


May 2021



	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>HOURS FOR SPRING LAKE POOL: Wednesday – Monday 8:00 am – 8:00 pm Tuesday 10:00 am – 8:00 pm Lap Swim 7:30 am – 8:15 am 7:15 pm – 8:00 pm No lap swim on Tuesday mornings! No lifeguard on duty</p>		<p>Facility Key PH – Plantation House (upstairs) PH UP – Plantation House (upstairs) SLP UP – Spring Lake Pavilion (upstairs) SLP DN – Spring Lake Pavilion (downstairs) DH – Dolphin Head Rec Building</p>	<p>The dates & times of POA activities & Club events are subject to change. Changes to this calendar for next month are due by the 3rd Tuesday of the month. Call (843) 681-8090 or email: scheduling@hhippoa.org</p>	
-2- POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM	-4- PH- 11:00 am SOCIAL SECURITY SEMINAR 2:00 pm WC BOARD SLP UP- 8:30 am PILATES 9:30 am CHAIR YOGA 4:00 pm TOTAL TABATA SLP DN- 4:30 pm QIGONG 6:00 pm ROB INGMAN CONCERT BALL FIELD 10:00 am HHP SOFTBALL POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM	-5- PH- 7:00 pm GARAGE BAND 8:30 am AEROBICS SLP UP- 9:30 am TOTAL BODY COND 11:00 am TAI CHI BEGINNER 2:30 pm HATHA YOGA 4:00 pm YOGA NIDRA 5:30 pm TOTAL TABATA SLP DN- 11:00 am COOKING LIVE 6:00 pm MEN'S CARDS 9:00 am PAINTERS DH- 2:30 pm KNIT WITS 6:30 pm POKER PALS POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM	-6- SLP UP- 8:30 am PILATES 9:45 am BODY SCULPT 4:00 pm MEN'S PILATES 5:30 pm GENTLE YOGA SLP DN- 1:00 pm ART CLASS W/LEANN 6:00 pm MEN'S CARDS 1:00 pm WOODCARVERS 7:30 am LAP SWIM 7:15 pm LAP SWIM	-7- SLP UP- 8:30 am AEROBICS 9:30 am TOTAL BODY COND POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM	-1- POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM
-9- POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM	-11- SLP UP- 8:30 am PILATES 9:40 am BEG. PILATES 5:30 pm GENTLE YOGA 2:30 pm TAI CHI SLP DN- 12:00 pm INTERMEDIATE WOMEN'S CLUB LUNCHEON 6:00 pm MEN'S CARDS 7:15 pm LAP SWIM POOL- 6:00 pm ROB INGMAN CONCERT BALL FIELD 10:00 am HHP SOFTBALL POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM	-12- PH- 2:00 pm TRAIN CLUB 7:00 pm GARAGE BAND 8:30 am AEROBICS SLP UP- 9:30 am TOTAL BODY COND 11:00 am TAI CHI BEGINNER 2:30 pm HATHA YOGA 4:00 pm YOGA NIDRA 5:30 pm TOTAL TABATA SLP DN- 6:00 pm MEN'S CARDS 9:00 pm PAINTERS DH- 2:30 pm KNIT WITS 6:30 pm POKER PALS POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM	-13- PH- 4:00 pm FISHING CLUB BOARD SLP UP- 8:30 am PILATES 9:45 am BODY SCULPT 4:00 pm MEN'S PILATES 5:30 pm GENTLE YOGA SLP DN- 9:30 am CRAFTERS 1:00 pm ART CLASS W/LEANN 6:00 pm MEN'S CARDS 1:00 pm WOODCARVERS 7:30 am LAP SWIM 7:15 pm LAP SWIM	-14- SLP UP- 8:30 am AEROBICS 9:30 am TOTAL BODY COND SLP DN- 9:30 am AVID GARDENERS BOARD MEETING POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM	-15- SLP - 5:00 pm BOCCE END-OF-SEASON AWARDS POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM
-16- SLP- 5:00 pm BOCCE RAIN DATE POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM	-18- PH- 10:00 am CYPRESS SEMINAR 2:00 pm CYPRESS SEMINAR SLP UP- 8:30 am PILATES 9:40 am BEG. PILATES 2:30 pm TAI CHI INTERMEDIATE SLP DN- 5:30 pm GENTLE YOGA 6:00 pm DOG CLUB POOL- 5:30 pm DEEP-END WATER 7:15 pm LAP SWIM	-19- PH- 6:00 pm ROOKERY BOARD 7:00 pm GARAGE BAND 8:30 am AEROBICS SLP UP- 9:30 am TOTAL BODY COND 11:00 am TAI CHI BEGINNER 2:30 pm HATHA YOGA 4:00 pm YOGA NIDRA 5:30 pm TOTAL TABATA SLP DN- 6:00 pm MEN'S CARDS 9:00 pm PAINTERS DH- 2:30 pm KNIT WITS 6:30 pm POKER PALS POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM	-20- PH- 5:00 pm YACHT CLUB 8:30 am PILATES SLP UP- 9:45 am BODY SCULPT 4:00 pm MEN'S PILATES 5:30 pm GENTLE YOGA SLP DN- 9:30 am ART WORKSHOP W/LEANN 6:00 pm MEN'S CARDS 1:00 pm WOODCARVERS 7:30 am LAP SWIM 5:30 pm DEEP-END WATER 7:15 pm LAP SWIM	-21- SLP UP- 8:30 am AEROBICS 9:30 am TOTAL BODY COND SLP DN- 9:30 am AVID GARDENERS POOL- 8:30 am WATER AEROBICS 7:15 pm LAP SWIM	-22- POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM
-23- POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM	-25- SLP UP- 8:30 am PILATES 9:40 am BEG. PILATES 2:30 pm TAI CHI INTERMEDIATE SLP DN- 5:30 pm GENTLE YOGA 12:00 pm MEN'S COOKING DOG CLUB RAIN DATE POOL- 5:30 pm DEEP-END WATER 7:15 pm LAP SWIM	-26- PH- 3:00 pm FARM CLUB BD. 7:00 pm GARAGE BAND 8:30 am AEROBICS SLP UP- 9:30 am TOTAL BODY COND 2:30 pm HATHA YOGA 4:00 pm YOGA NIDRA 5:30 pm TOTAL TABATA SLP DN- 12:00 pm MEN'S COOKING DOG CLUB RAIN DATE POOL- 5:30 pm DEEP-END WATER 7:15 pm LAP SWIM	-27- PH- 4:00 pm COFFEE W/PETER 8:30 am PILATES SLP UP- 9:45 am BODY SCULPT 5:30 pm GENTLE YOGA SLP DN- 9:30 am CRAFTERS 5:30 pm SL CLUSTERS BD 6:00 pm MEN'S CARDS 1:00 pm WOODCARVERS 7:30 am LAP SWIM 5:30 pm DEEP-END WATER 7:15 pm LAP SWIM	-28- SLP UP- 8:30 am AEROBICS 9:30 am TOTAL BODY COND POOL- 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:15 pm LAP SWIM	-29- POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM
-30- POOL- 7:30 am LAP SWIM 7:15 pm LAP SWIM	-31- POA & Scheduling Offices CLOSED SLP DN- 4:30 pm QIGONG POOL- 8:30 am WATER AEROBICS 7:15 pm LAP SWIM				