



July 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>HOURS FOR SPRING LAKE POOL: Wednesday – Monday 8:00 am – 8:00 pm Tuesday 10:00 am – 8:00 pm</p> <p>Lap Swim 7:30 am – 8:15 am 7:15 pm – 8:00 pm No lap swim on Tuesday mornings! No lifeguard on duty</p>	<p>The dates & times of POA activities & Club events are subject to change. Changes to this calendar for next month are due by the 3rd Tuesday of the month. Call (843) 681-8090 or email: scheduling@hhppoa.org</p>	<p>Facility Key</p> <p>PH – Plantation House PH UP – Plantation House (upstairs) SLP UP – Spring Lake Pavilion (upstairs) SLP DN – Spring Lake Pavilion (downstairs) DH – Dolphin Head Rec Building</p>	<p>-1- PH- 12:30 pm WC PARTY BRIDGE</p> <p>SLP UP- 8:30 am PILATES 9:45 am CORE, STRENGTH, & BALANCE</p> <p>SLP DN- 5:30 pm GENTLE YOGA 9:00 am KIDS KAMP 6:00 pm MEN'S CARDS</p> <p>DH- POOL 1:00 pm WOODCARVERS 7:30 am LAP SWIM 5:30 pm DEEP-END WATER 7:15 pm LAP SWIM</p>	<p>-2- PH- 1:30 pm LADIES BRIDGE SLP UP- 8:30 am AEROBICS 9:30 am TOTAL BODY COND 9:00 am KIDS KAMP 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:15 pm LAP SWIM</p>	<p>-3- PH- 12:00 pm HHP DAY CELEBRATION</p> <p>POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM</p>
<p>-4- POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM</p> 	<p>-5- SLP UP- 8:30 am AEROBICS 9:30 am TOTAL BODY COND BALL FIELD 10:00 am HHP SOFTBALL POOL 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:15 pm LAP SWIM</p> <p>POA & SCHEDULING OFFICES WILL BE CLOSED</p>	<p>-6- PH- 12:30 pm OUR TUESDAY BRIDGE</p> <p>SLP UP- 8:30 am PILATES 9:40 am BEG. PILATES 2:30 pm TAI CHI INTERMEDIATE 5:30 pm GENTLE YOGA</p> <p>SLP DN- POOL 9:00 am KIDS KAMP 5:30 pm DEEP-END WATER 7:15 pm LAP SWIM</p>	<p>-7- PH- 7:00 pm GARAGE BAND</p> <p>SLP UP- 8:30 am AEROBICS 9:30 am TOTAL BODY COND.</p> <p>SLP DN- 2:30 pm HATHA YOGA 9:00 am KIDS KAMP 6:00 pm MEN'S CARDS</p> <p>DH- POOL 6:30 pm POKER PALS 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:15 pm LAP SWIM</p>	<p>-8- PH- 1:30 pm ART CLASS</p> <p>SLP UP- 8:30 am PILATES 9:45 am CORE, STRENGTH, & BALANCE</p> <p>SLP DN- 5:30 pm GENTLE YOGA 9:00 am KIDS KAMP 6:00 pm MEN'S CARDS</p> <p>DH- POOL 9:30 am CRAFTERS 1:00 pm WOODCARVERS 7:30 am LAP SWIM 5:30 pm DEEP-END WATER 7:15 pm LAP SWIM</p>	<p>-9- PH- 1:30 pm LADIES BRIDGE SLP UP- 8:30 am AEROBICS 9:30 am TOTAL BODY COND 9:00 am KIDS KAMP 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:15 pm LAP SWIM</p>	<p>-10- POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM</p>
<p>-11- POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM</p>	<p>-12- SLP UP- 8:30 am AEROBICS 9:30 am TOTAL BODY COND 4:00 pm CHAIR YOGA</p> <p>SLP DN- BALL FIELD 10:00 am HHP SOFTBALL POOL 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:15 pm LAP SWIM</p>	<p>-13- PH- 12:30 pm OUR TUESDAY BRIDGE</p> <p>SLP UP- 8:30 am PILATES 9:40 am BEG. PILATES 2:30 pm TAI CHI INTERMEDIATE 5:30 pm GENTLE YOGA</p> <p>SLP DN- POOL 9:00 am KIDS KAMP 6:00 pm MEN'S CARDS 5:30 pm DEEP-END WATER 7:15 pm LAP SWIM</p>	<p>-14- PH- 7:00 pm GARAGE BAND</p> <p>SLP UP- 8:30 am AEROBICS 9:30 am TOTAL BODY COND.</p> <p>SLP DN- 2:30 pm HATHA YOGA 9:00 am KIDS KAMP 6:00 pm MEN'S CARDS</p> <p>POOL 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:15 pm LAP SWIM</p>	<p>-15- PH- 1:30 pm ART CLASS 7:00 pm THE RADIO SPARKS CONCERT</p> <p>SLP UP- 8:30 am PILATES 9:45 am CORE, STRENGTH, & BALANCE</p> <p>SLP DN- 5:30 pm GENTLE YOGA 9:00 am KIDS KAMP 6:00 pm MEN'S CARDS</p> <p>DH- POOL 1:00 pm WOODCARVERS 7:30 am LAP SWIM 5:30 pm DEEP-END WATER 7:15 pm LAP SWIM</p>	<p>-16- PH- 12:30 pm WC PARTY BRIDGE 1:30 pm LADIES BRIDGE</p> <p>SLP UP- 8:30 am AEROBICS 9:30 am TOTAL BODY COND 9:00 am KIDS KAMP 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:15 pm LAP SWIM</p>	<p>-17- POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM</p>
<p>-18- POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM</p>	<p>-19- PH- 1:00 pm CARD SHARKS</p> <p>SLP UP- 8:30 am AEROBICS 9:30 am TOTAL BODY COND 4:00 pm CHAIR YOGA</p> <p>SLP DN- DH- BALL FIELD 10:00 am HHP SOFTBALL POOL 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:15 pm LAP SWIM</p>	<p>-20- PH- 12:30 pm OUR TUESDAY BRIDGE</p> <p>SLP UP- 8:30 am PILATES 9:40 am BEG. PILATES 2:30 pm TAI CHI INTERMEDIATE 5:30 pm GENTLE YOGA</p> <p>SLP DN- POOL- 9:00 am KIDS KAMP 5:30 pm DEEP-END WATER 7:15 pm LAP SWIM</p>	<p>-21- PH- 6:00 pm ROOKERY BD MTG</p> <p>SLP UP- 7:00 pm GARAGE BAND 8:30 am AEROBICS 9:30 am TOTAL BODY COND.</p> <p>SLP DN- 2:30 pm HATHA YOGA 9:00 am KIDS KAMP 6:00 pm MEN'S CARDS</p> <p>DH- POOL 6:30 pm POKER PALS 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:15 pm LAP SWIM</p>	<p>-22- PH- 1:30 pm ART CLASS 7:00 pm RAIN DATE: THE RADIO SPARKS CONCERT</p> <p>SLP UP- 8:30 am PILATES 9:45 am CORE, STRENGTH, & BALANCE</p> <p>SLP DN- 5:30 pm GENTLE YOGA 9:00 am KIDS KAMP 5:30 pm SL CLUSTERS BD 6:00 pm MEN'S CARDS</p> <p>DH- POOL 9:30 am CRAFTERS 1:00 pm WOODCARVERS 7:30 am LAP SWIM 5:30 pm DEEP-END WATER 7:15 pm LAP SWIM</p>	<p>-23- PH- 1:30 pm LADIES BRIDGE SLP UP- 8:30 am AEROBICS 9:30 am TOTAL BODY COND 9:00 am KIDS KAMP 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:15 pm LAP SWIM</p>	<p>-24- POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM</p>
<p>-25- DH- 5:00 pm HAPPY TIMES</p> <p>POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM</p>	<p>-26- SLP UP- 8:30 am AEROBICS 9:30 am TOTAL BODY COND 4:00 pm CHAIR YOGA</p> <p>SLP DN- BALL FIELD 10:00 am HHP SOFTBALL POOL 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:15 pm LAP SWIM</p>	<p>-27- PH- 12:30 pm OUR TUESDAY BRIDGE</p> <p>SLP UP- 8:30 am PILATES 9:40 am BEG. PILATES 2:30 pm TAI CHI INTERMEDIATE 5:30 pm GENTLE YOGA</p> <p>SLP DN- POOL- 9:00 am KIDS KAMP 6:00 pm MEN'S CARDS 5:30 pm DEEP-END WATER 7:15 pm LAP SWIM</p>	<p>-28- PH- 3:00 pm FARMERS CLUB BD MTG</p> <p>SLP UP- 7:00 pm GARAGE BAND 8:30 am AEROBICS 9:30 am TOTAL BODY COND.</p> <p>SLP DN- 2:30 pm HATHA YOGA 9:00 am KIDS KAMP 6:00 pm MEN'S CARDS</p> <p>POOL 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:15 pm LAP SWIM</p>	<p>-29- PH- 1:30 pm ART CLASS SLP UP- 8:30 am PILATES 9:45 am CORE, STRENGTH, & BALANCE</p> <p>SLP DN- 5:30 pm GENTLE YOGA 9:00 am KIDS KAMP 6:00 pm MEN'S CARDS</p> <p>DH- POOL 1:00 pm WOODCARVERS 7:30 am LAP SWIM 5:30 pm DEEP-END WATER 7:15 pm LAP SWIM</p>	<p>-30- PH UP- SLP UP- 1:30 pm LADIES BRIDGE 8:30 am AEROBICS 9:30 am TOTAL BODY COND 9:00 am KIDS KAMP 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:15 pm LAP SWIM</p>	<p>-31- PH- 10:00 am COFFEE WITH PETER</p>