaker in September. The meeting will be held on Thursday, September 7, at 2:00 PM in the Clubhouse at The Cypress, right at our HHP back gate. Dr. Baker has extensive credentials with two degrees from the University of Kentucky and postgraduate training at MUSC. He has practice experience at the Retinal Center he founded in Paducah, KY, and at his Retinal Institute here in Hilton Head. His many honors for excellence in these pursuits is capped by other success in patient care and clinical research. Dr. Bradley will speak on "The latest Surgical and Medical Advances Impacting Eye Care" today. His presentation will include key information on new drugs now available for treatment of wet and dry Macular Degeneration. Anyone with an interest in optimizing eye health is welcome to attend.

#### -- Dr. Chuck Duvall

# **Community Blood Drive**

The Activities Department is teaming up with OneBlood for another community blood drive on Monday, September 11, between 10:00 AM and 4:00 PM.



OneBlood is a not-for-profit community asset serving hospitals in the South Carolina Lowcountry and Coastal Empire region. Blood donated with OneBlood stays in our community to help the needs of our local patients. Did you know – about 38% of the population can donate blood but less than 10% actually do? Share your power!

> When: Time: Where:

Monday, September 11 10:00 AM – 4:00 PM Plantation House Parking Lot (inside the OneBlood Big Red Bus) Jen at 843-681-8090

RSVP:

To schedule an appointment, call Jen at the Scheduling Office at 843-681-8090 today! Not sure if your travel or medications will impact your eligibility, visit www.oneblood. org/donate or call 1-888-9DONATE (936-6283). Please remember to eat, hydrate, and bring an ID. Wearing masks are optional on the bus. Also, all donors will receive a OneBlood gift and a \$20 eGift Card PLUS a wellness check-up including blood pressure, temperature, iron count, pulse, and cholesterol screening. If you are not feeling well and healthy the day of the blood drive, please do NOT come to the blood drive. Thank you!



#### Summer Junior Tennis Camp

There is still availability for our Junior Tennis Camp through the end of the summer. Registration can be for the week or by the day and no prior tennis experience is needed to have a fun time at camp. If your child/grandchild is already enrolled in the HHP Kids Kamp, this is a great extended day option to experience all that the Spring Lake Recreation Area has to offer. Come check us out at the Tennis Pro Shop for more details.







#### Pickleball

Pickleball has made it to Spring Lake Racquet Club! We will be starting a trial program Saturday afternoons from 4:30 - 6:30PM on the clay courts. If you would like to find out more about playing pickleball at Spring Lake, call the Pro Shop at 843-681-3626 or check us out on court reserve.

#### **First Friday Social**

If you haven't joined us yet for one of our monthly tennis socials, it is a great opportunity to meet new residents and get involved with the tennis program at Spring Lake. Socials consist of two-hours of Tennis followed by food and drink either on the Spring Lake Tennis deck or at the Spring Lake Pavilion. Our next event is our

**Bringing the Heat Social on August 4th at 8:30 AM**. If you would like to sign up or find out more information about our upcoming socials, please call the Pro Shop at 843-681-3626.

# **Tips From the Tennis Pro**

With summer now in full swing, court conditions are going to be on the hotter side for the next few months, and staying hydrated is going to be the key to your success on the court.

- Hydration starts before you even walk on the court and is recommended you drink 17-20oz a few hours before you play and another 8oz 30 minutes out.
- While playing, you should be drinking 4-8oz every 15-20min of play and sport drinks with electrolytes should be consumed if planning to play more than an hour.
- Recovery is just as important as hydration during you time on court. It is recommended to weigh yourself before and after you play to see how much fluid you have lost throughout your last session and drink 3 cups of water for every pound lost during play.

# Bocce

With Spring season recordbreaking participation, a new "Bottoms Up" tournament was added for teams that did not make Spring playoffs. Hats off to



Alice Coyne and Nancy Martenson of the Pelicans (pictured above), who came out on top.

June's Spring Festa, a one-day, fast-paced play-style, saw over 60 players turn out while staying fueled with courtside barbeque. The day's winners were Debra Reece and John Hupchick.

Recently, winning players from Spring were invited to a social day of play in Moss Creek. The HHP Bocce Club will reciprocate and host Moss Creek this Fall.

A summer ladies league is held on Wednesday mornings. Interested? Contact Sandy Stern at <u>aestern1@gmail.com</u>.

Reminder! Fall Season registration opens August 7th, and play starts in September. New players are welcome! To register, log on to the club's website Spring Lake Racquet Club's Court Reserve platform, or enter the URL:

https://app.courtreserve.com/Online/Portal/Index/7345. For assistance, contact Bocce Club president John Hupchick at <u>hhpbocce.president@gmail.com</u>.

To reserve a court for summer fun, call or visit the Spring Lake Racquet Club (843-681-3626).





# The 2023 Summer Concert Series presents: DEAS-GUYZ



We would like to welcome back the fabulous Deas-Guyz to our 2023 Summer Concert Series! They specialize in a mix of Old Motown, Rhythm & Blues, Pop, Rock, Reggae, and dance beats. Deas-Guyz formed in 2000 and they have played all over the Island as well as weddings, charitable functions, and other special events. You will be amazed at the wide range of musical talent they bring to the Island. This is truly a night you won't want to miss!

Band:	Deas-Guyz
Date:	Tuesday, July 18
Rain date:	Wednesday, July 19
Time:	7:00 - 9:00 PM
Place:	Plantation House
	Parking Lot
Cost:	FREE!

Bring your family and friends, food, drinks, chairs, and dancing shoes for a night to remember! We will be selling refreshments – pizza, popcorn, candy, soda, and bottled water. POPS of Hilton Head Island will also be there to sell gourmet popsicles! It's sure to be a fun time, so we hope to see you there!



# Healthcare on Hilton Head – Speaker Panel Event

Have you ever wondered about the availability of doctors on Hilton Head? What about the quality of care? What specialties are in the area? Do we have state-of-the-art medical equipment and facilities? Please join us on Tuesday, August 29, for a free event at the Plantation House as we explore these topics and answer your questions about healthcare at our upcoming panel event featuring Mr. Joel Taylor, CEO of Hilton Head Regional Healthcare; Dr. John Newman, General Surgeon & Executive Director of Volunteers in Medicine; and Dr. Patrick Snowman, ER Physician and Chairman of the Department of Medicine at Hilton Head Regional Healthcare.

Date:	Tuesday, August 29
Time:	10:00 AM
Place:	Plantation House
Cost:	FREE!
Speakers:	Mr. Joel Taylor, CEO of HH Regional Healthcare
	Dr. John Newman, General Surgeon &
	Exec. Director of Volunteers in Medicine
	Dr. Patrick Snowman, ER Physician and
	Chairman at HH Regional Healthcare
RSVP:	Jen at 843-681-8090
	OR email: scheduling@hhppoa.org

If interested in attending, please contact Jen at the Scheduling Office at 843-681-8090 or email scheduling@hhppoa.org. Space is limited so sign up today! Complimentary snacks and water provided.

#### **Speaker Bios:**

**Mr. Joel C. Taylor** assumed the Market Chief Executive Officer position for Hilton Head Regional Healthcare in October 2021. He originally joined the Hilton Head market as Chief Executive Officer of Coastal Carolina Hospital in September 2016. He was later appointed to the Market Chief Operating Officer position in April 2018 with operational responsibilities at both Hilton Head Hospital and Coastal Carolina Hospital. Taylor holds a bachelor's degree in political science from Birmingham-Southern College and master's degrees in business and health administration from the University of Alabama at Birmingham. He is a member of the American College of Healthcare Executives.

A general surgeon specializing in bariatrics, **Dr. John Newman** served as Hospital President and Chief Medical Officer for Advocate Aurora Health in Oshkosh, Wisconsin for the past six years. Dr. Newman now serves as Executive Director/ Chief Medical Officer of Volunteers in Medicine Hilton Head (VIM). Dr. Newman received his Medical School training at Uniformed Services University in Bethesda before becoming a US Naval flight surgeon. He went on to further his General Surgery training at the National Naval Medical Center in Portsmouth, Virginia and enjoyed a Military and Civilian practice in Virginia for 20 years. He ultimately became the Chief of Surgery for Sentara Medical Group in Norfolk, VA where he was responsible for the oversight of 45 surgeons and advancing surgical safety in 11 hospitals.

**Dr. Patrick Snowman** has worked in the Emergency Department for Hilton Head Regional Healthcare for the last thirteen years. He also serves as Chairman of the Department of Medicine at Hilton Head Regional Healthcare. In addition, Dr. Snowman has served on the Board for Volunteers in Medicine for the last four years. Dr. Snowman received his Doctor of Medicine from the Medical College of Pennsylvania. He also completed his residency in emergency medicine from the Medical College of Pennsylvania. Prior to working as an emergency Department physician for Hilton Head Regional Healthcare, Dr. Snowman was a Major U.S. Army serving as an Emergency Medicine physician.

## **Recreation Activities**

# Yoga for Osteoporosis – New 6-Week Session

The Activities Department is excited to offer another 6-week session of Yoga for Osteoporosis with Gayle Caporale starting in July. This new session will be offered on Tuesdays from 4:00-5:00 PM starting September 12 and continuing



through October 17. Yoga benefits people with Osteoporosis in many ways, such as improved balance and posture, coordination, strength and range-of-motion, and lower anxiety, all elements that reduce the risk of fracture. Whether you have Osteopenia, Osteoporosis or just want to build your bone strength and improve your balance, the 12 yoga poses participants will practice specifically counter bone and muscle loss and improve coordination and balance. It's accessible to those new to yoga, as well as long time practitioners. Gayle is certified to teach this method and has personally committed to this program of 12 poses 5-7 days per week. It has significantly improved her own bone mineral density in her spine and femur.

Dates:	Tuesdays	
	September 12 – October 17	
Time:	4:00 – 5:00 PM	
Place:	Spring Lake Pavilion	
Cost:	\$40/person	
Instructor:	Gayle Caporale	

If interested, please bring your \$40 payment to the Scheduling Office to reserve your spot today. Class size will be limited to 8 participants. For questions, call Jen at 843-681-8090.

#### Qigong Class – New 6-Week Session

Qigong (chee gong) is an ancient Chinese health care system that was developed before the written word in Chinese monasteries, hospitals and imperial courts. It integrates movements, breathing techniques, focus attention and self applied massage. Qigong means cultivating or working with energy and is practiced for health maintenance, increased vitality and inner peace. Our instructor, Bénédicte Gadron, will be teaching a six-week session beginning Monday, August 7. Classes will be held on Mondays at the Spring Lake Pavilion from 4:30 – 5:30 PM. The new class session runs August 7 through September 18 (skipping Labor Day – 9/4), and the cost is only \$40/person for the entire session. If interested, please sign up with Jen at the Scheduling Office. Questions? Call 843-681-8090.

Dates:		<b>Mondays Aug. 7 – Sept.18</b> Skipping Labor Day – 9/4)
Time:	4	1:30 – 5:30 PM
Place:	S	Spring Lake Pavilion
Cost:	\$	540/person
Instruc	tor: E	Bénédicte Gadron

Qigong's great appeal is that anyone can benefit from practicing it, from the very young to the very old. The movements are easy to learn. They can be performed standing, or sitting, and can be adapted for physical limitations. No special equipment or clothing is required. A minimum is needed in order to have this class so sign up today!

Program	Instructor	Date/Days	Time	Place	2023 Fees
Low-Impact Aerobics	Louise Lund	Mon. Wed. Fri.	8:30 - 9:30 AM	SLP	1 ticket - \$7.00
Total Body Conditioning	Louise Lund	Mon. Wed. Fri.	9:30 - 10:30 AM	SLP	10 tickets - \$65.00 20 tickets - \$120.00
Chair Yoga	Gayle Caporale	Mondays	3:00 - 4:00 PM	SLP	30 tickets - \$165.00 40 tickets - \$210.00
Pilates	Holly Wright	Tues. & Thurs.	8:30 - 9:30 AM	SLP	
Core, Strength, & Balance	Louise Lund	Tues. & Thurs.	9:45 - 10:45 AM	SLP	
Gentle Yoga	Gayle Caporale	Tues. & Thurs.	5:30 - 6:30 PM	SLP	
Morning Water Aerobics	Gretchen Spiridopoulos	Mon. Wed. Fri.	8:30 - 9:30 AM	Pool	
Deep-End Water Aerobics	Jackie Spindel	Tues. & Thurs.	5:30 - 6:30 PM	Pool	

# **Universal Fitness Classes**

You must use a 2023 Universal Fitness Ticket in order to attend the above classes. *Tickets are available for purchase at the POA Service Center and the Plantation House.* 

# KIDS KAMP 2023

Established in 1987, Kids Kamp has grown to accommodate more than 300 of our Plantation's children each summer. Based at the Spring Lake Recreation Area, our expansive Kamp grounds provide a safe and comfortable environment where Kampers can play, learn, and grow together. Children are grouped according to age and grade. Each group's Counselor Team plans the daily activities according to a weekly theme and the group's ability. Previous Kids Kamp weekly themes include "Color Me Crazy Week," "Blockbuster Blowout Week," "Retro Revival Week," and "Beat the Heat Week." On Wacky Wednesdays, all Kids Kampers and staff show off their creativity by dressing according to the theme. On Fridays, the entire Kids Kamp comes together for a special event to wrap up the week with an exciting themed activity. Regularly scheduled activities include swimming, arts & crafts, field games, and fishing. Cooking and music/puppets are also incorporated into some group schedules. Counselor to Kamper ratio = 1:10.

# Registration is currently CLOSED for Kids Kamp. If you are interested in joining our waitlist, please contact Chrissy Kristian at 843-681-8800 ext. 226.

Time/Days:	9:00 AM – 1:00 PM; Monday – Friday
Non-Refundable Deposit:	Full Session – \$100.00 per child;
	Weekly – \$50.00 per child
Applications:	Are available at the POA Office or Plantation
	House if you are interested in the waitlist
Age/Grade Requirement:	Children who will enter Kindergarten in the fall
	of 2023 or who are five years old by November 1,
	2023, to children who will enter 8th grade in the
	fall 2023.
Eligibility:	Must be a child, grandchild or relative of a HHP property owner or resident.

# DAT ES:

Week 6:	July 17 - July 21	Arcade Adventure Week
Week 7:	July 24 - July 28	Promising Picassos Week
Week 8:	July 31 - August 4	Movie Magic Week

NO ART CLASSES WITH LEANN KALITA IN AUGUST. CLASSES WILL RESUME IN SEPTEMBER

IN THE MEANTIME, KEEP THAT PAINTBRUSH MOVIN' !

# Dolphin Head Memorial & Honorarium Program

For residents who wish to support the Dolphin Head renovation project in a more meaningful way, the Recreation Committee would like to provide the opportunity to make personal contributions towards this project through our Memorial & Honorarium Program. Gifts of any amount are welcome and can be targeted in many ways according to your desire. For donations made towards certain outdoor elements, a plaque will be placed on or near the item listing the name of the donor(s) and/ or recognizing an individual or family. For residents wishing to make a general contribution towards the project, the Recreation Committee has developed five levels of giving which are:

Magnolia Level	\$5,000 or more
Live Oak Level	\$1,000 - \$4,999
Red Maple Level	\$500 - \$999
Southern Pine Level	\$100 - \$499
Sycamore Level	\$99 or less

Any resident who chooses to make a general contribution donation will be listed on a plaque which will hang inside the NEW Dolphin Head Clubhouse. Each resident or family will be listed according to the appropriate donor level. The name of the person honored or memorialized will also be listed. If you have any questions or would like additional information regarding specific outdoor elements and the cost associated with each, please contact Chrissy Kristian, Director of Activities, at 843-681-8800, ext. 226, or send an email to ckristian@hhppoa.org. Examples of outdoor elements include picnic tables, Adirondack chairs, swing trellises, fire pit, water fountain, foot/ dog washing station, basketball goals, bike racks, and more.



# **Notice**

Your interactions with members of the Security Department and the POA Staff may be recorded.

**Plantation Living,** a Newsletter for Residents of Hilton Head Plantation

## July 2023 - Page 21

# Estate Planning 101: What is it? Why is it so Important?

Please join the Activities Department and Elder Law Attorneys Rebekah Thompson and Roman Dodd from the Jolley Law Group on Tuesday, September 5, at 10:00 AM for a free 2-hour workshop entitled "Estate Planning 101." Every individual has an estate. Therefore, every individual should have an estate plan. Having an estate plan is the best way to ensure your wishes regarding your ongoing care and your goals for passing on assets to your loved ones are understood, followed, and legally enforced. Join Rebekah and Roman as they break down various estate planning documents, such as powers of attorney, wills, and trusts, and tackle topics like probate, incapacity planning, taxes, and more.

> Date: Time: Place: Cost: Presenters:

RSVP:

Tuesday, September 5 10:00 AM Plantation House FREE! Mrs. Rebekah Thompson and Mr. Roman Dodd, Attorneys with the Jolley Law Group Jen at 843-681-8090 OR email: scheduling@hhppoa.org

If interested in attending, please contact Jen at the Scheduling Office at 843-681-8090 or email scheduling@hhppoa.org. Space is limited so sign up today! Light refreshments will be served.





# Monday, July 31 7:00 - 9:00 PM Plantation House Parking Lot

This is a free event! Bring your family and friends, food, drinks, chairs, and dancing shoes for a night to remember! We will also be selling refreshments – pizza, popcorn, candy, soda, and bottled water.



Plantation Living, a Newsletter for Residents of Hilton Head Plantation

# Fusion Fitness – New 6-Week Session

The Activities Department is excited to be teaming up with fitness instructor, Mary Grogan, to offer another 6-week session of Fusion Fitness. Fusion Fitness is a fusion of Pilates and light weights for all levels. The goal is to empower you to tone, strengthen and move your body with confidence, strength, and awareness. All sports will be enhanced as you improve your posture, balance, increase energy, and decrease stress. Participants should bring a mat, water, and a set of light weights (2-3 lbs.). This new 6-week session will be offered on Wednesdays in the evenings from 6:45-7:45 PM at the Spring Lake Pavilion (upstairs) starting July 19 and continuing through August 23.

Dates:	Wednesdays
	July 19 – August 23
Time:	6:45 – 7:45 PM
Place:	Spring Lake Pavilion
Cost:	\$40/person
Instructor:	Mary Grogan

If interested, stop by the Plantation House and sign up with Jen. Your cash or check payment is your reservation. A maximum of 20 participants are permitted to sign up for this class. For questions, call the Scheduling Office at 843-681-8090.

# Just a reminder for all POA Clubs using the POA facilities:

We will be having our **ANNUAL ALL CLUBS MEETING** on **Thursday, September 7**, to review HHPPOA rules and regulations for Clubs, discuss logistics of use of the buildings, scheduling procedures and event marketing.

Each Club is encouraged to send at least ONE representative to the meeting.

#### ALL Clubs – Please meet at the Plantation House at 10:00 AM.

Also, don't forget! Club paperwork and building schedule request forms for 2024 will be emailed to each Club in advance and must be returned to the Scheduling office on or before the

meeting date.

For questions, please call the Scheduling Office at 843-681-8090.



# New 3-Week Session of Golf Fitness

Would you like to improve your golf game? The Activities Department is offering a 3-week session of Golf Fitness on Tuesdays and Thursdays starting August 22 which will focus on your core strength, stability, joint mobility, and balance – all needed to take your game to the next level. Without strong, pliable core



muscles, it's hard to get a powerful swing. The key to a better game may be increasing flexibility and mobility. Join instructor, Vivi Kempf, for this 60-minute class geared to the golf enthusiast. All exercises are appropriate for tennis players too. No experience necessary; modifications will be shown when needed. If interested, please sign up with Jen at the Scheduling Office. Your payment IS your registration. Those attending should bring a small towel, mat, golf club, and water. Class size is limited.

> When: Time: Place: Fee: Instructor: Questions?

Tuesdays & Thursdays August 22 – September 7 4:00 – 5:00 PM Spring Lake Pavilion (upstairs) \$40/person Vivi Kempf Call 843-681-8090

**Instructor bio:** Vivi Kempf is a certified fitness and Pilates instructor and a retired Physical Therapist Assistant (having worked with numerous patients on postural awareness, mobility, and core strengthening).

# ANNUAL CLEANING OF THE FACILITIES:

# Plantation House Spring Lake Pavilion

#### Monday, August 21 through Friday, August 25

\*Some POA Clubs meeting during this timeframe may need to be moved to another facility to accommodate the annual cleaning schedule.

Please call Jen at 843-681-8090 if you have any questions.

\*\*All ad-hoc card groups who regularly meet at the Plantation House will need to find a different location for the week.

## THANK YOU!!



# July 2023 - Page 23

#### **Disney Bingo Night** Please join the Activities Department on Friday, September 8, at 6:00 PM at the Plantation House for a fun evening of Disney Bingo and refreshments and be sure to wear your favorite Disney apparel - whether you have a shirt representing your favorite Disney character or Disney Park or the kids want to dress up as their favorite Disney princess! We want to see your best Disney outfits! Event price includes admission, an assortment of yummy appetizers, and one bingo card for the first round. Additional bingo cards are available for \$1 donation per bingo card per round. Deadline to sign-up is Friday, September 1. Seating is limited so sign up early. To register, stop by the Scheduling Office at the Plantation House because your payment IS your reservation. For questions, call Jen at 843-681-8090. Date: Friday, September 8 Time: 6:00 - 8:30 PM Place: **Plantation House** Price: \$10/person (includes admission, refreshments, and one bingo card for the first round) \$1.00 donation per bingo card per round Questions: Jen at 843-681-8090 Deadline: Friday, September 1 We will also be selling bingo markers for \$2 each; however, feel free to bring your own. You may also BYOB if you wish.

# **Preserving Family Memories Seminar**

Please join the Activities Department and local artist and HHP resident, Jean-Marie Cote, for a free seminar on Preserving Family Memories on Tuesday, September 12, at 10:00 AM. In this seminar you will learn how you can preserve and protect family souvenirs and memorabilia that have been passed from generation to generation. Your family history and images of your ancestors are souvenirs that are irreplaceable. To complicate matters, they exist in many different types of media: prints, letters, newspaper clips, movies (8 & 16mm film or tapes, VHS), slides and negatives. While photos can be viewed and enjoyed, anything that requires a machine to view is now "invisible" since the equipment is obsolete. One critical aspect of these souvenirs is that they are unique, which means that one major disaster can wipe them out forever. Future generations won't be able to see and value these historic memories unless they are preserved and converted to modern digital format. Take action now and give a precious gift to future generations.

**Key Topics**: Why convert to digital format?, How does that work?, What can I expect?, Where should I start?, What is the process?, Who is providing these services?, What to know before handling your material to someone else?, How much does it cost?, Bonus tips on protecting digital files from potential loss.

Date:	Tuesday, September 12
Time:	10:00 AM
Place:	Plantation House
Cost:	FREE!
Presenters:	Mr. Jean-Marie Cote, Digital Conversion Specialist,
	Owner of thefrenchguy studio
RSVP:	Jen at 843-681-8090 OR email: scheduling@hhppoa.org

#### Presenter's Background:

Jean-Marie, a native of Quebec, is a long-time resident of HHP, has been involved for over 13 years with the Artists Association, and he is the owner of thefrenchguy studio, located on Hunter Rd, HHI. He is a photographer and a videographer with over 17 years of experience in digital imagery. He has in-house equipment and the capability to convert a wide variety of old media to digital format that can be viewed on modern equipment such as Smart TV, computer, tablets, and phones.



#### Water Aerobics is Back!

Our morning Water Aerobics class with Gretchen Spiridopoulos will



not only keep you cool, but also benefit your body. Water aerobics is similar to a land aerobics class but since it's done in the water, it places less strain on your joints (less impact). It also helps to strengthen the body because the water offers resistance leading to burning calories and losing weight.

Water aerobics works all the major muscle groups, provides all-over toning, improves balance and coordination, and relieves stress. Plus, the water massages you and the feeling of weightlessness can be very enjoyable. So dig out those swimsuits and take advantage of this class!

Date:	Mon. – Wed. – Fri.
Place:	Spring Lake Pool
Time:	8:30 AM – 9:30 AM
Cost:	See Universal Ticket
	Matrix for prices
	on page 19
Instructor:	Gretchen
	Spiridopoulos

Universal Fitness Tickets from 2022 are not valid or exchangeable! You must use a 2023 Universal Fitness Ticket in order to attend the class.

## **Deep-End Water Aerobics**

The Activities Department is also offering an evening Deep-End Water Aerobics class on Tuesdays and Thursdays. Deep-End Water Aerobics will be a nonimpact aquatic class with water resistance for overall conditioning using vertical positioning. Jogging and specific exercises will strengthen the back and abdominal muscles for a total body workout. This class will be a wonderful way to strengthen and tone your body!

Dates:	Tuesdays &
	Thursdays
Place:	Spring Lake
	Pool
Time:	5:30 – 6:30 PM
Instructor:	Jackie Spindel

To attend this class, you must use a 2023 Universal Fitness Ticket. See Universal Fitness Ticket Matrix for prices on page 19.

#### **Holiday Photo Mini-Sessions are Back!**

Looking to have that perfect family photo for your Christmas or Hanukkah cards this holiday season? The Activities Department is excited to be partnering with Stephanie Dunn of Be Still My Heart Photography again to offer Holiday Photo Mini-Sessions for families this fall. Capture the moments that last forever with a



convenient mini-session to be scheduled through Jen in our Scheduling Office.



Reservations are ONLY accepted with payment. Mini-sessions will be scheduled on Wednesday evenings in September at Pine Island. Because we will be at the mercy of the weather, rain dates will also be scheduled for the following Friday just in case. Cost is \$175/session, and you must make an appointment in advance.

Dates:	Wednesdays, September 6, 13, 20, 27
Rain Dates:	Fridays, September 8, 15, 22, 29
Times:	Starting at 6:00 PM
	(10-minute time slots – max 5 families per date)
Cost:	\$175/session
Place:	Families will need to meet Stephanie at the entrance to
	Pine Island at your designated appointment time

For questions, please contact Jen in the Scheduling Office at 843-681-8090. Space is limited so sign up today!

## **Teen/Tween Party at Adventure Cove**

Calling all teens and tweens! The Activities Department is excited to host a Teen/Tween Party at Adventure Cove on Tuesday, July 25, from 6:00-8:30 PM. This event is open to any teen/tween 10 to 15 years of age, and the cost is \$15/child. If interested in signing up, please bring payment to Jen at the Scheduling Office by Friday, July 21.



Transportation will NOT be provided. Interested participants will need to be dropped off at Adventure Cove (located at 18 Folly Field Road) no later than 6:00 PM. Parents/Guardians will need to sign waivers for their child/children beforehand. Activities for the teens/tweens include miniature golf, arcade games (each child will receive \$5 worth in tokens), and a pizza dinner. For those interested in purchasing additional tokens, you can bring extra money with you and receive a BOGO deal at the register (buy one token, get one free).

Date:
Time:
Fee:
Place:
Deadline:
Age:
Questions?

Tuesday, July 25 6:00 PM – 8:30 PM \$15.00/child Adventure Cove (Located at 15 Folly Field Road) Friday, July 21 10 to 15 years old Call Jen at 843-681-8090

**Parents: POA staff will provide supervision. Teens/Tweens must be picked up no later than 8:45 PM at Adventure Cove.**