




July 2010 Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	HOURS FOR SPRING LAKE POOL: Wednesday – Monday 8am – 8pm Tuesday 10am – 8pm Lap Swim 7:30am – 8:00am 7:30pm – 8:00pm No AM lap swim on Tuesdays! No lifeguard on duty		The dates and times of POA activities and Club events are subject to change. Changes to this calendar for next month are due by the 3rd Tuesday of the month. Call 681-8090.	-1- PH- 8:30 am PILATES 9:40 am ZUMBA 5:30 pm ZUMBA 9:00 am KIDS KAMP 6:30 pm MEN'S CARDS 11:30 am BIG WHEELS 4:00 pm DH GOLF POOL- 7:30 am LAP SWIM 5:30 pm DEEP-END WATER 7:30 pm LAP SWIM	-2- PH- 8:00 am AEROBICS 12:00 pm MEN'S BRIDGE 9:00 am KIDS KAMP SLP- 7:30 am LAP SWIM 8:30 am WATER 7:30 pm AEROBICS LAP SWIM	-3- PH- 12 noon HHP DAY 4 th OF JULY CELEBRATION
-4-	THE POA AND SCHEDULING OFFICES WILL BE CLOSED TO CELEBRATE THE 4TH OF JULY. PH- 8:00 am AEROBICS 5:30 pm YOGA SLP- 5:30 pm TOTAL FITNESS 7:00 pm MUSIC CLUB DH- 12:00 pm WOODCARVERS POOL- 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:30 pm LAP SWIM	-6- PH- 8:30 am PILATES 9:40 am BEG. PILATES 11:00 am SL LADIES BRIDGE 1:00 pm MAH JONG 7:00 pm TEAM BRIDGE SLP- 9:00 am KIDS KAMP POOL- 5:30 pm DEEP-END WATER 7:30 pm LAP SWIM	-7- PH- 8:00 am AEROBICS 9:00 am KIDS KAMP SLP- 5:30 pm TOTAL FITNESS 7:00 pm NEWCOMERS BD. POOL- 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:30 pm LAP SWIM	-8- PH- 8:30 am PILATES 9:40 am ZUMBA 4:00 pm FISHING CLUB BD. SLP- 9:00 am KIDS KAMP 6:30 pm MEN'S CARDS DH- 2:00 pm DOG CLUB 4:00 pm DH GOLF POOL- 7:30 am LAP SWIM 5:30 pm DEEP-END WATER 7:30 pm LAP SWIM	-9- PH- 8:00 am AEROBICS 10:30 am LADIES BRIDGE 12:00 pm MEN'S BRIDGE SLP- 9:00 am KIDS KAMP POOL- 7:30 am LAP SWIM 8:30 am WATER 7:30 pm AEROBICS LAP SWIM	-10-
-11-	-12- PH- 8:00 am AEROBICS 5:30 pm YOGA SLP- 9:00 am KIDS KAMP 5:30 pm TOTAL FITNESS 7:00 pm MUSIC CLUB DH- 12:00 pm WOODCARVERS 5:00 pm CHEERS BY THE SOUND POOL- 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:30 pm LAP SWIM	-13- PH- 8:30 am PILATES 9:40 am BEG. PILATES 1:00 pm MAH JONG 7:00 pm HEADLINERS CONCERT SLP- 9:00 am KIDS KAMP 6:30 pm MEN'S CARDS POOL- 5:30 pm DEEP-END WATER 7:30 pm LAP SWIM	-14- PH- 8:00 am AEROBICS 7:00 pm SLAMMERS SLP- 9:00 am KIDS KAMP 5:30 pm TOTAL FITNESS POOL- 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:30 pm LAP SWIM	-15- PH- 8:30 am PILATES 9:40 am ZUMBA 7:00 pm HEADLINERS SLP- 9:00 am KIDS KAMP 5:30 pm ZUMBA 6:30 pm MEN'S CARDS DH- 4:00 pm DH GOLF LUNCH-11:00 am BIG WHEELS POOL- 7:30 am LAP SWIM 5:30 pm DEEP-END WATER 7:30 pm LAP SWIM	-16- PH- 8:00 am AEROBICS 12:00 pm MEN'S BRIDGE SLP- 9:00 am KIDS KAMP POOL- 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:30 pm LAP SWIM	-17- SLP- 8:30 am SPRING LAKE TENNIS SOCIAL
-18-	-19- PH- 8:00 am AEROBICS 5:30 pm YOGA SLP- 9:00 am KIDS KAMP 5:30 pm TOTAL FITNESS 7:00 pm MUSIC CLUB DH- 12:00 pm WOODCARVERS POOL- 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:30 pm LAP SWIM	-20- PH- 8:30 am PILATES 9:40 am BEG. PILATES 11:00 am SL LADIES BRIDGE 1:00 pm MAH JONG SLP- 9:00 am KIDS KAMP POOL- 5:30 pm DEEP-END WATER 7:30 pm LAP SWIM	-21- PH- 8:00 am AEROBICS SLP- 9:00 am KIDS KAMP 5:30 pm TOTAL FITNESS POOL- 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:30 pm LAP SWIM	-22- PH- 8:30 am PILATES 9:40 am ZUMBA 5:30 pm ZUMBA SLP- 9:00 am KIDS KAMP 6:30 pm MEN'S CARDS DH- 4:00 pm DH GOLF POOL- 7:30 am LAP SWIM 5:30 pm DEEP-END WATER 7:30 pm LAP SWIM	-23- PH- 8:00 am AEROBICS 10:30 am LADIES BRIDGE 12:00 pm MEN'S BRIDGE SLP- 9:00 am KIDS KAMP POOL- 7:30 am LAP SWIM 8:30 am WATER 7:30 pm AEROBICS 8:30 pm LAP SWIM TEEN/TWEEN DIVE-IN MOVIE NIGHT	-24- POOL- 8:30 pm TEEN/TWEEN DIVE-IN MOVIE NIGHT RAINDATE
-25- DH- 5:00 pm HAPPY TIMES SOCIETY	-26- PH- 8:00 am AEROBICS 9:45 am SL DUP. BRIDGE 5:30 pm YOGA SLP- 9:00 am KIDS KAMP 5:30 pm TOTAL FITNESS 7:00 pm MUSIC CLUB DH- 12:00 pm WOODCARVERS POOL- 7:30 am LAP SWIM 8:30 am WATER AEROBICS 7:30 pm LAP SWIM	-27- PH- 8:30 am PILATES 9:40 am BEG. PILATES 1:00 pm MAH JONG 6:30 pm INFORMAL BRIDGE SLP- 9:00 am KIDS KAMP 6:30 pm MEN'S CARDS 7:00 pm MEN'S POKER POOL- 5:30 pm DEEP-END WATER 7:30 pm LAP SWIM	-28- PH- 8:00 am AEROBICS SLP- 9:00 am KIDS KAMP 5:30 pm TOTAL FITNESS POOL- 5:30 pm DEEP-END WATER 7:30 pm LAP SWIM	-29- PH- 8:30 am PILATES 9:40 am ZUMBA 5:30 pm ZUMBA SLP- 9:00 am KIDS KAMP 6:30 pm MEN'S CARDS DH- 4:00 pm DH GOLF POOL- 5:30 pm DEEP-END WATER 7:30 pm LAP SWIM	-30- PH- 8:00 am AEROBICS 12:00 pm MEN'S BRIDGE SLP- 9:00 am KIDS KAMP POOL- 7:30 am LAP SWIM 8:30 am WATER 7:30 pm AEROBICS LAP SWIM	-31- PH- 10:00 am COFFEE WITH PETER