


# MAY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <b>HILTON HEAD PLANTATION</b>	<b>-1-</b> <b>PH-</b> 10:00 am <b>BLOOD DRIVE</b> 1:00 pm <b>CARD SHARKS</b> 2:00 pm <b>ARTISTS LEADER MTG</b> 4:00 pm <b>YACHT CLUB BD.</b> 6:30 pm <b>ROOKERY ANNUAL MTG</b> <b>SLP UP-</b> 8:30 am <b>AEROBICS</b> 9:30 am <b>TOTAL BODY CON.</b> 3:00 pm <b>CHAIR YOGA</b> 5:30 pm <b>COUNTRY LINE DANCING</b> <b>SLP DN-</b> 1:00 pm <b>ART CLASS W/LOUANNE</b> 4:30 pm <b>QIGONG</b> 6:30 pm <b>BACKGAMMON CLUB</b> <b>BALLFIELD</b> 10:00 am <b>HHP SOFTBALL</b>	<b>-2-</b> <b>PH-</b> 12:30 pm <b>OUR TUESDAY BRIDGE</b> 2:00 pm <b>WOMEN'S CLUB BOARD</b> 5:30 pm <b>GARAGE BAND CLUB CONCERT &amp; FOOD TRUCK FEST.</b> <b>SLP UP-</b> 8:30 am <b>PILATES</b> 9:45 am <b>CORE, STRENGTH &amp; BALANCE</b> 4:00 pm <b>YOGA FOR OSTEO</b> 5:30 pm <b>GENTLE YOGA</b> <b>SLP DN-</b> 8:00 am <b>WOMEN'S JAVA</b> 6:00 pm <b>MEN'S CARDS</b>	<b>-3-</b> <b>PH UP-</b> 2:00 pm <b>KNIT WITS</b> <b>PH-</b> 10:00 am <b>WILLS VS TRUSTS WORKSHOP</b> 7:00 pm <b>AC GARAGE BAND</b> <b>SLP UP-</b> 8:30 am <b>AEROBICS</b> 9:30 am <b>TOTAL BODY COND.</b> 2:30 pm <b>HATHA YOGA</b> 5:30 pm <b>COUNTRY LINE DANCING</b> <b>SLP DN-</b> 10:00 am <b>PAINTERS</b> 6:00 pm <b>MEN'S CARDS</b> 6:30 pm <b>POKER PALS</b>	<b>-4-</b> <b>PH-</b> 1:00 pm <b>WOODCARVERS</b> 6:00 pm <b>FARMERS CLUB</b> <b>SLP UP-</b> 8:30 am <b>PILATES</b> 9:45 am <b>CORE, STRENGTH &amp; BALANCE</b> 4:00 pm <b>FOAM ROLLING</b> 5:30 pm <b>GENTLE YOGA</b> <b>SLP DN-</b> 8:00 am <b>JAVA THURSDAY</b> 7:00 pm <b>BOARD GAME CLUB</b>	<b>-5-</b> <b>PH-</b> 1:30 pm <b>LADIES' BRIDGE</b> <b>SLP UP-</b> 8:30 am <b>AEROBICS</b> 9:30 am <b>TOTAL BODY COND.</b> <b>SLP DN-</b> 4:30 pm <b>SL TENNIS DINNER</b>	<b>-6-</b> <b>PH-</b> 10:00 am <b>ARTISTS ASSOCIATION</b> <b>ART MARKET</b>
<b>-7-</b> <b>SLP-</b> 4:00 pm <b>CROOKED POND HOA BD MTG</b>	<b>-8-</b> <b>PH-</b> 9:00 am <b>BRAIN BOOSTER CLASS</b> 1:00 pm <b>CARD SHARKS</b> <b>SLP UP-</b> 8:30 am <b>AEROBICS</b> 9:30 am <b>TOTAL BODY CON.</b> 3:00 pm <b>CHAIR YOGA</b> 5:30 pm <b>COUNTRY LINE DANCING</b> <b>SLP DN-</b> 10:00 am <b>GREEN THUMBERS</b> <b>BALLFIELD</b> 10:00 am <b>HHP SOFTBALL</b>	<b>-9-</b> <b>PH-</b> 10:00 am <b>FOOT &amp; ANKLE HEALTH SEMINAR</b> 12:30 pm <b>OUR TUESDAY BRIDGE</b> 5:30 pm <b>GARAGE BAND CONCERT &amp; FOOD TRUCK FEST. RAIN DATE</b> <b>SLP UP-</b> 8:30 am <b>PILATES</b> 9:45 am <b>CORE, STRENGTH &amp; BALANCE</b> 4:00 pm <b>YOGA FOR OSTEO</b> 5:30 pm <b>GENTLE YOGA</b> <b>SLP DN-</b> 8:00 am <b>WOMEN'S JAVA</b> 6:00 pm <b>MEN'S CARDS</b>	<b>-10-</b> <b>PH UP-</b> 2:00 pm <b>KNIT WITS</b> <b>PH-</b> 10:00 am <b>ARTISTS CHG OF SHOW</b> 2:00 pm <b>MODEL TRAIN CLUB</b> 7:00 pm <b>GARAGE BAND</b> <b>SLP UP-</b> 8:30 am <b>AEROBICS</b> 9:30 am <b>TOTAL BODY COND.</b> 2:30 pm <b>HATHA YOGA</b> 5:30 pm <b>COUNTRY LINE DANCING</b> <b>SLP DN-</b> 10:00 am <b>PAINTERS</b> 12:00 pm <b>MEN'S COOKING</b> 6:00 pm <b>MEN'S CARDS</b>	<b>-11-</b> <b>PH-</b> 10:00 am <b>STROKE AWARE SEM.</b> 1:00 pm <b>WOODCARVERS</b> 4:00 pm <b>FISHING CLUB BD.</b> 4:00 pm <b>WC EUCHRE</b> 7:00 pm <b>AC GARAGE BAND</b> <b>SLP UP-</b> 8:30 am <b>PILATES</b> 9:45 am <b>CORE, STRENGTH &amp; BALANCE</b> 4:00 pm <b>FOAM ROLLING</b> 5:30 pm <b>GENTLE YOGA</b> <b>SLP DN-</b> 8:00 am <b>JAVA THURSDAY</b> 9:30 am <b>CRAFTERS</b> 1:00 pm <b>ART CLASS W/LEANN</b> 6:00 pm <b>MEN'S CARDS</b>	<b>-12-</b> <b>PH-</b> 1:30 pm <b>LADIES' BRIDGE</b> <b>SLP UP-</b> 8:30 am <b>AEROBICS</b> 9:30 am <b>TOTAL BODY COND.</b> <b>SLP DN-</b> 9:30 am <b>AVID GARDENERS BOARD</b>	<b>-13-</b> <b>SLP-</b> 5:00 pm <b>BOCCE CLUB BANQUET</b>
<b>-14-</b>	<b>-15-</b> <b>PH-</b> 9:00 am <b>BRAIN BOOSTER CLASS</b> 1:00 pm <b>CARD SHARKS</b> <b>SLP UP-</b> 8:30 am <b>AEROBICS</b> 9:30 am <b>TOTAL BODY CON.</b> 3:00 pm <b>CHAIR YOGA</b> 5:30 pm <b>COUNTRY LINE DANCING</b> <b>SLP DN-</b> 1:00 pm <b>ART CLASS W/LOUANNE</b> 4:30 pm <b>QIGONG</b> 6:30 pm <b>BACKGAMMON CLUB</b> <b>BALLFIELD</b> 10:00 am <b>HHP SOFTBALL</b> <b>POOL-</b> 8:30 am <b>WATER AEROB.</b>	<b>-16-</b> <b>PH-</b> 12:30 pm <b>OUR TUESDAY BRIDGE</b> <b>SLP UP-</b> 8:30 am <b>PILATES</b> 9:45 am <b>CORE, STRENGTH &amp; BALANCE</b> 5:30 pm <b>GENTLE YOGA</b> <b>SLP DN-</b> 8:00 am <b>WOMEN'S JAVA</b> 3:30 pm <b>LAND TRUST</b> 4:30 pm <b>WOMEN'S CLUB SIP AT THE PIT</b> 6:00 pm <b>NEWCOMERS</b> 6:00 pm <b>MEN'S CARDS</b>	<b>-17-</b> <b>PH UP-</b> 2:00 pm <b>KNIT WITS</b> <b>PH-</b> 5:00 pm <b>ROOKERY BOARD</b> 7:00 pm <b>GARAGE BAND</b> <b>SLP UP-</b> 8:30 am <b>AEROBICS</b> 9:30 am <b>TOTAL BODY COND.</b> 5:30 pm <b>COUNTRY LINE DANCING</b> <b>SLP DN-</b> 10:00 am <b>PAINTERS</b> 6:00 pm <b>MEN'S CARDS</b> 6:30 pm <b>POKER PALS</b> <b>POOL-</b> 8:30 am <b>WATER AEROBICS</b>	<b>-18-</b> <b>PH-</b> 1:00 pm <b>WOODCARVERS</b> 7:00 pm <b>AC GARAGE BAND</b> <b>SLP UP-</b> 8:30 am <b>PILATES</b> 9:45 am <b>CORE, STRENGTH &amp; BALANCE</b> 5:30 pm <b>GENTLE YOGA</b> <b>SLP DN-</b> 8:00 am <b>JAVA THURSDAY</b> 1:00 pm <b>ART CLASS W/LEANN</b> 6:30 pm <b>KARAOKE CLUB</b>	<b>-19-</b> <b>PH-</b> 1:30 pm <b>LADIES' BRIDGE</b> <b>SLP UP-</b> 8:30 am <b>AEROBICS</b> 9:30 am <b>TOTAL BODY COND.</b> <b>SLP DN-</b> 9:30 am <b>AVID GARDENERS MEETING</b> 6:15 pm <b>EUCHRE</b> <b>POOL-</b> 8:30 am <b>WATER AEROBICS</b>	<b>-20-</b>
<b>-21-</b>	<b>-22-</b> <b>PH-</b> 9:00 am <b>BRAIN BOOSTER CLASS</b> 1:00 pm <b>CARD SHARKS</b> 4:00 pm <b>NEWCOMERS BD.</b> <b>SLP UP-</b> 8:30 am <b>AEROBICS</b> 9:30 am <b>TOTAL BODY CON.</b> 3:00 pm <b>CHAIR YOGA</b> 5:30 pm <b>COUNTRY LINE DANCING</b> <b>SLP DN-</b> 1:00 pm <b>ART CLASS W/LOUANNE</b> 4:30 pm <b>QIGONG</b> 6:00 pm <b>CRAFT BEER CLUB</b> <b>BALLFIELD</b> 10:00 am <b>HHP SOFTBALL</b> <b>POOL-</b> 8:30 am <b>WATER AEROB.</b>	<b>-23-</b> <b>PH-</b> 12:30 pm <b>OUR TUESDAY BRIDGE</b> 7:00 pm <b>KAYAK CLUB</b> <b>SLP UP-</b> 8:30 am <b>PILATES</b> 9:45 am <b>CORE, STRENGTH &amp; BALANCE</b> 5:30 pm <b>GENTLE YOGA</b> <b>SLP DN-</b> 8:00 am <b>WOMEN'S JAVA</b> 9:00 am <b>PLEIN AIR PAINTING</b> 6:00 pm <b>MEN'S CARDS</b>	<b>-24-</b> <b>PH UP-</b> 2:00 pm <b>KNIT WITS</b> <b>PH-</b> 3:00 pm <b>FARMERS CLUB BD</b> 7:00 pm <b>GARAGE BAND</b> <b>SLP UP-</b> 8:30 am <b>AEROBICS</b> 9:30 am <b>TOTAL BODY COND.</b> 2:30 pm <b>HATHA YOGA</b> 5:30 pm <b>COUNTRY LINE DANCING</b> <b>SLP DN-</b> 10:00 am <b>PAINTERS</b> 6:00 pm <b>MEN'S CARDS</b> 6:00 pm <b>FISHING CLUB</b> <b>POOL-</b> 8:30 am <b>WATER AEROBICS</b>	<b>-25-</b> <b>PH-</b> 1:00 pm <b>WOODCARVERS</b> 4:00 pm <b>COFFEE W/PETER</b> 7:00 pm <b>AC GARAGE BAND</b> <b>SLP UP-</b> 8:30 am <b>PILATES</b> 9:45 am <b>CORE, STRENGTH &amp; BALANCE</b> 5:30 pm <b>GENTLE YOGA</b> <b>SLP DN-</b> 8:00 am <b>JAVA THURSDAY</b> 9:30 am <b>CRAFTERS</b> 1:00 pm <b>ART CLASS W/LEANN</b> 6:00 pm <b>MEN'S CARDS</b>	<b>-26-</b> <b>PH-</b> 1:30 pm <b>LADIES' BRIDGE</b> <b>SLP UP-</b> 8:30 am <b>AEROBICS</b> 9:30 am <b>TOTAL BODY COND.</b> <b>POOL-</b> 8:30 am <b>WATER AEROBICS</b>	<b>-27-</b>
<b>-28-</b> <b>SLP-</b> 5:00 pm <b>HAPPY TIMES</b>	<b>-29-</b> <div style="text-align: center;"><b>MEMORIAL DAY</b></div> <b>POA &amp; Scheduling Offices CLOSED</b> <b>SLP DN-</b> 1:00 pm <b>ART CLASS W/LOUANNE</b> <b>BALLFIELD</b> 10:00 am <b>HHP SOFTBALL</b> <b>POOL-</b> 8:30 am <b>WATER AEROB.</b>	<b>-30-</b> <b>PH-</b> 12:30 pm <b>OUR TUESDAY BRIDGE</b> 7:00 pm <b>AC GARAGE BAND</b> <b>SLP UP-</b> 8:30 am <b>PILATES</b> 9:45 am <b>CORE, STRENGTH &amp; BALANCE</b> 5:30 pm <b>GENTLE YOGA</b> <b>SLP DN-</b> 8:00 am <b>WOMEN'S JAVA</b> 6:00 pm <b>MEN'S CARDS</b> <b>POOL-</b> 5:30 pm <b>DEEP-END WATER</b>	<b>-31-</b> <b>PH UP-</b> 2:00 pm <b>KNIT WITS</b> <b>PH-</b> 7:00 pm <b>GARAGE BAND</b> <b>SLP UP-</b> 8:30 am <b>AEROBICS</b> 9:30 am <b>TOTAL BODY COND.</b> 2:30 pm <b>HATHA YOGA</b> <b>SLP DN-</b> 10:00 am <b>PAINTERS</b> 6:00 pm <b>MEN'S CARDS</b> <b>POOL-</b> 8:30 am <b>WATER AEROBICS</b>	<b>HOURS FOR SPRING LAKE POOL:</b> Wednesday – Monday 8:00 am – 8:00 pm Tuesday 10:00 am – 8:00 pm Lap Swim 7:30 am – 8:15 am 7:15 pm – 8:00 pm <b>No lap swim on Tuesday mornings!</b> No lifeguard on duty		<div style="text-align: center;"><b>Facility Key</b></div> <b>PH-</b> Plantation House <b>PH UP-</b> Plantation House Upstairs <b>SLP DN-</b> Spring Lake Pavilion Downstairs <b>SLP UP-</b> Spring Lake Pavilion Upstairs

**The dates & times of POA activities & Club events are subject to change. Changes to this calendar for next month are due by the 3<sup>rd</sup> Tuesday of the month. Call (843) 681-8090 or email: [scheduling@hhppoa.org](mailto:scheduling@hhppoa.org)**