

# Plantation Living

NEWSLETTER FOR RESIDENTS OF HILTON HEAD PLANTATION



Volume 35/Issue 8 - August 2021

## 278 Corridor Project

We would like to thank all the folks who took the time to send written comments on SCDOT's preferred alternative for the 278 corridor and bridge project. Many of you contacted the POA Office and the Board to express your concerns about the present SCDOT proposal. As you may be aware, the Board President crafted a letter to Hilton Head Island Mayor John McCann on this matter in June of 2021. Board President Jon Heron and HHPPOA's General Manager met with SCDOT staff for over two hours to convey the concerns with the present alternative. Vice President Lori Schmidt and HHPPOA's General Manager Peter Kristian spoke at the Public Hearing on July 22, and Board Member Ed Schottland also met with SCDOT officials.



The main concerns are the addition of two traffic lights, one at Windmill Harbor on the east side of the bridge, the addition of a traffic signal at Old Wild Horse Road and US 278, and the elimination of all left-hand turns at US 278 and Squire Pope Road and US 278 and Spanish Wells Road/Wild Horse Road. While our ability to make left-hand turns would be eliminated, as noted above, the new light at Windmill Harbor would permit left-hand turns from westbound US 278 into Windmill Harbor. The traffic light at US 278 and Wild Horse /Spanish Wells Roads would remain along with the light at US 278 and Squire Pope Rd., bringing the total number of traffic lights in that corridor from two to four.

U-turns at the new light at Old Wild House Road and US 278 are SCDOT's answer to allowing vehicles to access Squire Pope Road, Wild Horse Road, and Spanish Wells Road from US 278. The Town of Hilton Head Island has secured the services of a Traffic Consultant to offer an alternative to SCDOT's preferred option. The Town's alternative will be rolled out later this month in the form of public hearings to be held at the Island Rec Center. Stay tuned for additional details as this situation develops.

## New Spring Lake Tennis Professional Trevor Scott

We would like everyone to extend a warm welcome to our new Spring Lake Tennis Professional, Trevor Scott. Trevor hails from Herndon, Virginia and comes from a family of tennis professionals. Trevor was selected to replace Keith Ferda from a broad field of in-state and out-of-state candidates. Trevor officially came on board June 28, just in time to feel the wrath of Tropical Storm Elsa. Trevor and Keith Ferda, who stayed on a few weeks to assist Trevor with the transition, worked feverishly to get the Tennis Courts back in service as Elsa's rains washed away the top layer of the playing surface from the courts. This task was completed in record time, and the courts were back online in just two days. Trevor is now firmly at the helm of the Spring Lake Tennis Complex. Trevor's energy, expertise, and passion for tennis were evident during our interview process, and we are delighted to have Trevor on staff. Trevor is available for private and group lessons. Trevor will also be conducting Tennis Clinics on various aspects of the game.



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# Hilton Head Plantation

## Property Owner's Association

7 Surrey Lane - PO Box 21940  
Hilton Head Island, SC 29925  
Tel. 843-681-8800 Fax 843-681-8801  
Hours: Mon.-Fri. 8:00 AM - 4:30 PM  
[www.hiltonheadplantation.com](http://www.hiltonheadplantation.com)

## Board of Directors

### Board of Directors Hotline Ext. 9

President Jon Heron  
Vice President Lori Schmidt  
Secretary David Pollock  
Treasurer Jim Lucas

## Members

Jordan Berliner Ann Schwab  
Rex Garniewicz Betsy Weppner  
Ed Schottland

## POA Staff

**General Manager**  
Peter Kristian Ext. 233

**Asst. Gen. Mgr./Administration**  
Todd Lindstrom Ext. 239

**Director of Activities/Recreation**  
Chrissy Kristian Ext. 226

**ARB/Covenants**  
Michele Chisolm Ext. 231

**Communications**  
Leah Davis Ext. 244

**Maintenance**  
David Mills Ext. 227

**Security Director**  
Major Warren Gaither 843-681-3843

**Tennis Pro**  
Trevor Scott 843-681-3626

## Important Phone Numbers

**POA Service Center** 843-681-8800  
Accounting Ext. 236  
Communications Ext. 244  
Covenant Enforcement Ext. 242  
Maintenance Shop Ext. 241  
Tennis Hotline Ext. 290  
Vehicle Decals Ext. 223  
Dolphin Head Building 843-681-8019  
Plantation House 843-681-8090  
Scheduling Office 843-681-8090  
Spring Lake Pavilion 843-681-3707  
Spring Lake Pool Information 843-689-6473  
Spring Lake Tennis 843-681-3626

## Security & Emergencies

Dispatch (24 hours) 843-681-2459  
Pass Line (24 hours) 843-342-9980  
Security Office 843-681-3053  
Fire & Ambulance Dial 911

## From the *President's Desk*

I would like to thank our wonderful POA staff and volunteers for the many hours of planning and participation in our HHP Independence Day Celebration for our children and their parents and grandparents. Many worked outside on an extremely hot day to provide safe fun for everyone. We were also able to host two outdoor concerts by Stee and the Ear Candy Band and The Radio Sparks. Both shows were very well attended, and residents enjoyed listening and dancing to the music.

The Dolphin Head Recreation Area renovation continues to move forward.

The POA Board has already approved the advance purchase of the playground equipment to avoid two separate price increases that we knew were coming up. The overall plans are scheduled to be presented to the Town of Hilton Head at the end of August. Once the Town approves the plans, we can move forward with preparing the requests for quotes to be sent to contractors. Fortunately, home sales within HHP continue to be at a brisk pace which is keeping money flowing into our Capital Transfer Fund.

The July Coffee with Peter was truly a fantastic experience. This was the first time that we were able to meet together indoors and enjoy coffee and refreshments. The room was full to capacity, and many people got to see our new Tennis Professional, Trevor Scott, for the first time. For me, the best part of the Coffee was hearing from our State Senator, Tom Davis. Senator Davis shared his extensive knowledge of various topics, including COVID-19, ERA, the Savannah Port, and Medical CBD. The best message for me was his understanding of the 278 Corridor project and our concerns about SCDOT's preferred plans for the roadway once it lands on the Island. Senator Davis is committed to using his political clout to ensure that this once-in-a-lifetime project is built to meet our needs for those of you that were not present.

Thank you, Senator Davis!

We now have the survey results from the Resident Opinion Questionnaire.

Thank you to all of our residents that invested their time to answer the questions and provide comments. It is great to see that participation has increased over prior years.

The Board, Staff, and Committees will carefully study the responses and use this information as an important factor in defining future processes and projects.

We were fortunate to have our experience with Tropical Storm Elsa be not very severe. A few downed limbs and trees and the tennis court surfaces needed to be repaired, but nothing too major. So we came away lucky this time. Let's use this experience to remind us that major storms can be much worse and that we all need to be prepared in advance.

Please continue to read the *Plantation Living* and all POA emails to keep up-to-date. Board minutes, Rules and Regulations, Covenants, and other POA information is available at our website, [www.hiltonheadplantation.com](http://www.hiltonheadplantation.com). The POA Board address is [board@hhppoa.org](mailto:board@hhppoa.org). You may also email me at [president@hhppoa.org](mailto:president@hhppoa.org).

-- Jon Heron  
**Board President**

# A letter from our

*General Manager*

## Coffee with Peter

Our next Coffee is scheduled for Thursday, September 30, at 10:00 AM at the Plantation House. Our new Town Manager, Marc Orlando will be our special guest.

## Back to School

School starts on August 16 for most children in our community. Our Kids Kamp program ended on August 6, which means many youngsters will be underfoot. Be mindful of children out and about in the community.

## Dolphin Head Renovation Project

We continue to work on this project with our Land Planners, Wood+Partners, and the Town of Hilton Head Island. We have provided preliminary comments from the Town, and based on those comments, we are putting together an official submission for Town review and consideration.

## The Hot Dog Meter

The hot dog meter and pizza meters were off the charts this July 3, when we celebrated our 4th of July event. Every hot dog and every slice of pizza sold out! You came out in droves to participate and take advantage of all the games, food, parade, water slide, and music. This year was unique for many reasons – we have many new residents; we have a bumper crop of adults and children that were itching to get outside and have a good time outdoors. You guys were great, and all the staff and volunteers appreciated your patronage and positive comments.

I have two confessions to make - one; I was late to my post as first on the perch for the Dunk Tank. My daughter Madison was privileged to qualify for Executive Officer Training for her High School ROTC Unit. The training encompassed a weeklong stay at the Citadel in Charleston with Graduation from the program on Saturday morning, July 3, at 9:00 AM. I attended Madison's graduation ceremony with Chrissy at the helm of July 4 (on the 3rd). Madison and I made it back by 1:30 PM and joined in the fun at the Plantation House. I was able to commandeer my spot on the Dunk Tank from one of the eager Kids Kamp counselors, and for about 35 minutes, I challenged youngsters and adults alike to drop me in the drink! The second confession, at approximately the 35-minute mark, when Madison stepped up to try her skill at dunking me, the hinge on the dunk tank seat broke, and we had to shut down the game for safety reasons. I know what some of you may be thinking, that I foiled Madison's chance to take her best shot. I will look to the members of the Softball Club who staffed the Dunk Tank for collegial confirmation that the game did break and was deemed unsafe by the vendors who provided the game equipment!

## WINNERS – Watermelon Eating Contest

Division: Kids 5 & Under

1st – JP Schmid

Division: Kids 6-8 years old

Tied for 1st – Mal Morse & Pierce Cook

2nd – Alyssa Bell

3rd – Alessandra Thompson

Division: Kids 9-10 years old

1st – Gabe Kohmescher

2nd – Stevie Amundsen

3rd – Joseph Bailey

Division: Kids 11-12 years old

1st – Quinn Cook

2nd – Elsie Polutnik

Tied for 3rd – Grace Swann & Santino Bambeck

Division: Kids 13-14 years old

Three-way tie for 1st – Logan Miley, Lakin Little, & John Cromey

Division: Adults 18+

1st – Paul Allis

2nd – Daniel Hardtner

3rd – Amia Bell

## WINNERS – Pie Eating Contest

Division: Kids 6 & Under

1st – Bridget Kostrzewski

Division: Kids 7-8 years old

1st – Lulu Dunn

2nd – Ethan Bell

3rd – Lucca Cook

Division: Kids 9-14 years old

1st – Ryan Popp

2nd – Aidan MacDonald

3rd – Cameron Nottingham

Division: Adults 18+

1st – William Reuter

2nd – Keith Kostrzewski

3rd – Kim Marshall



## Website

If you have not done so already, please visit the POA's new website [www.hiltonheadplantation.com](http://www.hiltonheadplantation.com). Please consider signing up for our email alerts services, including Safety Alerts, Urgent Information, *Plantation Living* online, and Recreation updates. Signing up takes less than a minute and can be found under the email services tap on the left of the screen.

## Hurricane Kits

Please review the POA's Hurricane Preparedness Guide, which can be found on the POA's website under the documents tab, or you can be pick up a copy at the POA Service Center on Surrey Lane. Please review this essential material which has been updated due to our experience with Hurricane Matthew. You should have already prepared a Hurricane Evacuation Kit for yourself and your family. Your kit should be kept in a place where it is easily accessible and updated periodically. If you have not prepared a Hurricane Evacuation Kit, please

## General Manager's Report

*(cont'd. from page 3)*

review the section in the Hurricane Preparedness Guide on what items should be part of your kit. Remember the time to prepare for a possible Hurricane strike and possible evacuation is before a threat is imminent.

### Trevor Scott and Keith Ferda - Tennis

As you may be aware, our long time Tennis Professional (41 years) Keith Ferda has retired. Trevor Scott was selected from a large field of candidates to take on our position as Spring Lake's Tennis Professional. Keith very generously stayed on for several weeks to help train Trevor and familiarize him with his new position. Keith has stepped away, and Trevor is now running the Spring Lake Tennis operation. Trevor's mettle was tested when Tropical Storm Elsa hit us and washed away the top playing surface on our Har-Tru Tennis courts. Keith, who was still helping train Trevor, was on hand, and with the assistance of the POA's Maintenance Staff, we were able to get the Tennis Courts back online in just two days. We are very happy to have Trevor join the POA Staff.

### Water Conservation

If you have an in-ground irrigation system, please give the sprinkler heads a periodic tune-up. Over time these heads get out of adjustments and often put more water on your driveway and the street than they place on your turf and plant material.

### Four Quick Reminders

Do not feed or harass the alligators. At the suggestion of a property owner, we just installed new signs at the Main Street Traffic Circle that indicate "Use Turn Signal". Please mind the signs and signal your turns, and lastly, if you are fishing, please remember it is your responsibility to clean up your area when you leave. We ask that you practice catch and release at all of the POA's freshwater lagoons.

### Respecting Private Property

Some property owners have purchased the lot adjacent to their home, and other property owners just own a vacant lot. These lots are private property and should not be used for dog walking, dumping landscape debris, or a cut-through to gain access to a golf course or lagoon. Please respect your fellow property owner's privacy and property rights and do not use their property without appropriate permission.

### 2021 Resident Survey Results

The last few paper copies of the 2021 Resident Survey were inputted at the end of July. The survey results can be found on the POA's Website [www.hiltonheadplantation.com](http://www.hiltonheadplantation.com) under the Document Tab. I always find it interesting to compare the results from similar questions over the year as we now have data spanning over four surveys 2012, 2015, 2018, and 2021. We had a banner turnout of participation with over 1,800 property owners participating. The Board and I very much appreciate your community-mindedness through your participation. The Board and Staff use this data and trends to help make community and financial decisions and see where we are doing well and areas where we need to improve.

### Capital Fund

Home sales continue to be briskly fueling our Capital Improvement Fund, which has been presently earmarked for the Dolphin Head Renovation project. We had accumulated over \$375,000 for 2021. This brings the total in the Capital Improvement Fund to approximately \$2.5 million.

### Landscape Debris

After Tropical Storm Elsa, most residents brought their landscape debris to our drop-off point for processing into mulch. This service saves residents the time and the expense of having this debris hauled away by a contract waste hauler. It is also very environmentally on point as all the mulch produced by our Wood Hog is used as ground cover throughout HHP. This mulch is also available for delivery to property owners free of charge. We will dump a load of mulch at a spot you designate in the front of your property that is accessible by our dump truck. If you would like to schedule a mulch delivery, please call the POA Service Center at 843-681-8800 and press "0" for the receptionist, and they will schedule your delivery. Deliveries are scheduled for Thursdays, weather permitting. Again we appreciate all who brought their landscape debris to our Landscape Drop Off site adjacent to the Seabrook Farm. Please do not pile your landscape debris on common property. The POA does not provide this type of pick-up service, and creating such piles from debris that originated on private property is not permitted and does subject the offender to possible fines. Picking up such piles diverts resources from their assigned duties. As always, your cooperation is appreciated.

### Projects

Here is a status report on all the Repair and Replacement projects we were scheduled to take in 2021.

#### 2021 Projects

- Replace the Security Department's Radios - Completed
- Replace furniture at the Plantation House - Pending
- Replace the POA Service Centers HVAC System - Pending
- Replace identified POA Office Computers - In Progress
- Replace the POA Computer Server- In Progress
- Renovations to the POA Service Center
- Replace/Replace identified sections of rolled curbs - In Progress
- Replace the storage unit in the POA Maintenance Yard Completed
- Replace the Security Department's ballistic vests - Order Placed
- Repair/replace the lower-level carpet at the Spring Lake Pavilion- Pending
- Replace the Backhoe - Completed
- Replace the night vision goggles for the Security Department- Pending
- Paint the dock at the Spring Lake Pavilion- Fall Project
- Resurface/Repair identified roadways- In Progress
- Repairs resurface identified sections of Leisure Path- In Progress
- Resurface and Reline six Tennis Courts - Completed

**Stay Safe,  
Peter Kristian, GM**

## "Harry G. Heron" Master Covenants Bird

*This month's focus: "Help-Nextdoor-Harry" "Join my Neighborhood"*



This time of year, I always get excited — the evenings still cool down a bit, but it warms up to be beautiful with an occasional pesky afternoon thunderstorm during the day. It's mostly perfect flying weather, and I enjoy watching all the outdoor spring cleaning from my birds-eye view, 200 feet about the community. It doesn't take long to look around and notice the signs of deep summer. The feeling is pulchritudinous!

Does where you live influence what you know? Knowing your community is so important. My human friends often share their deep sense of belonging to our wonderful community. That sense of belonging is what connects us to the many relationships we develop. I chose this community to nest because there is something indescribably lovely about being a part of a group of people who share something more substantial than geographical location...something they feel passionately about. I have spoken with many new humans who have not experienced living in a deed-restricted community such as HHP. Living in HHP has many benefits and protections. These include all the amenities, security, programs, open spaces, and protection of your greatest investment, in most cases, your home. With all these benefits come obligations which included being familiar with and following the Covenants, Rules, and Regulations, and contributing to the upkeep of the community via your annual assessments.

As I "skip-hop" and fly along the many paths leading through the community, I'm observing all sorts of do-it-yourself projects (DIY). Why not? Summer is here, and there is no better time to spruce up! It is my approach when flying around to tackle the easy stuff first. The items that give you the biggest bang for your tail feathers and resources include the following:

- **PODS (Portable Storage Units):** When using PODS to move within the community, please note they are classified as utility trailers. They must be removed from the driveway the same day and adhere to the commercial designated work hours (7:00 AM – 7:00 PM) Monday thru Friday. On Saturdays, the hours are 8:00 AM – 5:00 PM. Trailers, boats and trailers, campers, recreational vehicles, or utility trailers may be placed temporarily on the paved surface of any lot ONLY for loading, unloading, and cleaning. Parking of utility trailers overnight on properties undergoing renovation is prohibited.
- **The condition of your mailbox.** How does yours rate? The POA provides free paint (bring a jar with a lid) if yours needs a fresh coat. If you need replacement parts, new letters/numbers, or a new mailbox unit, these are all available for a fee. Take some time to look; you'll notice that a well-maintained mailbox adds to the initial impression of a property and the streetscape. Sometimes just a quick wash to eliminate a pollen coating, or sometimes the "leavings" from my miscalculating avian friends!

Security has reported that a few uncaring folks have damaged some of my human friend's mailboxes. With school out, there seems to be an uptick in this type of uncalled for behavior. Individuals caught will be fined and responsible for the repairs to

the damaged mailboxes. Parents, please have a conversation with your fledgling "chicks" on this topic and the unfair nature of such behaviors.

- **Yard maintenance.** After spending the winter months perched, I'm not too excited about taking this project under my wing. The very thought of raking, mowing, pruning, and lifting is not my vision of relaxing in the sun. My advice is to start early (you won't get parched from the summer heat), apply plenty of sunscreens, and keep at it until noon. This schedule leaves lots of time to enjoy the remainder of the day.

- **Common Property/ Road Right-of-Way:** My human friends continue to interrupt me (during my downtime enjoying the lazy river at Spring Lake Pool) about the damages caused to their sprinkler heads by the cars that park on the edge of the lawn/ Commercial vehicles. In general, landscaping beyond the property lines (except for turf) is discouraged. We do appreciate property owners taking care of the road right-of-way. The unpaved road right-of-way (owned by the POA) is 10 to 15 feet from the edge of the paved road surface. The POA assumes no responsibility for any damage incurred in the road right-of-way to private irrigation systems. This area is designated for parking and utilities and is subject to the intrusions of such activities. Private irrigation systems and landscaping are not authorized in the POA's road right-of-way, and the owner assumes all risks of such an installation. Any rocks, reflectors, or material placed on the road right-of-way to deter parking should be removed immediately.

Your landscaping debris must be taken to the POA landscape drop-off, accessible through the Seabrook Farm Road entrance. Piling landscape debris on the road right of way is considered illegal dumping and subject to fines by the POA. Picking up such debris is not a service provided by the POA. Each property owner is responsible for carrying their yard debris to our landscape dumpsite located inside Seabrook Farm or taking such debris to the Transfer Station on Dillon Road.

Everyone benefits from the improved state of an old tattered mailbox and the neat appearance of your yard. You will be surprised how these few focused projects will improve the look of the entire streetscape. If you have any plans to remodel or re-landscape, you'll need to contact Michele Chisolm in the ARB Department (843-681-8800 ext. 231) and discuss your ideas before proceeding with your project. Do not forget about the neighbor next door, POA open spaces, lagoons, and drainage ditches. Leaves should not be blown or deposited onto neighboring properties. This might ruin a friendship, plus you'll have some unexpected cleanup work. Remember your lot lines and boundaries before you go crazy with the clippers. Throwing debris in the wrong places causes more harm than good. Or cutting your neighbors shrubs needs to be thoughtfully considered; you don't want to be the reason your neighbor's prized shrub is not flowering. Depositing leaves and grass clipping in drainage ditches, lagoons, POA open space, or your neighbor's yard is an absolute N to the NO. These are great tips to avoid a kerfuffle; if you don't break the rules, the rules will not break you.

**-- Harry Giovanni Heron**

843-681-8800, ext. 242 wlee@hhppoa.org

## 2021 Spring Lake Pool Rules

Swimmers assume responsibility for their own safety and that of their families. Lifeguards will not be on duty during all hours that the pool is open. The pool is equipped with a self-locking gate, an emergency telephone, and a first aid kit at the Guard Office. Report problems to Security – 843-681-2459. Also, DHEC will inspect for fecal contamination and other violations. If DHEC finds any contamination, they will close the pool immediately. Please be courteous and if you have a child that is NOT potty-trained, he/she MUST wear a secure-fitting, waterproof swim diaper at all times. For questions, please contact the Director of Activities at 843-681-8800, ext. 226. Thank you for your cooperation.

### Spring Lake Pool Regulations

1. HHP Property Owners, their family members, guests, and tenants with leases of at least nine months may use SL Pool.
2. Spring Lake Pool users must present their validated HHP Photo ID Card to the pool staff when using the facility.
3. Property Owners, residents, and children 17 years and older, with validated HHP Photo ID Cards, may bring four (4) guests to the pool. Children 16 years old, with a validated HHP Photo ID Card, may enter the Spring Lake Pool; however, they are prohibited from bringing guests.
4. Spring Lake Pool users and their guests must adhere to a proper code of conduct and follow instructions from the lifeguards. Appropriate conduct and rules include, but are not limited to, the following:
  - Lifeguard approval of all floatation devices. (Floatation devices must be Coast Guard approved.)
  - Using earphones with audio equipment.
  - Placing trash in receptacles.
  - Smoking is not permitted within the Spring Lake Pool compound at any time. (This includes e-cigarettes.)
  - Wearing swimwear at all times.
  - Showering prior to entering the pool.
5. Guests, 17 years or older, with a validated House Guest Card may bring two (2) guests.
6. Children age 15 years or younger MUST be accompanied by a parent/guardian (17 or older).
7. It is the parent's/guardian's responsibility to ensure that children not potty-trained must wear secure-fitting, waterproof swim diapers at all times. NOTE: Anyone found responsible for a fecal contamination at the Spring Lake Pool will be held accountable for the cost of treatment and be subject to additional sanctions. If the person responsible is not a property owner, the cost of treatment and other sanctions will be levied against the host Property Owner/resident.
8. The following is prohibited in the Spring Lake Pool enclosure:
  - No solo swimming
  - No animals or pets of any kind
  - No glass containers
  - No spitting, blowing nose, or individuals with skin, eye, ear, or respiratory infections, diarrhea illness, or nausea

- No diaper changing on deck
  - No bikes, skateboards, skates, or rollerblades
  - No diving
  - No one with communicable diseases
  - No one with open lesions or wounds
  - No running, boisterous, rough play
  - No alcohol or drugs and no one under the influence of alcohol or drugs
  - No rings, body floats, rafts, and other such devices
9. In the zero-depth area of the pool, infants will be permitted to use a baby ring as space dictates but they MUST be under direct supervision of a parent/guardian at all times.
  10. Safety breaks will be called at the discretion of the lifeguards.
  11. Pool noodles are permitted but they are to be used for floatation only. (*Patrons must bring their own pool noodles*)
  12. Coolers are permitted but they are subject to inspection. All food/drinks must be kept at least ten (10) feet from the edge of the pool. **Alcohol is NOT permitted.**
  13. No climbing is allowed on the island in the middle of the lazy river.
  14. Children wearing Coast Guard approved floatation devices in the lazy river or the deep-end area of the pool MUST be accompanied by a parent/guardian at all times.
  15. Spring Lake Pool may not be used for personal profit or commercial purposes.
  16. Cabanas and tables may not be reserved. They may be used on a first come, first served basis. Property Owners and guests should not leave personal items unattended. The HHPPOA accepts NO responsibility for any item left unattended.
  17. Lifeguards have the authority to expel violators. They may also create and enforce other safety rules, as necessary.

### UPDATED HOUSE GUEST CARD POLICY AT SPRING LAKE POOL

HHP House Guest Cards are now being accepted for entrance at the Spring Lake Pool. House guests that are 17 years of age or older may bring up to two guests with them for a total of three individuals permitted on one HHP House Guest Card.

\*The Spring Lake Pool Hours for June, July, & August:

	<b>Every day</b>
<b>Opens:</b>	<b>8:00 AM</b> <b>(Tuesdays – 10:00 AM)</b>
<b>Closes:</b>	<b>8:00 PM</b>

\*Morning lap swim times are 7:30 AM until 8:15 AM (except Tuesdays). There is NO morning lap swim on Tuesdays. Evening lap swim times are 30 minutes prior to closing. If you have any questions, please feel free to contact the Director of Activities at 843-681-8800, ext. 226. Thank you!

## Plantation Golfing

by Jerry Cutrer

### Dolphin Head Golf Club

Dolphin Head Golf Club ladies hosted a "Little Brown Jug" event with competition between 16 two-person teams from three Brown Golf courses: DHGC, Palmetto Hall and Pinecrest.



DHGC members celebrated America's Birthday with a July 4th Flag Tournament. At the end of competition, three teams were tied for first place: Nick & Torry Ramey and Scott Skinner & Laurie Johnson; Bob & Pat Carroll and Jim & Susan Zeller; and Rollie & Marsha Kimble, Susan Silver and Gordon Smith.

**Top Right:** Little Brown Jug competitors from Dolphin Head, Palmetto Hall and Pinecrest Golf Clubs.

**Left:** (L-R) Flag Day participants Nick & Torry Ramey and Scott Skinner & Laurie Johnson.

### Country Club of Hilton Head

The Women's Golf Association held its annual "Buddy Buddy" Tournament, a one-day better ball of partners event. Gretchen Iverson and Jane Rojhan captured the 2021 crown.



The Women's Nine Hole Association a Firecracker Pink Ball tournament on a hot July day. Carol Froman, Jan Marc and Christie Beam took top honors in the event.

**Top Right:** (L-R) Gretchen Iverson and Jane Rojahn, Buddy Buddy Champions.

**Left:** (L-R) Buddy Buddy competitors Jenny Brymer and Ellen Muhl played in matching outfits.



### Bottom Right:

(L-R) Pink Ball winners Carol Froman, Jan Marc and Christie Beam.



## Yacht Club

### Preparing Your Boat For A Hurricane



Hurricane Elsa did us a messy favor by only blowing leaves, branches, and a few trees down as she passed through. Thanks to Linda Benning for locating the online article from Chubb Insurance on Hurricane preparedness for boaters:

- Move the boat if you can. If your boat is trailerable, haul it out of the water to a safe location far from tidal waters and away from trees that could topple. Remember to pull the drain plug and remove electronics on board.
  - If it needs to stay in a marina berth, double all lines, and rig-cross spring lines fore and aft, and attach lines high on pilings to allow for tidal rise or surge. Secure the vessel on the offshore side to solid pilings and make sure cleats and other attachment points are strong.
  - If it will remain on a mooring, make sure the mooring will withstand the load placed on it by your vessel. Contact your marina or mooring provider to confirm the maximum load. Inspect chains and swivels that connect to the mooring buoy and double up on the mooring pendant.
  - Do not stay onboard. During a hurricane, winds can exceed 100 mph, and tornadoes are often associated with these storms. If you're on board during a bad storm, you risk your life. Don't wait until the last minute to prepare. Keep yourself safe.
  - Cover all lines to prevent chafing. Wrap all lines where they feed through chocks with tape, rags, and rubber hoses or leather. Install fenders, fender boards, or tires to protect the boat from rubbing against the pier, pilings, or other boats.
  - Monitor weather broadcasts frequently. You'll need all the time you can get if you need to move your vessel, strip sails, derig, tie, and anchor.
  - Create and maintain an inventory of all items. This includes personal belongings left on the boat and those you take off. Mark valuable items so they are easy to find. Consider keeping a video or photographic record of the boat and contents in a secure location.
  - Keep documents and insurance handy. Consolidate in a safe place, including insurance policies, recent photos of the vessel, boat registration, equipment inventory, and lease agreement with the marina or storage facility.
  - Understand your responsibilities and liabilities. Check your lease or rental agreement with the marina or storage facility to see what they cover and what you are responsible for.
  - Be cautious after a hurricane has passed. Electrical wires could be downed but still "hot" because generators may still be operating. There could be stray electrical current from submerged outlets and/or shore cords in the water, damaged vessel systems, etc. Do not enter the water. Check for leaking natural gas and propane by smell only, not with matches or candles. Check dock lines and mooring pendants, and before you get underway, confirm that there are no submerged objects or debris in your path. Contact local authorities to be sure waterways are safe to navigate.
  - Maintain a list of key contacts. It's a good idea to keep a list of key contacts handy for use throughout the boating season, such as your marina, emergency towing providers, and your insurance agent.
- And when we return to HHI from our summer adventures, HHPYC members look forward to coming together as a club in the fall to share in both on-the-water and off-water activities.

-- Sansing McPherson, Member at Large

## Farmers Club



While you “met” some “new farmers” in June, I thought you’d enjoy hearing from

some of our “very experienced farmers” when they were asked - What do you enjoy most about farming here? What has been the biggest farming challenge &/or accomplishment?

Mel grew up on a farm, exposed to gardening at an early age. He’s continued gardening, for he finds watching things grow therapeutic.



A Farm Club member since 2013, he enjoys interacting with other gardeners, learning from those who know the area, and sharing what he knows with others, newcomers in particular. His biggest challenge is dealing with elements over which he has little or no control, i.e., weather, insects, animals, and plant diseases. His biggest gardening accomplishment is being able to grow enough produce to share with others.

Gretchen has had a garden plot for 30 years, initially working with a friend who knew a lot about gardening; she then started with her own plot, at one time had four plots, and has now returned to one plot. The rewards of farming have been fresh fruits, vegetables, and good friendships. The challenge is always weeding! The club is strong because the members volunteer in so many projects.

Clarke gardened in Michigan and has had farm plots for 21 years! He enjoys giving “free advice” about planting, helping new farmers get started, and loving giving away vegetables. Among his accomplishments are starting the Common Garden (where produce is grown to sell at the Farm Market and during the past year given to the St. Stephens Food Pantry), putting up the lighted flag pole, growing very successful gardens canning and freezing a variety of his vegetables. He enjoys the camaraderie with others during his frequent visits to the Farm!

I hope you have enjoyed “meeting” some of our farmers. You are invited to stroll through the gardens and visit with the farmers. While some gardens are being “put to bed” during the summer, you’ll notice other crops like peppers, eggplant, and okra thrive in hot weather.

Thanks again to all for our very successful summer market! As an FYI, the volunteer team voted to contribute the change left in our “donations jar” to Hospice Care of the Low Country in honor of Marsha Ricker, wife of one of our volunteers. *Photo by Chris St Jacques*

--Nancy Renner  
nnrenner@outlookcom 505-269-6498



## Craft Beer Club



The July meeting returned to Spring Lake Pavilion with a cookout on the grills. Cookouts

and craft beer—what a great Summer idea! New members joined us and enjoyed beers they had never tasted. Many members have ordered their tickets for the Charleston Beer Fest being held on October 9, and tickets are still available.

This is an outdoor event with 40+ breweries and is held along the Cooper River in North Charleston. These events provide an exciting way to taste new craft beers and frequently feature one-time brews from a brewery.

Tentative plans are being made for an August meeting at the island's newest brewery, Lincoln and South. Details will be forthcoming soon, but the best way to learn about the meetings is to join and receive Email updates.

The club typically meets on the fourth Monday of each month at the Spring Lake Pavilion at 6:30 PM unless there is an offsite event. Members are always encouraged to bring craft beer from the area or their travels to discuss and share with the group. Dues are \$10/year per person, and you may join at any time of the year. Our sharing provides craft beer aficionados the opportunity to try other styles and flavors of beer to expand their beer palates.

Please contact Steve Yingling via Email at SteveHHI@kw.com with questions or indicate your interest in becoming a member or send contact info for those who wish to be members or guests.

CHEERS!!  
-- Steve Yingling

### Men's Cards

Per the schedule listed on the POA Monthly Activities Calendar (insert can be found inside *Plantation Living*), Men's Card Groups play at the Spring Lake Pavilion at 6:00 PM on the following days:



- Every Tuesday**
- Every Wednesday**
- Second & Fourth Thursdays**

We encourage you to stop by and watch the games played to determine if you are interested in joining one of the groups.

### Our Tuesday Bridge

Our Tuesday Bridge meets every Tuesday at the Plantation House at 12:30 to play intermediate level bridge. Our membership is currently complete, however, subs are welcome. If you are interested, please contact me, at the following email, and I will be in touch with you.

[bgslops@hargray.com](mailto:bgslops@hargray.com)      **Lois Smith**

### Bunco

We meet on the 3rd Monday, 7:00 PM, at Dolphin Head Rec building.



**Betty Vosler** 843-715-3708

## Newcomers Club



Greetings! I hope everyone is continuing to enjoy summer here on our beautiful Island. We are looking forward to starting our Newcomers Club 2021-22 season with a lovely luau event. This catered event will be held on Tuesday, September 21, beginning at 6:00 PM at the Plantation House. For further details, watch for your email invite, which is typically sent out on the first of the month.

FYI you can now pay online for your yearly membership dues of \$15 per person and our club events.

If you are not yet a member, the Newcomers Club is a fun social group and offers a great way to make new friends. Please check out our website at [HHPNC.com](http://HHPNC.com) for details on how to join. Health and Happiness to you all, and we hope to see you in September!

-- **Ginny Freeland**,  
Publicity Chair

## The Happy Times Party

One Sunday a month, amiable HHP folks gather to share food drink and conversation and one of the Plantation's loveliest spots, Dolphin Head. No reservations, no RSVP, no meeting, no agenda, no dues. Just a good time. Bring your own beverage and a contribution to the finger food table. Ice provided.

Date: Fourth Sunday of the month (except December)

Time: 5:00 - 7:00 PM

Place: Dolphin Head Recreation Area

For more information call **Schatzi Khalifa** at 315-382-1727, or email **Ezz Khalifa** at [hekhalifa@gmail.com](mailto:hekhalifa@gmail.com).

## Just a reminder for all POA Clubs using the POA facilities:

We will be having our **ANNUAL ALL CLUBS MEETING on Friday, September 10**, to review HHPPOA rules and regulation for Clubs, discuss logistics of use of the buildings, scheduling procedures and event marketing.

Each Club is encouraged to send at least ONE representative to the meeting. **ALL Clubs – Please meet at the Plantation House at 10:00 AM.** Also, don't forget! Club paperwork and building schedule request forms for 2022 will be emailed to each Club in advance and must be returned to the Scheduling office on or before the meeting date. For questions, please call the Scheduling Office at 843-681-8090.

## Kayak Club

Hello, fellow kayakers! We hope you will join us for one or more of our fun paddles. Our club plans trips for those with and without kayaks.



Meetings usually take place on the fourth Tuesday of the month at 7:00 PM at the Plantation House. For all the latest information on our current plans as well as meeting information, please check out our website at [www.kayakclubhhp.weebly.com](http://www.kayakclubhhp.weebly.com).

If you are not a member of our club and would like to be, or if you have any questions about the club or our activities, please contact Cindy and/or Bruce Seeley at [kayakclubofhhp@gmail.com](mailto:kayakclubofhhp@gmail.com). Please note that you must be 21 or over. Those under 21 must be accompanied by a parent or guardian.

## The Tee Timers



The Tee Timers, a women's golf group, plays each

Wednesday on the courses here in HHP: Bear Creek, Dolphin Head, and Oyster Reef. We welcome golfers of all levels of ability. Now that most of us have been vaccinated, we will schedule our social events for the coming year.

Our new season begins in September, and registration for the new year begins in August. Dues are \$15 annually. To sign up for the next year with our group, please send your dues and your name and email address to Maureen Schlegel, 9 Pearl Reef Lane, HHI SC 29926. For more information about The Tee Timers email [theteetimers@gmail.com](mailto:theteetimers@gmail.com)

HHP is looking for strong candidates to join our Security Team.

If you or someone you know is interested please contact Major Warren Gaither at [wgaither@hhppoa.org](mailto:wgaither@hhppoa.org) or Vanessa Green at [vgreen@hhppoa.org](mailto:vgreen@hhppoa.org).



**Job Posting**

## Garage Band

We strongly urge everyone to get fully vaccinated, and we hope that will help bring our long, lonely depression to an end. Meanwhile, we are continuing to have a safe and friendly place to play music. We use a large space in the Plantation House where there is a lot of room and good ventilation. Everyone follows COVID rules. Attendance is increasing, and we even have some 'fans' who come to hear our music most weeks. Come inside or sit on the porch under the fans in the pleasant summer evening. For you groupies, we try to start playing around 7:30 PM.

The 'Garage Band' is a place for musicians (beginner to experienced) who want to play 'classics': rock, country, blues (and even pop). We have a good time playing music that people like to hear. Members are encouraged to bring songs for the club to play. Everyone helps the club get a set of songs together.

SO, everyone come 'rock out' with us. The Garage Band wants YOU to come and listen, play, and/or sing!! Don't be embarrassed – it's like singing in the shower only with clothes on. We meet every Wednesday of the month at the Plantation House from 7:00 until 10:00 PM. For more information, you may contact Ric Blaine at 706-373-8204 (rcb3771@gmail.com) or Tony Smithson at 847-922-8588 (asmithson69@gmail.com). And stay healthy and safe!! We'll play loud enough so you can hear us – maybe even in the parking lot! Please come on down and rock out.



## Ladies Bridge Group

We meet at the Plantation House every Friday at 1:30 PM. We currently have a full roster; however, if you are interested please let me know and I will get in touch with you if we have an opening or need someone to sub. Please email me at [lakwb@hargray.com](mailto:lakwb@hargray.com). Level of play is Intermediate.

--Lois Womelsdorf



The favorite place for men to come for some good manly conversation, a cup of joe and a breakfast treat is going

on hiatus during the months of July and August.

We will resume our weekly meetings on Thursday, September 2 from 8:30-9:30. The location will be communicated at a later date through email and *Plantation Living*.

If you are interested in weekly good conversation and are not receiving our emails, please contact John Prange at [j2prange@gmail.com](mailto:j2prange@gmail.com).



## HHP Dog Club

Hello Dog Folks, Our next get-together is just around the corner, so don't miss it! On **Friday, September 3, 6:00 PM, we will meet at the Spring Lake patio for Cocktails and Dogtails (rain date 9/10).**



Please bring a plate of appetizers to share, your favorite beverage — not to share — and your canine companion. The club will provide paper products, plastic cups and flatware, and ice. You will meet other club members and their dogs of various breeds and mixes for a convivial evening of conversation.

Some of the canines you will meet are directly from breeders, and others have been adopted or rescued from shelters. When deciding whether to purchase or adopt, you might consider the following:

### When to Purchase —

1. You are knowledgeable about the breed you want and feel its characteristics would be compatible with your personality;
2. You have researched the breed's activity levels and feel your lifestyle and home would meet those needs;
3. You specifically want a puppy and are ready to provide the attention and training it will need;
4. You have found a reputable and ethical breeder who carefully matches a puppy with an appropriate individual or family and who selects breeding partners from other AKC-certified canines.

### When to Adopt —

1. You have met the dog and feel its activity needs would be a good fit for your family's lifestyle;
2. If your home includes children or other pets, you feel confident that the adoptee will get along with them;
3. If the dog has health issues or is a breed with a propensity for serious health issues, you feel that you will be able to afford the resultant vet bills.
4. If the dog has behavioral issues, you are prepared to address these concerns with patient training.

My husband and I have combined the two — purchase and adopt. We feel that our personalities and lifestyle and the Poodle's characteristics and activity needs are compatible. However, we do not feel equipped to deal with the puppy stage. Therefore, we have always gotten our Poodles as youngsters from breeders who no longer wish to breed them, paying far less than we would for a puppy. Most importantly, we have carefully researched the breeders to ensure quality. Hopefully, these tips will help you when getting a new canine companion.

Meanwhile, Happy Dog Walking,  
**Helen Collins, Club Facilitator**  
[hmcollins@hargray.com](mailto:hmcollins@hargray.com) | 843-689-9303

**The Avid Gardeners (TAG)**

As my parents used to say to my siblings and me, "If it isn't one thing, it's always another!" This was demonstrated in mid-July when "Elsa" passed through HHI, so if it wasn't COVID we had to worry about, it was the possibility of a hurricane.

Interestingly, we started our 16th year on HHI in mid-June and have never had problems with the various hurricanes that have passed us by over the years, such as Matthew and a few other "named" storms. In this case, Elsa was predicted to be a storm at all barely, but for us, we had more "yard" damage than we've ever had from any other storm. Our yard has many 100 ft. tall Loblolly Pine trees scattered around. Elsa took down about 20 huge branches (6" diameter, 20 – 25' long) from these trees, making our yard look like a bomb had exploded.

Aside from the issues that arrived with Elsa, HHI has been very lucky in that we've weathered the COVID virus pretty well, and everything is slowly making its way back to "normal"! For TAG, our club meetings are on the 3rd Friday of each month from September to June, with the summers off. We were fortunate to have our first meeting in over a year in May when we had a luncheon to celebrate our newly elected Officers for the upcoming year beginning in September.

TAG meetings are held on the third Friday of each month from September to June, and all HHP residents are always invited. The meetings begin with a coffee/social at 9:30 AM in Spring Lake Pavilion, followed by a short business meeting at 10:00 AM, and then that month's program. If you are interested in joining TAG, please contact Chris Thumm, 2nd V.P. – Membership, at [Thumms@aol.com](mailto:Thumms@aol.com).

**--Dick Phillips,**  
Past President

**Calling all Paddleboarders!**

Looking for other Plantation residents that may be interested in forming a new club of Paddleboard Enthusiasts! If you would be interested in joining, please contact Dawn Wickline at 843-422-0889. If there is any interest, we will schedule an informal meeting to discuss details.

*Would love to hear feedback!*

**Dawn Wickline      [dawnipoo1119@gmail.com](mailto:dawnipoo1119@gmail.com)**

**Family Caregivers Join Hands & Support Each Other A support group for family helping to care for a loved one**

At this time all meetings are canceled for this group through the end of the year due to Ann Martel's family demands and COVID.



**Mark your calendars! The HHP Crafters' Holiday sale date is November 13 at Christ Lutheran Church at 829 William Hilton Parkway (9:00 AM - 2:00 PM). Also, don't forget to visit our booth at the fall HHP Trash and Treasure Sale! All proceeds benefit Hospice Care of the Lowcountry.**

The crafters who make up HHP Crafters are a very diverse group of people, and so are the crafts they create. We have knitters and crocheters, sewers and painters, jewelers, paper crafters, and woodworkers. We also have crafters who like to repurpose items – turning forgotten items into beautiful one-of-a-kind art pieces.



**Where are good places to find craft supplies?**

Besides craft stores, you can also find supplies in the craft departments of discount stores and dollar stores. Many online sites sell everything from craft kits to craft books.

A new option is monthly arts and crafts subscription boxes. Some are of general interest, and some are specific to your craft.

Office supply stores, grocery stores, and pharmacies are also good places to look for craft supplies. Look for seasonal sales for colored pencils and paper before school starts and tissue paper and ribbon after Christmas. Thrift stores and neighborhood yard sales are also good sources of crafting materials. Besides raw materials like yarn and fabric, you can find many items just perfect for repurposings, such as jewelry, tablecloths, and flower pots. And don't forget to look in your own home for crafting supplies and inspiration!

Of course, a beach is also an excellent place for crafting inspiration. Shells are usually plentiful but don't forget to look inside any intact shell to check for a hermit crab that may already live there. Respect the local bio-diversity, and never take a live shell such as a sand dollar or sea star.

If you are interested in joining Crafters, getting email updates on craft sales, or donating craft materials, **please contact Margot Gilbert at 843-342-9996 or Deanna Collins at 843-689-3979.**



**Laurie Arnold**  
[arnold3909@yahoo.com](mailto:arnold3909@yahoo.com)

**Notice**

Your interactions with members of the Security Department and the POA Staff may be recorded.



Hilton Head Plantation  
**ARTISTS**  
Association

Many of our HHP Artists are inspired in the summertime by the dramatic sky colors that are so beautiful here in Hilton Head. Enjoy these featured works of art by pastel artist Robert Wortmann.

Our members are comprised of painters, photographers, sculptors, jewelry designers, fiber and glass artisans, each with their unique perspective to capture the spirit of the Lowcountry. While our formal meetings and painting group take a holiday during the summer months, we look forward to starting again in October. If you'd like to enjoy more of our talented local artist's works, please stop by the Plantation House or POA office. If you are interested in learning more about us, please email us at [hhpartistnews@gmail.com](mailto:hhpartistnews@gmail.com).

--Mary Elizabeth Sullivan



Left: "Here Comes The Sun"

Right: "Good Night Sun"

Both painted by Robert Wortmann

**Woodcarvers**

Got some free time between 1:00 - 3:00 PM on Thursdays? Stop by Dolphin Head and see what the carvers have been up to. Want to know how to sharpen a knife? We can show you. We also do wood



burning on some of our carvings. There are lots of different projects in the works. Hope to see you soon.

**\*This group is taking a break until after Labor Day - please check next month's Plantation Living for an update!**

Contact Jan Gantzhorn 302-528-3475

Fishing Club 

We are getting close to restarting our normal club activities with a Low Country Boil scheduled as our September meeting. You

will receive cost and payment information via email.

When this issue of *Plantation Living* is published, the Kids Kamp fishing program will have ended. Many thanks to those club members who helped out. We set a new record on the first day of Kids Kamp Fishing with a hook-up two seconds after the first cast. Unfortunately, it wasn't a fish. A few tears but no real injury. That's why we pinch the barbs on the fishing hooks.



The SC Department of Natural Resources has established new regulations concerning flounder. The catch limit has been reduced from 10 to 5 per person per day, and the minimum legal size has been increased to 16 inches. These new regulations apply at Spring Lake, Bear Lake, and Pine Island (Dolphin Head). The new regulations became effective on July 1.

A few words of explanation about our freshwater lagoon system to bring our many new residents up to speed. While the recreational opportunities offered by anglers by our lagoons are many, the lagoons really weren't installed with fishing in mind. They are part of a large, interconnected water control system. The soil removed to create the ponds was used to elevate residential lots, and the Plantation developer was able to sell lakefront building lots at a premium. Whatever the reasons, about 25 of these ponds are fishable to HHP residents. About 17 of the larger ponds have been stocked with largemouth bass and several types of panfish, primarily as feedstock for the larger bass.

While catfish were stocked in only a few ponds several years ago, they have found their way into ponds connected to those stocked. Grass carp were placed in several ponds as a weed control mechanism, but catching one of these plant-eaters is a rarity. You may also find a Crappie once in a while. We do not normally stock brackish water lakes. We did do a one-time stocking of redfish and a one-time stocking of striped bass, but we do not expect to repeat those efforts.

Rainwater runoff from the community ends up in our lagoons and works its way out of HHP to Skull Creek in the back-gate area, Jarvis Creek at the front gate area, and Port Royal Sound near the Hickory Forest area. The brackish water lakes are tidal, and overflow leaves HHP between Ribaut Island and Pine Island. Please visit the club's website at [HHPFishingClub.com](http://HHPFishingClub.com). All sorts of information!

- Earle Nirmaier



It was wonderful to see so many new and returning members at the August 10 Ice Cream Social. What a great opportunity to catch up with friends and meet new ones! The 2021-22 Women's Club year will provide each of you with opportunities to expand your horizons intellectually and socially. Look forward to a wide variety of monthly meeting topics, social gatherings, fundraisers, as well as 20+ Special Interest Groups over the next ten months.

Please visit our new website at [www.hhpwc.org](http://www.hhpwc.org) to register, become a member, and pay your \$20 annual dues. You will find a wealth of information regarding our organization's commitment to uniting the women of Hilton Head Plantation with each other and with those in need in Beaufort County. Once you have become a member, we encourage you to sign up for any Special Interest Groups you might enjoy. Just go to Groups on our website and log into the Members Portal to contact Group Leaders. You will even find information on how to suggest a new Interest Group.

Our Speaker Series will resume with local author Bernie Schein who wrote *Pat Conroy, Our Lifelong Friendship*. The two became friends during their high school years in Beaufort, SC. Bernie's wit and straight from the heart stories will have you both laughing and crying and wanting to hear more. Plan to join us at Plantation House on Tuesday, September 14. We will start with social time at 1:30 PM. Members will receive an email invitation. Please remember to RSVP if you will be attending.

New members this year can expect to receive an email invitation to the New Member Happy Hour at Spring Lake Pavilion on September 28 from 5:00 to 7:00 PM. This popular event gives newcomers and board members a chance to meet and mingle. Hope to see you there!

Let us join together to make this 35th Anniversary Year of HHPWC the most successful ever!

--Mary Albright  
Women's Club Publicity Chair

## WC Book Review

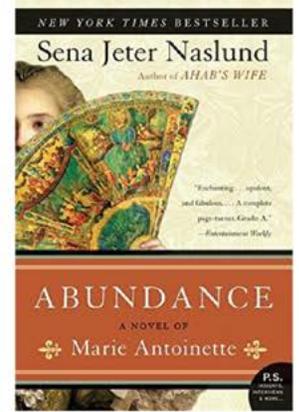
### Abundance: A Novel of Marie Antoinette by Sera Jeter Naslund

This historical novel, set against the backdrop of the French Revolution, is told from the perspective of Marie Antoinette. We follow her life from age 14 with a marriage arranged by her mother to the future King of France, through her rise to Queen of France, and finally to her execution. As the story develops, we see the abundance of the wealthy contrasted with the scarcity of the common people.

**PRO:** presents a clear view of the extravagance of the wealthy; interesting information on the importance and expectations regarding dress, hairstyles, and behavior of the royals; good presentation of the role of royal families and arranged marriages to create political alliances; brought to the forefront the cruelties of the time; parallel of the pamphlets criticizing the rulers with today's constant political messages; book promoted excellent discussion.

**CON:** some found the first half of the book a bit slow and hard to get interested in the story; a bit too much repetition; more editing would have tightened up the story.

**CONCLUSION:** Of the 11 Zoom participants, one person gave the book our highest rating of a 4; ten rated the book a 3. Based on this, we highly recommend the book to other groups.



-- Reviewed by The Relaxed Readers



*Monthly Speaker Series! Social Events! Volunteer Opportunities!*

*Many Special Interest Groups! Check them out:*

Beach & Bluff Walkers | Biking Buddies | Bible Studies | Book Clubs |  
 Flick Chicks | Theatre Lovers | Green Thumbers | Happy Hour Girls & Virtual Happy  
 Hour | Vino Formaggio | Out to Lunch Bunch | Road Show Adventures | Knit Wits |  
 Mah Jong Lessons | Card Sharks | Marathon & Party Bridge |  
 Advanced & Beginner Bridge Lessons | Euchre

*Visit our website to learn more! [www.HHPWC.org](http://www.HHPWC.org)*



### Friendly Foodies Gourmet Cooking Club

Our club is open to interested cooks willing to host eight members for a fun and collaborative meal. While the host prepares the entree and sides, guests provide appetizers, salads and desserts. We hold up to four dinners per month with rotating hosts and guests. This is a great way to meet new friends! **Currently our membership roster is at capacity, if you would like to be added to our wait list please contact [Lynnjenningstaylor@gmail.com](mailto:Lynnjenningstaylor@gmail.com).**

### Men's Cooking Club

**Men's 2nd Wednesday Cooking Club** Our group recently met for lunch at Dockside and decided to resume meeting in person in September. Such issues as summer travel, HHP Summer Camp, and an extra measure of COVID safety were factors in the decision.

We are currently at 10 members and therefore have room for two more "chefs." We are an informal group of guys who have good fun and fellowship. A high level of culinary expertise is defiantly not required. We learn from each other. For more information, reach out to Rick Dean ([Rjdean@roadrunner.com](mailto:Rjdean@roadrunner.com) or 770-354-3340).

### Men's 4th Tuesday Cooking Club

Our Cooking Club consists of men who enjoy cooking new and interesting full course meals for lunch once a month. The meal is prepared at the Spring Lake Pavilion or frequently at the member's home. We enjoy each other's company and the opportunity to improve our skills. **For further information please contact: Steve Strom 843-342-2838.**

## Softball Club

Summer is now in full swing, and the HHP Softball Club is back on the circuit playing games against the Sun City Clubs. It was fun to play against our old friends that we have not seen in over a year. Team members also ran the Dunk Tank at the annual Independence Day Celebration, an event we have been working for several years. Some of our members also participated in the inaugural season of the Beaufort Senior Softball League, and we hope to continue so this league will be a mainstay in the Hilton Head/Bluffton area.

We continue to draw new members to the club's Monday practices, throwing the ball around, working on the fundamentals of the game, including hitting, fielding, and base running. When there are enough players, we will have a scrimmage. The practices are fairly low-key and generally an excellent way for players to work on their game and meet new friends simultaneously. We are open to everyone, including you ladies who have played during your school days or just want to try something new.

So, if you want to get some great exercise, you can practice and play as much or as little as you are comfortable with. If you want to get involved in the games against other teams, you can join in the fun and make some new friends. Come on down to our Monday practices at 10 AM (or 1 PM when the weather turns cooler), and I'll fill you in on the particulars. You can also call or email me, Bob "Bonzo" Huisman, at 843-715-2516 (or [modybloo@hotmail.com](mailto:modybloo@hotmail.com)).

**Softball is fun!**

**Bonzo, Club President**  
[modybloo@hotmail.com](mailto:modybloo@hotmail.com)

## Train Club

This club is for anyone with an interest in trains. Members are modelers, history buffs, railfans, etc. Model train members have O, HO, and G gages to name a few. The club has a permanent O and HO Gauge Plantation House layout.

We operate trains for some plantation functions, such as July 4th, the Holiday Hayride and the Children's Holiday party. We provide assistance to anyone who needs help or wants information about the hobby. Our club members or guests do presentations on various train topics. We may visit other train clubs in the area, attend area train shows, visit museums or member's home layouts.

Regular meetings are normally held at the Plantation House at 2:00 PM on the second Wednesday of the month. Our summer hiatus is from July through September. Meetings resume in October and run through June.

Guests and new members are encouraged to attend. For additional information contact Mike Denoncourt at 843-342-7272 or email: [mdenoncourt@hargray.com](mailto:mndenoncourt@hargray.com).

**Top Right:** *The following HHP Train Club members ran trains for the 4th of July party at the Plantation House. (Left to Right - Rusty Fidler, Club VP; Bob Gluszik; Past President, and Dave Garceau, Treasurer. There were fun games, good food, and a great parade; if you missed this year's festivities, be sure and come next year; everyone is welcome!*



## Junior Shag Dance Club

If your family likes music, dancing, and having fun with friends join the HHP Junior Shag Club. The Shag is our state dance. It's a swing dance, done by rhythm and blues beach music that the whole family can enjoy. It provides fun, exercise, and healthy social interaction for everyone. In the process of learning to dance we also learn respect, manners, social graces, sportsmanship, work ethic, and positive communication skills. Parents always accompany their juniors and are encouraged to learn Shag too. HHI Carolina Shag Club members share their joy of dancing with our neighborhood families.

**Age: Recommendation**  
**8 - 18 years**

**When: Twice a month**  
**(Saturday's at 9:00 AM & Tuesdays at 5:00 PM)**

**Where: Dolphin Head Country Club**  
**Cost: FREE!**

If interested, please contact Becky Elliott at [elliottbs08@gmail.com](mailto:elliottbs08@gmail.com) to register.

**SPRING LAKE TENNIS** Please mark your calendars for the two upcoming Social events: the Ice Cream Party on Friday, September 10, 4:00 PM tennis, 6:00 PM Ice Cream. Then our most popular social, the Octoberfest, Friday, October 22, 3:00 PM tennis, 5:00 PM dinner with grilled brats, with all the German sides, hot pretzels, sauerkraut, potato salad, and dessert. Served on the Pro Shop Biergarten, bring your favorite German Beer and Wine. Hope to see you all there!

-- Brian Doyle

**Spring Lake Tennis Clinics**

**Tuesdays, Fridays, & Saturdays** 10:30 AM - Beginners and Intermediates Emphasizing strokes, footwork, and strategy.

**To make a reservation call:** Lou Marino, USPTA Cardio Tennis Coach (843) 301-4453 (lwmarino@hotmail.com) or Spring Lake Tennis Center 843-681-3626.

**Air Quality Seminar**

Please join the Activities Department and Kevin Thompson with Summit Services for a free seminar on Air Quality. Learn the importance of indoor air quality and contaminant prevention, especially in today's climate. Kevin will also cover the basics of UVC technology, its history, how it works, and its many effective solutions. Learn what you can do to improve the air quality within your home while also increasing the efficiency of your HVAC equipment.

When: **Wednesday, September 29**  
 Time: **10:00 AM**  
 Place: **Plantation House**  
 Fee: **Free!**  
 Presenter: **Kevin Thompson**  
 RSVP: **Jen at 843-681-8090**

If interested in attending, please RSVP to the Scheduling Office at 843-681-8090. Light refreshments will be served. We hope to see you there!

**Presenter Bio:**

Kevin Thompson, the owner of Summit Services Heating & Air, grew up on Hilton Head Planation and is a graduate of Hilton Head High School and the University of Georgia. Kevin saw a need on the island for an HVAC company that focuses on the comfort and energy conservation of the whole home including indoor air quality (IAQ), duct design, and humidity control. Summit prides itself on tailoring HVAC equipment layout to each home's unique and specific needs. The name Summit came from serving at the highest level possible while providing "Peak Performance" to all homes and homeowners.

Kevin lives in Sea Pines with his wife, Valerie, and two boys: Finley(9) and Brody(5), both of whom attend Hilton Head Prep. and their English Bulldog (Kirby). When Kevin is not working, he enjoys time with his family the most. He is a baseball coach for both his sons (spring and fall), enjoys playing golf, being out on the water, or just spending some quality time at the beach with his family and friends.

**Bocce Club**

Our Summer Women's Bocce Games are well underway. We meet every Thursday evening from 4:00 - 6:00 PM, weather permitting. All HHP women are invited. You do not have to be a Bocce League member to join in the fun. This is an opportunity to enjoy the game, learn new skills/strategies, and meet new people.



Now is the time to start dreaming of being champions at the end of the fall season. Take a look at how our current champions (Merv and Karen McCoy) display their Bocce League medals:



For all information about bocce in HHP, visit [hhpbocce.org](http://hhpbocce.org). Want to play but don't have a teammate? Let us know, and we'll try to help. Go to the 'Contact Us' page on the website and submit the 'don't have a teammate' form.

-- Debra Reece

**Special Thanks!**

The Kids Kamp Director, Counselors and Staff would like to thank all of the wonderful parents and grandparents, groups, and volunteers who made Kids Kamp 2021 such a fantastic summer this year!

An **EXTRA BIG THANKS** goes to the following groups for volunteering their time, money and energy: The HHP Fishing Club, Millie Chaplin, Jeremy Cole with Kona Ice, the Fun Time Staff, and the Spring Lake Lifeguards.

On behalf of the Activities Department, we would like to wish all of the children a safe return to school this fall. We hope to see each one of you back next summer!





## Morning Water Aerobics

Water Aerobics classes are a great way to mix up a traditional gym workout with the wondrous benefits of water. It only takes a few water aerobics sessions

and you'll see a big difference in your overall fitness.

Water supports the body, putting less stress on your joints and muscles. Working out in water helps build strength, fighting against the push of the water activates your muscles, and water pressure helps put less strain on the heart by moving blood around the body. Also, the impact of gravity is less in the water allowing a greater range of motion, not to mention, working out in water helps prevent overheating, helping you exercise for longer. And...it's fun! It is not often you can say that about a workout!

**Dates:** Monday–Wednesday–Friday  
**Last day 10/1/21**  
**Place:** Spring Lake Pool  
**Time:** 8:30 – 9:30 AM  
**Instructor:** Gretchen Spiridopoulos

**Please note:** The Morning Water Aerobics Class will no longer be limited to any size. Everyone is welcome to join!

## Deep-End Water Aerobics

The Activities Department is offering an evening Deep-End Water Aerobics class on Tuesdays and Thursdays. Deep-End Water Aerobics is a non-impact aquatic class with water resistance for overall conditioning using vertical positioning. Jogging and specific exercises will strengthen the back and abdominal muscles for a total body workout. This class is a wonderful way to strengthen and tone your body!

**Dates:** Tuesdays & Thursdays  
**Last Day 9/16/21**  
**Place:** Spring Lake Pool  
**Time:** 5:30 – 6:30 PM  
**Instructor:** Jackie Spindel

**\*The cost to attend either Water Aerobics Class is one Universal Fitness Ticket. See Universal Fitness Ticket Matrix for prices on page 20. You must use a 2021 Universal Fitness Ticket in order to attend either class.**

## ANNUAL CLEANING OF THE FACILITIES:

Plantation House  
 Dolphin Head Rec Building  
 Spring Lake Pavilion

**Monday, August 23 - Friday, August 27**

\*Some POA Clubs meeting during this timeframe may need to be moved to another facility to accommodate the annual cleaning schedule. Please call Jen at 843-681-8090 if you have any questions.

\*\*All ad-hoc card groups who regularly meet at the Plantation House will need to find a different location for the week. THANK YOU!!

## "Sharing the Road" - Road Safety Class for Bicyclists, Motorists & Walkers

"Share the Road" has real meaning, and we want everyone to share the road safely. Please join the Activities Department and Linda Kuhlman, League Certified Instructor on bicycle safety, as she and other LCI instructors cover bike safety, bike maneuvers/demonstrations, tips on safely riding pathways, and a short ride in the plantation (helmets required) to demonstrate bicycling safety issues. Whether you bike our pathways to the store, pool, tennis, or a friend's house, or for fun and fitness, a few tips will make your ride more enjoyable and safer. Discussion will also benefit you as a motorist when encountering bicycles and pedestrians on our roads and pathways.

Bike and helmet required for our ride, but not for learning great tips. Free helmet fitting, too. This seminar will greatly benefit all motorists as you learn tips to be visible, predictable, and respectful to everyone sharing the road.

- Overview of bike safety – League of American Bicyclist's (LAB) "Need to Know"
- SC Bicycle Laws - Highlights
- Equipment Safety Checks
- Biking Behavior on Pathways and Roads

**When:** Friday, September 17  
**Time:** 10:00 AM  
**Place:** Plantation House  
**Fee:** Free!  
**Instructor:** Linda Kuhlman  
**RSVP:** Jen at 843-681-8090

If interested in attending, please RSVP to the Scheduling Office at 843-681-8090. We hope to see you there!

**Instructor Bio:** Linda Kuhlman is a League Certified Instructor (LCI) on bicycle safety, certified by the League of American Bicyclist [www.bikeleague.org](http://www.bikeleague.org) and is a member of the Kickin' Asphalt Bike Club [www.kickinasphalt.info](http://www.kickinasphalt.info).

**YOGA NIDRA – New 6-week session**

The Activities Department will be offering a new 6-week session of Yoga Nidra beginning Wednesday, October 6, continuing through Wednesday, November 10. Yoga Nidra is a systematic method of inducing complete mental, physical and emotional relaxation. It is the practice of letting go of external stimulation of the senses, moving into a dreamless state of rest where consciousness is functioning at a deeper level of awareness. During a session of Yoga Nidra, the participant lays comfortably on a mat, using props to facilitate complete relaxation. The instructor, Mary Montour, will move through a series of instructions to guide you to systematically relax and let go of the physical body and senses. Vocal cues are given through the practice to guide you in your breathing and natural mental fluctuations.

The cost is \$40/person, and you must sign up for the entire session. Classes will be held upstairs at the Spring Lake Pavilion on Wednesdays from 4:00-5:00 PM. No Yoga experience is required.

Dates: **Wednesdays | October 6 – November 10**  
 Time: **4:00 – 5:00 PM**  
 Place: **Spring Lake Pavilion**  
 Cost: **\$40/person**  
 Instructor: **Mary Montour**  
 Questions: **Call Jen at 843-681-8090**

If interested, sign up at the Scheduling Office with Jen. Your check or cash payment IS your reservation. A maximum of 12 participants will be permitted to sign up for this class.

**Community Blood Drive**

The Activities Department is teaming up with OneBlood for another community blood drive on Monday, September 20, between 10:00 AM and 4:00 PM. OneBlood is a not-for-profit community asset serving hospitals in the South Carolina Lowcountry and Coastal Empire region. Blood donated with OneBlood stays in our community to help the needs of our local patients. Did you know – about 38% of the population can donate blood but less than 10% actually do? Share your power!

When: **Monday, September 20**  
 Time: **10:00 AM – 4:00 PM**  
 Where: **Plantation House Parking Lot (inside the OneBlood Big Red Bus)**  
 RSVP: **Jen at 843-681-8090**

To schedule an appointment, call Jen at the Scheduling Office at 843-681-8090 today! Not sure if your travel or medications will impact your eligibility, visit [www.oneblood.org/donate](http://www.oneblood.org/donate) or call 1-888-9DONATE (936-6283). Only 4 donors will be permitted on the bus at one time. Masks are optional for fully vaccinated donors; however, non-vaccinated donors must wear a mask. Temperatures will also be checked prior to registration and entering the bus. If you are not feeling well and healthy the day of the blood drive, please do NOT come to the blood drive. Thank you!

**\*REVISED SESSION DATES/TIMES\***

**Beginner Tai Chi Class AND an Intermediate Tai Chi Class with Gordon Fair**

The Activities Department is excited to introduce another 6-week session of the Beginner Tai Chi class as well as the Intermediate Tai Chi Class taught by Gordon Fair. The Intermediate Tai Chi Classes will still be offered on Tuesdays with a new session beginning August 24, while the Beginner Tai Chi Classes will now be held on Thursdays beginning August 26. Tai Chi Chuan dates back to 780 AD in mainland China. Originally used by Tao monks as a method of defense to marauding warriors, it has transitioned over the centuries to become an exercise made up of 60 individual movements. The entire "kata" takes about 15 minutes to complete (when learned) and helps to improve breathing, circulation, muscular strength, lower stress and promote better balance.



The **Intermediate Tai Chi Class** will be held on Tuesdays at the Spring Lake Pavilion from 2:45 – 3:45 PM. *Please note the time change for the Intermediate Class for this session.* The 6-week session will run **August 24 through October 5 (skipping 9/21)**, and the cost is only \$40/person for the entire session. The **Beginner Tai Chi Class** will be held on Thursdays at the Spring Lake Pavilion from 2:45 – 3:45 PM. The 6-week session will run **August 26 through October 7 (skipping 9/23)**, and the cost is only \$40/person for the entire session.

Class:	<b>Intermediate Tai Chi</b>	<b>Beginner Tai Chi</b>
Dates:	<b>Tuesdays</b> <b>August 24 – October 5</b> <b>(skipping 9/21)</b>	<b>Thursdays</b> <b>August 26 – October 7</b> <b>(skipping 9/23)</b>
Time:	<b>2:45 – 3:45 PM</b>	<b>2:45 – 3:45 PM</b>
Place:	<b>Spring Lake Pavilion</b>	<b>Spring Lake Pavilion</b>
Cost:	<b>\$40/person</b>	<b>\$40/person</b>
Instructor:	<b>Gordon Fair</b>	<b>Gordon Fair</b>

If interested in joining either class, sign up at the Scheduling Office with Jen. Your check or cash payment IS your reservation. A maximum of 12 participants will be permitted to sign up for each class. Participants interested in the Intermediate Tai Chi Class should already be familiar and comfortable with the Tai Chi Chuan form, and we encourage participation in the Beginner Class before signing up for the Intermediate Class. For questions, call the Scheduling Office at 843-681-8090.

**Instructor Bio:** Gordon Fair is a certified Black Belt in Shaolin Martial Arts (14 years), and he has been teaching Tai Chi in the Hilton Head area for the past year including a complimentary session in the fall of 2019 for HHP residents.

### The American Rescue Plan Act Seminar

Please join the Activities Department in welcoming Karla Fields and Jennifer Hughes, Licensed Insurance Agents with the David M. Gilston Insurance Agency, on Wednesday, October 13, at 10:00 AM at the Plantation House for a FREE seminar on The American Rescue Plan Act. This year there have been many changes to health insurance. Are you confused with the recent changes under the American Rescue Act Plan and what this means for you? Are you taking advantage of the expansion of subsidies to help cover the cost of health insurance? If you have questions about the above, come join Karla and Jennifer as they keep you informed and up to date with all the changes they have seen this year.

Date: **Wednesday, October 13**  
 Time: **10:00 AM**  
 Place: **Plantation House**  
 Cost: **FREE!**  
 Presenter: **Mrs. Karla Fields & Ms. Jennifer Hughes Licensed Insurance Agents with David M. Gilston Insurance Agency**  
 RSVP: **Jen at 843-681-8090**

If interested in attending, please call Jen at the Scheduling Office at 843-681-8090. Space is limited so sign up today! Light refreshments will be served.

**Presenters' Background:**

**Karla Fields** – Individual, Senior, and Group Licensed Staff Agent

A native to Charleston, SC, Karla attended the University of South Carolina in Columbia where she graduated Cum Laude. She studied Management and Marketing as a dual major under the Business Administration degree program. Since graduating, she has been in the health insurance industry, specifically with BCBS of SC. In this capacity, Karla marketed and sold individual plans, senior products, and small group plans. In the summer of 2020, Karla became a licensed Staff Agent with the David M. Gilston Insurance Agency and will continue to be an active producer in all lines of business.



**Jennifer I. Hughes** – Individual Licensed Staff Agent

Jennifer Hughes, a Staff Agent with the David M. Gilston Insurance Agency, graduated from the University of South Carolina with a Bachelor of Science Degree in Hospitality Management and a Certificate in Luxury Management. Jennifer's current role at the Gilston Agency is to work directly with Individual clients who are exploring insurance options. Because of her experience in hospitality and retail sales, Jennifer is able to research, analyze, and communicate all options in a friendly and approachable manner. Her goal is to ensure that when her clients leave their appointments, they fully understand their plans and the value-adds that accompany each plan.



## COLLEGE SPIRIT BINGO NIGHT

Please join the Activities Department on Friday, September 10, at 6:00 PM at the Plantation House for a fun evening of Bingo and refreshments with a "College-Spirit" theme. Wear your favorite college-team jersey or college colors to show your school pride.

The event price includes admission, your favorite tailgating appetizers, and one bingo card for the first round. Additional bingo cards are available for \$1 donation per bingo card per round. **The deadline to sign-up is Friday, September 3.** Seating is limited, so sign up early. To register, stop by the Scheduling Office at the Plantation House because your payment IS your reservation. For questions, call Jen at 843-681-8090.

Date: **Friday, September 10**  
 Time: **6:00 PM - 8:30 PM**  
 Place: **Plantation House**  
 Price: **\$10/person (includes admission, refreshments, and one bingo card for the first round) \$1.00 donation per bingo card per round**  
 Questions: **Jen at 843-681-8090**  
 Deadline: **Friday, September 3**

We will also be selling bingo markers for \$2 each; however, feel free to bring your own. You may also BYOB if you wish. And, don't forget to wear your favorite college team gear!



**Sign up for POA Activities at the Scheduling Office in the Plantation House. Questions? Call Jen at 843-681-8090.**

## "Managing Stress in a Stressful World" Webinar

Please join the Activities Department and Karin Freeland, Certified Life Coach, on Wednesday, September 15, at 11:00 AM for a free ZOOM virtual presentation in the comfort of your home. Are you ready to say goodbye to stress? Aren't we all? Yet, time and time again we find ourselves overwhelmed and wanting to pull our hair out. In this presentation, you will learn four tips on getting control of your life and making stress a thing of the past.

### Topic points will include:

1. Controlling the controllable – Learn to identify what is in your sphere of influence and what you need to let go.
2. Getting clear on your priorities – Learn to say no to things that stress you out and don't serve your goals.
3. Calming techniques – Learn strategies (mental and physical) for dealing with stress when it creeps up and bring yourself back to the present moment.

If you're ready to ditch stress, you can't afford to miss this session. If interested in participating, go to the HHP Website ([hiltonheadplantation.com](http://hiltonheadplantation.com)) and click on the Zoom link listed under "Plantation Activities" on our homepage before the presentation is set to begin at 11:00 AM. Or, type in the following Zoom link to join:

<https://us02web.zoom.us/j/86728992527>

When: **Wednesday, Sept. 15**  
 Time: **11:00 AM**  
 Where: **Zoom Virtual Presentation in the comfort of your home**  
 Zoom Link: **Will be available on the HHP website. Just go to: [hiltonheadplantation.com](http://hiltonheadplantation.com) and click on the Zoom link under Plantation Activities.**  
 Cost: **FREE!!**  
 Questions? **Call Jen at 843-681-8090**  
 Presenters: **Karin Freeland, Certified Life Coach**



**Presenter bio:** Karin is a certified life coach offering custom one-on-one coaching to women looking to get out of their midlife slump, find their purpose and bring their dreams to fruition, through her EDIT Your Life™ program. She's also Co-Founder of G.A.L. Talk, a Group Coaching company, focused on helping women take on their goals and achieve true happiness. She spent 15 years in corporate, working for large Fortune 500 businesses, before starting her own business. Karin Freeland is married with two kids and resides in Greenville, S.C. with their puggle, Peanut.

## September Art Classes

### "It's Not Easy Being Green" for Acrylic and Watercolor Artists

Kermit says it's not easy being green and some people say it's not easy painting green, but IT IS EASY!! If you struggle to find the right color green, and then are disappointed in its appearance, struggle no longer - these classes are for you.

Join LeAnn Kalita's September art classes to learn the basics of the color green and the steps needed to overcome harsh unnatural greens in your paintings. LeAnn will guide you step-by-step via demonstrations, exercises, critiques, and actual paintings which showcase green. And the bonus is that skills learned in these classes can be easily transferred to understanding other colors. Open to all levels of watercolor and acrylic painters.

\*Please note: Classes will be moved back to the Spring Lake Pavilion starting in September.

When: **Thursdays September 9, 16, & 23**  
 Time: **1:00 – 4:00 PM**  
 Place: **Spring Lake Pavilion**  
 Cost: **\$135 – Full Session (ALL three classes) OR \$49 per class**

If interested, sign-up at the Scheduling Office with Jen. Your check or cash payment IS your reservation. For questions, call 843-681-8090 or contact LeAnn Kalita via email: [kalitart@gmail.com](mailto:kalitart@gmail.com) or check out her website at [www.leannkalita.com](http://www.leannkalita.com).



**Sign up for POA Activities at the Scheduling Office in the Plantation House.  
 Questions? Call Jen at 843-681-8090.**

**Hatha Yoga Class – New 6-week session**

The Activities Department is excited to introduce another 6-week session of Hatha Yoga taught by Mary Montour. Hatha yoga combines a gentle asana (posture) practice that emphasizes core strength, flexibility, balance, concentration, and breath control. Mary feels alignment is key to staying safe and getting the maximum benefit from the poses. Mindful, slow flow coupled with the breath and longer holds compliment the active alignment cues. Props will be utilized to help with alignment so students of all abilities can participate. Restorative poses and meditation close out the class. This class is suitable for students that are newer to yoga, as well as experienced students interested in a lower intensity flow and refinement of alignment. Classes will be held on Wednesdays at the Spring Lake Pavilion from 2:30 – 3:30 PM. The session will run October 6 through November 10, and the cost is only \$40/person for the entire session.

Dates: **Wednesdays  
October 6 - November 10**  
Time: **2:30 – 3:30 PM**  
Place: **Spring Lake Pavilion**  
Cost: **\$40/person**  
Instructor: **Mary Montour**

If interested, sign up at the Scheduling Office with Jen. Your check or cash payment IS your reservation. A maximum of 12 participants will be permitted to sign up for this class. For questions, call the Scheduling Office at 843-681-8090.

**Qigong Class – New 6-week session**

Qigong (chee gong) is an ancient Chinese health care system that was developed before the written word in Chinese monasteries, hospitals and imperial courts. It integrates movements, breathing techniques, focus attention and self applied massage. Qigong means cultivating or working with energy and is practiced for health maintenance, increased vitality and inner peace. Our instructor, Bénédicte Gadron, will be teaching a six-week session beginning Monday, August 23. Classes will be held on Mondays at the Spring Lake Pavilion from 4:30 – 5:30 PM. The new class session runs August 23 through October 4 (skipping Labor Day on 9/6), and the cost is only \$40/person for the entire session. If interested, please sign up with Jen at the Scheduling Office. Questions? Call 843-681-8090.

Dates: **Mondays  
August 23 – October 4  
(Skipping Sept. 6)**  
Time: **4:30 – 5:30 PM**  
Place: **Spring Lake Pavilion**  
Cost: **\$40/person**  
Instructor: **Bénédicte Gadron**

Qigong's great appeal is that anyone can benefit from practicing it, from the very young to the very old. The movements are easy to learn. They can be performed standing, sitting or lying down, and can be adapted for physical limitations. No special equipment or clothing is required. A minimum is needed in order to have this class so sign up today!

**Universal Fitness Classes**

Program	Instructor	Date/Days	Time	Place	2021 Fees
Chair Yoga	Gayle Caporale	Mondays	4:00 - 5:00 PM	SLP	\$6.50 = 1 ticket \$60.00 = 10 tickets \$110.00 = 20 tickets \$157.50 = 30 tickets \$200.00 = 40 tickets  <i>* Total Tabata will NOT be offered during the summer months. Classes will resume in the fall.</i>
Gentle Yoga	Gayle Caporale	Tues. & Thurs.	5:30 - 6:30 PM	SLP	
Pilates	Holly Wright	Tues. & Thurs.	8:30 - 9:30 AM	SLP	
Beginner Pilates	Holly Wright	Tuesdays	9:40 - 10:40 AM	SLP	
Low-Impact Aerobics	Louise Lund	Mon. Wed. Fri.	8:30 - 9:30 AM	SLP	
Total Body Conditioning	Louise Lund	Mon. Wed. Fri.	9:30 - 10:30 AM	SLP	
Core, Strength, & Balance	Louise Lund	Thursdays	9:45 - 10:45 AM	SLP	
Deep-End Water Aerobics	Jackie Spindel	Tues. & Thurs. (Last day 9/16/21)	5:30 - 6:30 PM	Pool	
Morning Water Aerobics	Gretchen Spiridopoulos	Mon. Wed. Fri. (Last day 10/1/21)	8:30 - 9:30 AM	Pool	

**You must use a 2021 Universal Fitness Ticket in order to attend the above classes. Tickets are available for purchase at the POA Service Center and the Plantation House.**

**Sign up for POA Activities at the Scheduling Office in the Plantation House. Questions? Call Jen at 843-681-8090.**

## “Wills vs. Trusts” Workshop

Please join the Activities Department and Elder Law Attorneys, Brian Treacy & Rebekah Thompson, on Tuesday, October 5, at 10:00 AM at the Plantation House for a FREE 2-hour workshop on “Wills vs. Trusts.” Mr. Treacy and Mrs. Thompson will discuss the pros and cons of Wills vs. Trusts and the common misconceptions of estate planning. Other important topics being presented:

- Probate in South Carolina
- Powers of Attorney
- Joint Accounts
- Protecting Assets from Nursing Homes
- Medicaid
- Veterans Benefits

Date: **Tuesday, October 5**  
 Time: **10:00 AM**  
 Place: **Plantation House**  
 Cost: **FREE!**  
 Presenter: **Mr. Brian Treacy, Esq. & Mrs. Rebekah Thompson, Esq. Elder Law & Estate Planning Center**  
 RSVP: **Jen at 843-681-8090**

If interested in attending, please call Jen at the Scheduling Office at 843-681-8090. Space is limited so sign up today! Light refreshments will be served.

### Presenters' Background:

Brian T. Treacy is a seasoned elder law and estate planning attorney with offices in Bluffton, South Carolina. He is a licensed attorney in South Carolina and practiced law in New Jersey and is affiliated with the National Association of Elder Law Attorneys and Elder Counsel.



Rebekah N. Thompson is the associate attorney for the Elder Law & Estate Planning Center. She graduated from the Florida Coastal School of Law and brings an enthusiastic and fresh perspective to the specialization of elder law. Rebekah is a member of the South Carolina Bar Association, Hilton Head Bar Association, South Carolina Women’s Lawyer Association, South Carolina Young Lawyer’s Division and Wills Committee.

FEATURED ON HGTV'S BEACHFRONT BARGAIN HUNT!

## Seeking Sellers

Inventory in Hilton Head Plantation is at a record low, which means you are in the drivers seat. I've recently sold several of your neighbors homes & if you have ever thought about selling NOW is the time! Contact your HHP neighbor & agent Amy Aurelio today!

CALL ME FOR A *Complimentary* MARKET ANALYSIS OF YOUR HOME!

# 843.505.1500



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**Sign up for POA Activities at the Scheduling Office in the Plantation House. Questions? Call Jen at 843-681-8090.**